Personal counseling means crisis intervention and assistance with personal problems and decisions. Personal counseling sessions are documented as contacts in the Student Access database. OSP staff will refer students to professional counseling when the circumstances appear to deem such a referral.

Academic advising is assisting students in making educational plans, selecting appropriate courses, meeting academic requirements, and planning for graduation and further education. Academic advising meetings are documented as contacts in the Student Access database.

Financial aid counseling is assisting students individually or in small groups in completing financial aid applications or in working with the institution’s financial aid office to develop aid packages that will meet the students' financial needs for attendance at the institution. Other possible topics include scholarships, satisfactory academic progress, and aid repayment. Financial aid counseling sessions are documented as contacts in the Student Access database.

Career counseling is helping students learn about career opportunities through written and computerized information, assessing their career interests and capabilities, and making occupational plans. Career counseling sessions are documented as contacts in the Student Access database.

Transfer counseling is assisting students interested in four-year programs in meeting the academic requirements of those programs, choosing four-year institutions, and applying for admission and financial aid at those institutions. Transfer counseling sessions are documented as contacts in the Student Access database.

Graduate school counseling is assisting students in choosing graduate or professional programs and applying for admission and financial aid for those programs. Graduate school counseling sessions are documented as contacts in the Student Access database.