

Mission

The Osher Lifelong Learning Institute (OLLI) at the University of South Carolina Beaufort (USCB) is devoted to creating and sustaining a robust and thriving lifelong learning community specifically developed for adults 50 and older through intellectual and social programs.

Contact Information

Website - www.uscb.edu/olli

Phone - (843) 208-8247

Email - olli@uscb.edu

Mailing address - 1 University Blvd., Bluffton, SC 29909 **Follow us on Facebook** - www.facebook.com/olliatuscb

Offices on all three campuses

Membership

Annual Membership - \$40

- Membership into 1 of 125 OLLI communities nationwide
- Ability to participate in OLLI courses during the Fall, Winter/Spring and Summer term.
- Free "pop-up" OLLI lectures and Summer programs
- USCB campus library membership and access to research
- Discounted meals at USCB dining facilities
- Discounted ticket to USCB Chamber Music concerts
- Discounted fees to USCB Continuing Education classes
- Participation in the OLLI Lowcountry Community Concert Band
- Free USCB campus student parking permit (\$25 value)

Term Fees

PAYGO (\$15 per course) Pay for each class separately upon registration through the term. OLLI courses, regardless of the number of sessions, are \$15 for the entire course whether it is taken live in-person, or live on Zoom.

UNLIMITED (\$125) allows you to take as many live in-person and/or live on Zoom courses as you wish through the term, and have complete access to the OLLI Digital Library throughout the current term.

2023 NEW CANCELLATION FEE

A \$10.00 cancellation fee applies to OLLI courses that have additional fees (supply, trip, tour fee).

See page 37 for details.

OLLI Locations



805 Carteret St., Beaufort, SC 29902

Office - Center For the Arts, Room 114

Classroom - Center For the Arts, Room 102



One University Blvd., Bluffton, SC 29909
Office - Hargray Building, Room 161
Classroom - Hargray Building, Room 156



1 Sand Shark Drive (off Office Park Road) Hilton Head Island, SC 29928 Office — Suite 134 Classroom — Room 103

From the Director



"OLLI is one of the best things about living here!"

Nancy – OLLI member

On behalf of the USCB OLLI staff and curriculum planning volunteers, it is our mission and pleasure to offer members a program that inspires curiosity and the joy of engaging in an active and robust lifelong learning program. Members have access to 100+ classes, tours, and trips, along with participating in a pilot program with the national OLLI office at Northwestern University. Enjoy the term ahead and continue sharing your feedback!

Andréa Sisino

Associate Vice Chancellor of Community Outreach **OLLI Director**

What do you love most about working at OLLI?



Annette Claus, Program Administrator:

OLLI is not only an amazing place for members and instructors to share their interests and knowledge, but it also provides





courses that OLLI provides. I make new friends and learn something new every day!



Frankie Korosi, Program Administrator:

I have enriched my own personal life by surrounding myself with remarkable people-our OLLI Team, our members, and our OLLI instructors that show selflessness as lifelong teachers.



CJ Oremus, Registrar:

When I see 'FUN-fantastic. Best class ever!' written on a course evaluation - our mission to our membership has been fulfilled.



Terry Reed, Member Services:

It's the people and the connections I have made with them, the passion that our instructors have for sharing their knowledge and getting to work with such incredible people that I now call friends.



MJ Simmons, Program Administrator:

It never ceases to amaze me the wealth of knowledge and passion our instructors and members bring to our OLLI classes!



Andréa Sisino, *Director*:

I cherish our OLLI community! The interactions and friendships created between members, instructors, and staff, wrapped around a vibrant lifelong learning environment, is a life-changing gift.



Marcia Wilson, Admin. Assistant:

Working with the OLLI staff brings me tremendous satisfaction to experience first-hand our OLLI members benefiting from a diverse selection of courses for their personal knowledge, achievement, enjoyment, and well-being.

Road Map to Enjoying Your OLLI Program

This map is meant to provide quick tips and guidance so you get the most out of your USCB OLLI membership

WAYS TO ENGAGE

IN-PERSON - OLLI has designated classrooms on all USCB campuses. Most courses are held in person. Look for the In-Person designation listed next to each course on the course pages.

LIVE ON ZOOM - Many courses that are in person on campus are also offered simultaneously on Zoom. OLLI offers tech support for members who want to get the most out of their Zoom experience.

OLLI DIGITAL LIBRARY - A large selection of courses are recorded and added to the OLLI Digital Library. Unlimited Term members have the option to view classes on their own time, as many times as they choose, through May 2023 and do not have to register to watch a class via the OLLI Digital Library. PAYGO members now have the option to view classes on a Pay-Per-View registration.

FLEXIBLE TERM FEES

A ~ PAYGO (Pay As You Go) - \$15 per course

Pay for each class separately upon registration through the term.

- \$15 per course whether it is In-person, live on Zoom or Pay-Per-View
- Includes access to the OLLI Digital Library on a Pay-Per-View basis
- One-on-one technical support from OLLI
- Upgrade to Unlimited at any time (course fees paid will be applied to the Unlimited term fee)

B~UNLIMITED-\$125

Take as many courses as you wish through the term. Pre-paying the Unlimited term fee is required before registering for OLLI courses.

- Take as many courses In-Person and/or live on Zoom
- INCLUDES access to the OLLI Digital Library through May 31, 2023
- One-on-one technical support for OLLI

WAYS TO REGISTER FOR COURSES

Online: www.olli.uscb.edu Phone: (843) 208-8247

In-Person: Beaufort, Bluffton, Hilton Head campuses

Mail: USCB OLLI, 1 University Blvd.

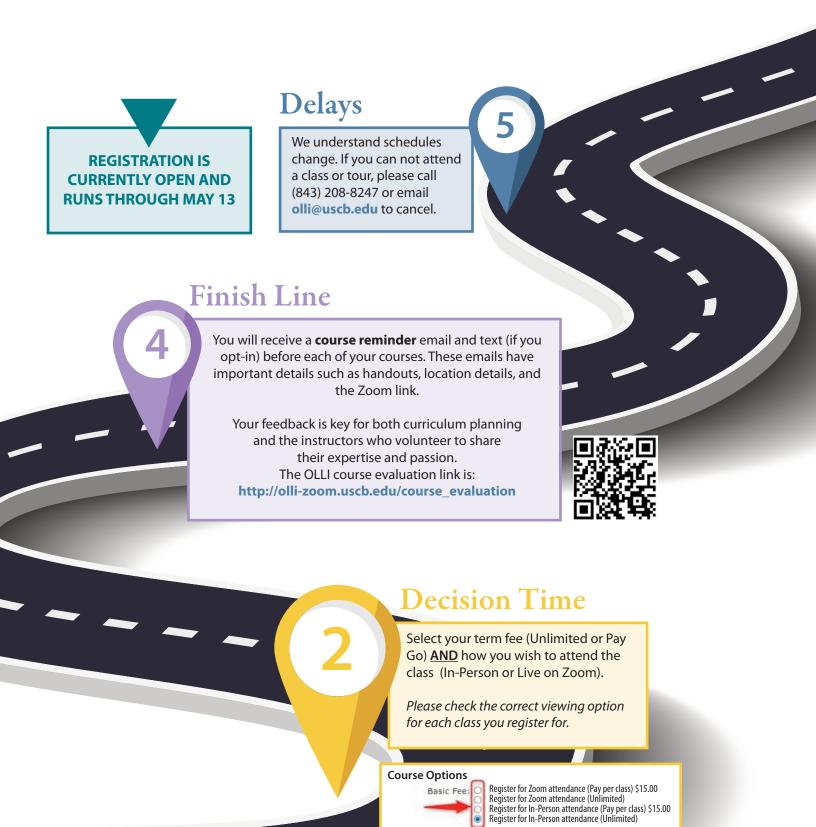
Hargray 161, Bluffton, SC 29909

Random Draw

Some classes/tours have limited enrollment due to the nature of the course and the random draw process allows all OLLI members equal access to register. When registering, members signing up for limited enrollment courses are placed in a queue and randomly selected on February 8, 2023 and contacted via email and phone to pay any PAYGO, supply, trip or tour fees. Those not selected initially will be placed on the waitlist in case of cancellations, which are very common.

Membership

Make sure your membership is current through the term; otherwise, you will not be able to register for classes beyond your membership expiration date.



ART & CULTURE

ART200: CRUISING THROUGH ARCHITECTURAL HISTORY



3 Sessions | Monday, Wednesday | Jan 23, Jan 25, Jan 30 1-2:30PM | In-Person, OLLI Digital Library | Bluffton campus

Join OLLI for a cruise around the Mediterranean, stopping to look at some ancient work (the Minoan ruins of Akrotiri on Santorini) and some recent work (the new museum of the Parthenon in Athens). Stops will include the new museum for Augustus' Ara Pacis, Nero's Golden House, the Hagia Sophia, Filippo Brunelleschi's Basilicas of San Lorenzo and Santo Spirito in Florence, Andrea Palladio's Venetian churches of San Giorgio Maggiore and I Redentore, and a couple of works by Bernini.



GERALD LARSON (Master of Architecture at University of Michigan) is a Professor Emeritus of architecture at the University of Cincinnati, where he taught architecture and architectural history for over 40 years. He is currently completing a

book written as a prequel to Erik Larson's (no relation) bestseller "The Devil in the White City."

ART201: STAINED GLASS STUDIO TOUR

1 Session | Tuesday | Mar 07 | 10AM-12N In-Person only | Offsite (Beaufort) **Limited Enrollment - 20**



Join OLLI for an exclusive tour of a stained-glass studio with Cynthia Buckley, stained-glass artist and owner of Southern Sky Glass Studio. Cynthia has extensive training in all types of glasswork and over a decade of experience in stained glass. Her working studio is located in downtown Beaufort where she designs and handcrafts stained glass in the traditional Tiffany copper foil method. She will provide students with a glass demonstration at the end of the tour.



CYNTHIA BUCKLEY, stained glass artist & owner of Southern Sky Glass Studio, lives on the Sea Islands of South Carolina and her works are inspired by the light and colors of this magical place. She is a stained-glass artist with over a

decade of training and experience in all types of glasswork with a special love for creating beautiful art in the traditional Tiffany copper foil method. Cynthia's art is throughout the area. She does commission work and teaches private classes in her studio along with classes at the Art League Academy on Hilton Head.

ART & DRAWING

ART202: DRAWING BEAUFORT'S

STATELY OAKS #1 1 Session | Friday | Mar 24 | 10AM-3PM

In-Person only | Beaufort campus

Supply Fee \$10



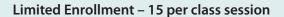
1 Session | Monday | Apr 03 | 10AM-3PM In-Person only | Beaufort campus

Supply Fee \$10

ART205: DRAWING BEAUFORT'S STATELY OAKS #3

1 Session | Thursday | Apr 13 | 10AM-3PM In-Person only | Beaufort campus

Supply Fee \$10



Participants will learn a special technique to successfully draw old oak trees using charcoal pencil, black color pencil, graphite, or pen and ink. Class begins with a 60-minute demonstration and practice classroom session on the USCB Beaufort campus, followed by a lunch break (bring your own or grab some food at the USCB cafeteria). The afternoon session will include a 2-hour outdoor Plein air drawing session on the Beaufort campus. Starting with a guick organizational line base, students will create a convincing tree shape and volume using cylinders and cross contours. All skill levels are welcome. Students must provide their own favored media (see above) and choice of a sketchbook, larger drawing paper, camp seat or folding chair.

RAIN DATE: April 24



DICK BJORNSETH is an award-winning artist/photographer featured in 14 solo shows and 45 other exhibitions around the country. He served 18 years as a Foundations professor at the Savannah

College of Art and Design (SCAD). He earned a Master of Fine Arts in studio art from Florida State University.

ART203: SALVADOR DALÍ

1 Session | Wednesday | Mar 29 | 2-3:30PM In-Person, OLLI Digital Library | Bluffton campus

Known throughout the world as a great artist, selfpublicist, and showman, this combination was an irresistible formula of success for this most intriguing Spanish-born character, whose long-span career as a leading artist took on numerous different forms. Delving deep into what made Dalí click and the contributions he made to the art world will leave you to conclude your own interpretation. Did he have the makings of being a total madman or was he just pure genius?



JUAN CARLOS JIMENEZ, Ph.D., retired mathematics professor at Arizona State University and graduate of the University of Massachusetts, Amherst, was a marine biologist conducting research/rescue of whales/manatees worldwide.

He owns Ta-ca-rón, a boutique wine/cigar/gourmet tapas establishment in Okatie, SC.

BUSINESS & FINANCE

BUS200: UNDERSTANDING THE BASICS OF BITCOIN AND BLOCKCHAIN 101 AND WEB 3.0

2 Sessions | Friday | Feb 03, Feb 10 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Class #1 - Join local author Henrik De Gyor to learn about cryptocurrencies like Bitcoin and blockchain technologies. You will learn what they are and how they work together, how they affect us in the near term, and which industries use them. This is the basics.

Class #2 - Learn about the next version on the Web. Get the latest news, updates, and values in greater detail.



HENRIK DE GYOR is a consultant, podcaster, speaker, and writer. Henrik has written nine books and created nine podcast series. Henrik enjoys connecting the dots to bring awareness and clarity to niche technical topics. Henrik works remotely and lives with his wife in Bluffton, SC.

COMMUNITY INTERESTS

COI200: CROSS CURRENTS: CONSTRUCTIVE POLICY DISCUSSIONS AT THE GRASSROOTS **BETWEEN LIBERALS AND CONSERVATIVES**

13 Sessions | Wednesday | In-Person only Feb 01, 10AM-12N and 3PM-5:30PM, Bluffton campus | Zoom only Feb 08, Feb 15, Feb 22, Mar 01, Mar 08, Mar 15, Mar 22, Mar 29, Apr 05, Apr 12, Apr 19, Apr 26, 3PM-4:30PM

Cross Currents is a local discussion group that has operated for 3+ years to foster dialogue, understanding, and some problem-solving for politically difficult policy issues for America. Moderator Roger Bernier and two associates will describe and bring the Cross Currents experience to OLLI in a course with two phases.

PHASE ONE: First 2 sessions on February 1st will be inperson only. Speakers will explain the process and benefits of the Cross Currents method and illustrate it with case experiences. Also, speakers will organize and orient OLLI members who wish to participate in an actual Cross Currents dialogue on a specific public policy topic. Those members not wanting to participate in the discussion may choose to follow the discussions without participating directly.

PHASE TWO: Sessions 3-10 will be used to conduct Cross Currents dialogues. These sessions will be conducted via ZOOM only.

In addition, OLLI members who choose to follow rather than participate directly will be surveyed to track their reactions and opinions concerning Cross Currents progress and direction. The use of the Cross Currents method builds trust in the process and in each other, trusted information may be shared, and perspectives expanded. The participants may then find room for compromise in shaping more responsive and broadly supported policy solutions for the topic under discussion. Cross Currents, at its best, is a grassroots example for our political parties of how to cooperate and do better in serving the national interest and "We the People."



ROGER BERNIER obtained a Master of Public Health from Yale and a Ph.D. in Epidemiology from Johns Hopkins University. He served as a public health advisor and as a senior epidemiologist in a 40-year career with the

Centers for Disease Control and Prevention. He trained to become a public engagement specialist, organizing dialogues at the CDC with members of the public concerning

controversial vaccine related policy. He co-led the creation of Cross Currents, a group of Lowcountry liberals and conservatives to demonstrate that dialogue between people with very different views is possible and can be productive.



RAYMOND DOMINICK, Ph.D., taught western civilization for 30 years at The Ohio State University. He authored two books: one, a biography of the founder of Germany's Social Democratic party, and the other, surveying the

history of the environmental movement in Germany.



GREG BLACKBURN, CAPT USN (Ret) has degrees in physics, control theory, and computer systems. He served 30 years in Naval cryptology and intelligence, and 20+ years in the US defense industry. He brings perspectives

from operations analysis, technology, economics, history, and geostrategy to this presentation.

COI201: TRASH LESS, RECYCLE MORE: REDUCE, REUSE, RECYCLE!

1 Session | Wednesday | Feb 08 | 10-11:30AM In-Person, OLLI Digital Library | Beaufort campus

Are you interested in recycling, but the process feels overwhelming? Are you a current recycler, but not sure if you're recycling correctly? Whether you currently recycle or you're new to recycling, this presentation includes information about how to recycle in Beaufort County, what can be recycled, and why recycling and waste reduction is important. Additionally, the presentation indicates different methods to reduce, reuse, and recycle. The overall goal is to educate, encourage, and promote proper disposal of waste, ways to divert waste from the landfill, how to improve waterways, and how to keep Beaufort County beautiful.



CHLOEE MCGUIGAN is the Recycling Coordinator for Beaufort County Solid Waste and Recycling with a degree in environmental economics, development, and sustainability along with a Master of Business

Administration. Chloee has an extensive background in 4-H, sustainability, and agriculture.

COI202: THE ACTIVE SHOOTER CRISIS IN AMERICA

1 Session | Friday | Feb 24 | 10-11:30AM In-Person only | Hilton Head campus



Sergeant Bruce Oliver will discuss the history of school shooting events and how it has changed the way we protect our schools and teach our students. This presentation will discuss the complicated and multifaceted risk factors and methods used to secure our schools and protect our students.

*Warning of graphic content.



SERGEANT BRUCE OLIVER has over 40 years of law enforcement experience and has worked for the University of South Carolina Beaufort, Department of Public Safety for the past 12 years. *Sqt. Oliver is a retired police detective from the*

Bethlehem Police department in New York state. He also worked for several years as a police officer in Brattleboro, Vermont. He worked directly in elementary schools, middle schools, high schools, and college settings for much of his career. Sqt. Oliver is a former FBI-certified sniper, former FBIcertified firearms instructor, former undercover FBI task force officer, and former Deputy U.S. Marshal.

COI203: WHY COWS NEED NAMES (AND MORE SECRETS OF AMISH FARMS)

1 Session | Wednesday | Mar 01 | 10-11:30AM In-Person, Zoom | Beaufort campus

Learn how, in our factory farm world, Amish families flourish and grow by focusing on diversity, flexibility, and efficiency only small farms can capture. These successful small family farms also display a level of farm animal care and dignity so very often absent on the huge farms of their neighbors. Bigger is certainly not always better!



RANDY JAMES, Ph.D., is the author of two books on Amish families and communities. He was the county agricultural agent for almost 30 years in the 4th largest Amish settlement in the world and is a Professor Emeritus at The Ohio State University.

COI204: WHAT IS THE SENIOR LEADERSHIP PROGRAM IN BEAUFORT COUNTY?

1 Session | Wednesday | Apr 26 | 10-11:30AM In-Person, OLLI Digital Library | Beaufort campus

Are you new to Beaufort County or have you lived here for some time and want to learn more about Beaufort County's inner workings and how YOU can contribute to Beaufort County's success with your skills and interests? Clemson University's Cooperative Extension Service (CES) will give a preview of its widely acclaimed Beaufort County Senior Leadership Program scheduled to begin in January 2024. Get previews of their program topics on history/heritage/culture, economic development, education, the arts, local/county government, human services, health, public safety/law enforcement, military ties, and the environment.



BOB GUINN, retired senior Clemson Extension Service (CES) agent for Beaufort County, originated this program 30 years ago and has successfully managed over 50 leadership programs.

ED PAPPAS has served as a CES state advisory board member and has facilitated senior leadership programs in Beaufort County for 19 years.



COMPUTERS

COM200: YOU CAN RUN, BUT YOU CAN'T HIDE: WHAT BIG TECH KNOWS ABOUT YOU

1 Session | Monday | Mar 20 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Bluffton campus

"You Can Run, But You Can't Hide: What Big Tech Knows About You, Why They Want to Know It, How They Get It, and What They Do With It" is the chilling title. Facebook, Google, Amazon, and all the others - we know they collect data about us. But what exactly do they collect? Why do they collect it? How can we control it? In the 21st century, we have lost much of our privacy - and we have lost it voluntarily. We don't HAVE to give these companies information, but we do so voluntarily to use their products. What is the cost to us? Should we be afraid? We will investigate what's behind the scenes using clips from the excellent Netflix film, "The Social Dilemma," and try to answer some of these questions.



JEFF GLAZER *loves to teach. He was an adjunct* professor of graphic design in New Jersey, and he has taught classes locally at the Sun City Computer Club and OLLI. While his primary area of expertise is in computers, he has taught OLLI

classes in many other areas such as introversion, ADD, the music of Tom Lehrer, and Nikola Tesla.

COM201: ONLINE PRO "TECH" TION -**STOP THE SCAMS**

1 Session | Monday | Mar 20 | 1-3PM In-Person only | Hilton Head campus



Stop the Scams! Online scams are at an all-time high and more sophisticated than ever. In this course, you will learn how to identify scams on the internet, in your email, and on your smartphone. Learn how to protect your personal information and browse, shop, and bank securely online. This course is intended to empower you to use your technology safely and with confidence.



TONYA MURPHY *is the owner of The Gadget* Tutor, a technology firm based on Hilton Head Island. Before starting her own technology company, she worked at Best Buy and AT&T where she won multiple awards for outstanding service.

She has helped thousands of people with their technology needs over the past decade and prides herself on educating her customers on how to stay safe online.

CULINARY ARTS

CUL201: SHARE THE LOVE WITH CUPCAKES

1 Session | Friday | Feb 10 | 11AM-1:30PM In-Person only | Hilton Head campus Supply Fee \$18



Limited Enrollment - 28

In celebration of Valentine's Day, let us bake some lemon mist and red velvet cupcakes for you to share with family and friends. Well - that's the intention anyway! While the origins of the cupcake remain unclear, the dessert was first documented in 1796 in "American Cookery" by Amelia Simmons. The cupcake resurfaced in the 19th century, this time holding two meanings. Before the invention of the muffin tin, small cakes were baked in individual ramekins, hence the name cupcake. All ingredients are provided, except for the decorations you may want to top your baked creation to make it unique. This is a hands-on baking class, and you will take home your cupcakes. We hope you'll share them with those you love!?



DONNA SPROUT spent her career in technology, first with IBM, then at USCB, where she retired in 2020. She also has a background in food service management. Her passion is baking decadent treats for family and friends. She and her husband have lived in Bluffton, SC since 2005.

CUL202: THE ULTIMATE SOUTHERN CHICKEN SANDWICHES

1 Session | Friday | Feb 17 | 10AM-12N In-Person only | Hilton Head campus



Supply Fee \$18

Limited Enrollment - 30

The most American dish, ever, is fried chicken. Welcome to the South! Learn in person how to season, bread, and fry to perfection. In this course, the chef will create three dishes: a buffalo chicken sandwich loaded with flavor, a blue cheese slaw salad, and the classic tender but crunchy chicken salad. You will have the opportunity to see it made and then taste. Everyone goes home with the recipes and tips!



CHEF DENNIS BUTLER has been on a lifelong journey to combine his love for food and for family. Blessed to have been taught by multiple generations within his family and then professionally, he is now the catering chef at

USCB. He has a unique take on fusing classic tastes with modern techniques.

CUL203: AN ITALIAN FAVORITE -CHICKEN MARSALA

1 Session | Friday | Mar 03 | 1-3PM In-Person only | Hilton Head campus



Supply Fee \$18

Limited Enrollment - 24

The various scallopine dishes, Marsala, Piccata, Francese, etc., have long been staples in Italian households as well as on neighborhood Italian restaurant menus. These dishes are usually offered with chicken or veal and sometimes pork as an option. In this class, we're going with a Sicilian selection. Rich Buffa will demonstrate how relatively simple it is to prepare and serve one of the favorites - Chicken Marsala. This will be another dish that will be a welcome addition to your cooking recipe arsenal. There will be a tasting.



RICH BUFFA has a life-long love for good food and enjoys cooking. His mother was a very talented Italian cook whose cooking skills rubbed off on him. Rich has also attended cooking classes, including several multi-session courses.

CUL204: THE WAY OF TEA

1 Session | Tuesday | Mar 07 | 1-3PM In-Person only | Beaufort campus



"The Way of Tea" is a saying coined during the Tang Dynasty 1,500 years ago. The meaning stands at the heart of the Chinese tea culture, which refers to how tea is prepared and its influence on the social fabric. Fast forward to the late 1700s when the first tea plants were brought to South Carolina. Come join us for this 2½ hour journey and taste the world's most prized tea! Enjoy three distinct teas and explore their history, growing, and crafting. Learn about the proper methods of brewing tea, including the use of traditional Chinese teaware.



RICHARD KLIGLER *lived in Hong Kong for 12* years. Fascinated by fine teas, he researched the various teas produced in China, including its history. Richard has visited tea farms throughout the historic tea regions and worked at a tea farm

in Hangzhou, China where the famous Longjin tea is produced.

CUL205: BEYOND THE ESSENTIALS: SMALL BITES - BIG FLAVOR

1 Session | Friday | Mar 10 | 12N-2PM In-Person only | Hilton Head campus



Supply Fee \$18

Limited Enrollment - 30

When Tom Condame visits his mom in an assisted living facility in New York, he finds the food unacceptable. He's pretty sure it came from a can! Here at The Seabrook of Hilton Head, we hold ourselves to a very high standard of food served to our residents. Watch and learn food preparations starting with Oriental tempura chicken salad with mixed greens served with creamy pickled ginger dressing. Next, we will serve up an ahi tuna encrusted with sesame seeds and topped with a sweet honey ginger sauce. Lastly, Crepe Suzette, a delicate French crepe, topped with a Grand Mariner sauce. You will enjoy the delectable tastings of all three dishes. Bon Appetit!

TOM CONDAME has been a Lowcountry resident since 1989. He opened The Tapas Restaurant, featuring small plates of unique dishes from around the world. After selling in 2005, Tom became the Executive Chef at Pinecrest and Crescent golf clubs. He eventually moved to The Seabrook of Hilton Head, where he is the Assistant Director of Dining Services. Tom also serves the assisted living and skilled nursing residents at the Fraser Health Center on HHI.

CUL206: THE CHOCOLATE EXPERIENCE

2 Sessions | Tuesday, Thursday | Mar 21, Mar 23 10AM-12N | In-Person only | Hilton Head campus



Theobroma cacao, the "food of the gods," has been celebrated and consumed for over 3,000 years. Topics explored in this course include the botany and agriculture of cacao; the post-harvesting processes that transform cacao into chocolate; the history of cacao from ancient Mesoamerican Olmec to 21st-century chocolatiers; the chocolate industry; and the science and art of tasting fine chocolate from around the world. Yes, there will be a tasting of these fine chocolates.



MARY GRACE SELL discovered real chocolate on a visit to a cacao plantation in Costa Rica. She returned from this trip with the mission to learn all she could about chocolate and to become a chocolatier. She has studied chocolate making at

renowned schools in Belgium, France, Italy, Switzerland, and Canada and spent a week working on a cacao plantation in Hawaii.

ECOLOGY

ECO200: HUNTING ISLAND HISTORY AND BEACH DISCOVERY

1 Session | Tuesday | Feb 21 | 9AM-12N In-Person only | Offsite (St. Helena Island)



Tour Fee \$18

Limited Enrollment - 20

Join fellow OLLI members for an opportunity to learn about our unique, local ecosystems. This walking tour explores the beautiful landscape of Hunting Island, South Carolina's most popular state park. While on the tour, Jill Moore, a Master Naturalist, will lead you to various locations to share the historical background as well as explore the incredible natural elements with highlights including the Hunting Island lighthouse, nature center, and the "boneyard beaches."

NOTE: This is a 3-hour (2.5 - 3 miles) walking tour on varied surfaces including grass, dirt, sand, and stairs. Wear comfortable shoes, clothing, and bring water and bug repellent.

Rain date: Tuesday, February 28



JILL MOORE, Master Naturalist, has a background in education and is the owner and creator of Moore to Life. Her love of the outdoors started young while spending the summers of her youth in Montana where her parents are from. In

search of a place full of outdoor adventure to raise her three boys, Jill's family ended up in the Lowcountry of South Carolina. Sharing what she has learned and experienced in this area "like no other place on earth" is what she hopes to share with others through these educational opportunities.

ECO201: GRASSROOTS ENVIRONMENTALISM: COMMUNITY BASED OYSTER SHELL RECYCLING PROJECT

1 Session | Tuesday | Feb 21 | 10:30AM-12:30PM In-Person, OLLI Digital Library | Hilton Head campus **Supply Fee \$18**

Explore the definition of grassroots environmental change and how The Outside Foundation (TOF), which is a small, local, non-profit organization, received funding from the environmental giant, Patagonia, Inc., to establish a community-based oyster shell recycling and bed restoration project. The discussion will focus on the ecological significance of the oyster within our environment, how the shell is recycled, and why this recycled shell is so critical to the sustainability of our seafood industry. Information will be provided on how community members can get involved in the recycling and bagging of shell and reef-building projects.

NOTE: A boxed lunch is included following the class with Jean Fruh.



DR. JEAN FRUH is the Executive Director of The Outside Foundation, a 501c3 organization, with a mission to get kids outside and to protect and preserve our local environment. Jean is a Lowcountry Master Naturalist and serves on the

Keep Beaufort County Beautiful board.

ECO202: ASTRONOMY: HOW WE LEARNED HOW THE COSMOS WORKS

1 Session | Thursday | Feb 23 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Come learn about early astronomers and what they have taught us, including those who built Stonehenge to Aristotle, Ptolemy, Copernicus, Galileo, Kepler, Newton, and more. By learning the history of astronomy, we will learn some of the basics of how the cosmos works. We will also look at some of the astronomers who have been honored to have their names used for NASA missions, including Cassini, James Webb, and Edwin Hubble.



MARIE McCLUNE has worked as a geologist, environmental educator, and high school science teacher where she taught Advanced Placement Environmental Science – APES. She is a Master Naturalist, Master Gardener, and docent at the

Coastal Discovery Museum.

ECO203: WEDNESDAY AT WIDGEON POINT

1 Session | Wednesday | Mar 01 | 10-11:30AM In-Person only | Offsite (Okatie)



Tour Fee \$18

Limited Enrollment - 20

Join fellow OLLI members for an opportunity to learn about our unique, local ecosystems. This walking tour explores the beautiful landscape of Widgeon Point with Master Naturalist Jill Moore. An easy path loops you through maritime forests and hardwoods with views of the salt marsh and waterways along the way for a variety of flora and fauna! Perfect for all levels of nature lovers. This is a 1.5-hour (1 mile) walking tour on varied surfaces including grass, dirt, and sand.

NOTE: Wear comfortable shoes, clothing and bring water and bug repellent.



JILL MOORE, Master Naturalist, has a background in education and is the owner and creator of Moore to Life. For a full biography, see page 9.

ECO204: SHOREBIRDS - OUR CHAPTER IN THEIR STORY

1 Session | Wednesday | Mar 08 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Bluffton campus

Look and learn about the shorebirds that grace our area, their amazing life history, and their requirements for survival and challenges. We will also examine our impact, both positive and negative, on these amazing animals. Learn what we can do on our part to help ensure their survival.



AL SEGARS *is a retired veterinarian whose career* included 18 years with the South Carolina Department of Natural Resources. He is a native of South Carolina with a special interest in the role we play as individuals in protecting these amazing shorebirds.

ECO205: CELEBRATING BEACH LIFE WITH A MASTER NATURALIST



2 Sessions | Thursday | Mar 09, Mar 16 | 10AM-12N In-Person, OLLI Digital Library | Beaufort campus & Offsite (St. Helena Island)

Limited Enrollment - 25

Session 1 - Classroom Lecture: Some 750 different species live on SC beaches. Learn about the invertebrates on the beach: the SC state shell, other mollusks, horseshoe crabs, worms, sand dollars, sea stars, etc. through PowerPoint slides, display specimens, and descriptions of their diet, growth, reproduction, protective instincts, and more.

Session 2 - Guided Beach Walk: Stroll on Hunting Island Beach with Margit Resch to look for treasures, find signs of live animals like ghost shrimp, and learn about the formation of barrier islands.

NOTE: Beach walkers need to be prepared by wearing comfortable shoes suited for sandy terrain and layers of clothing for varied weather conditions. Water, bug repellent, and snacks are encouraged.

MARGIT RESCH taught comparative literature and chaired the Department of Germanic, Slavic, and East Asian languages at USC. After retiring, she earned her Master Naturalist Certification. She has conducted hundreds of guided beach walks on Hunting Island teaching about beach life.

ECO206: MAMMALS - THEIR ADAPTATIONS FOR SURVIVAL IN A MARINE ENVIRONMENT

1 Session | Tuesday | Mar 14 | 1-3PM In-Person only | Hilton Head campus



Anyone who has swum in the ocean, especially north of New York, knows being in the ocean requires some adaptations. Professor Williamson will introduce anatomical, behavioral, physiological, and biological adaptations necessary for mammals and whales to survive in the marine environment. Characteristics of whales in general will also be covered.



MICHAEL WILLIAMSON has been active in education and research for over 40 years. He was an Associate Professor in Marine Sciences at Wheelock College in Boston, Massachusetts from 1988-2008 and is currently a scientist in residence

at St. Mary's Anglican Girls School in Perth, Western Australia, where he teaches and advises on marine science education and research. He is vice-president of the Mingan Island Cetacean Study and was a pioneer in Massachusetts whale research as

the founder and director of the Pelagic Systems Research & Massachusetts Whale Watch, which began studying cetaceans in Massachusetts Bay in 1976.

ECO207: BEACH DISCOVERY AND EXPLORATION: FISH HAUL BEACH, HHI

1 Session | Monday | Mar 20 | 10-11:30AM In-Person only | Offsite (HHI)



Tour Fee \$18

Limited Enrollment - 20

Join fellow OLLI members for an opportunity to learn about our unique, local ecosystems and the critters that call the beachfront home. There's no better beach to explore, especially when you have Naturalist Jill Moore guiding you in your new discoveries! This is a 1.5-hour walking tour (1/2 mile) on varied surfaces including sand.

NOTE: Wear comfortable shoes and clothing and bring water to stay hydrated.



JILL MOORE, Master Naturalist, has a background in education and is the owner and creator of Moore to Life. For a full biography, see page 9.

ECO208: EDISTO ISLAND ECOLOGY DAY TOUR

1 Session | Thursday | Mar 30 | 8AM-5PM In-Person only | Offsite | (Edisto Island)



Tour Fee \$75

Limited Enrollment - 24

Edisto Island is one of South Carolina's Sea Islands, known for its rich history, culture, and delicate ecosystem as part of the ACE Basin. This small group tour will explore Edisto Island which includes a 2-hour boat ride with Botany Bay Ecotours, a visit to the Environmental Learning & Interpretive Center, a side trip to Botany Bay Plantation Heritage Preserve and Wildlife Management area, along with other interesting gems along the way including the Marsh Hill Mill and Edisto Serpentarium.

RAIN DATE: Friday, March 31, 2023

NOTE: \$75.00 tour fee covers transportation, tours, and docents. It does not include lunch, so members should pack their own. Members of this eco tour experience should feel comfortable walking (1 mile), standing, and being on a boat.

ECO209: BEAUFORT RIVER CRUISE #1

1 Session | Tuesday | Apr 18 | 10AM-12N In-Person only | Offsite (Beaufort)

Tour Fee \$48

ECO213: BEAUFORT RIVER CRUISE #2

1 Session | Tuesday | May 02 In-Person only | 10AM-12N | Offsite (Beaufort) Tour Fee \$48

Limited Enrollment - 40 per tour

Join us on a brand-new vessel (with a restroom) as a USCG-certified master captain and a naturalist will show you Beaufort the way it was meant to be seen from the water. You'll gain an explorer's perspective on the incredible ecology of our estuaries and rivers between islands seen by some of the first explorers on the east coast. While looking for historical areas and monuments, keep an eye out for osprey, bottlenose dolphins, and other wildlife that call Beaufort home. Be prepared for climbing steps into and out of the boat as well as unpredictable weather. We recommend light layers, a raincoat, sunscreen, binoculars, bug spray, and a camera.

ECO210: LOWCOUNTRY WATERWAYS: A TWO-HOUR REVELATION #1

1 Session | Tuesday | Apr 25 | 10AM-12N In-Person only | Offsite (Bluffton)

Tour Fee \$35

ECO211: LOWCOUNTRY WATERWAYS: A TWO-HOUR REVELATION #2

1 Session | Tuesday | Apr 25 | 1-3PM In-Person only | Offsite (Bluffton)

Tour Fee \$35

Limited Enrollment - 20 per tour

This two-hour tour aboard "Spartina" will be a classroom on the water. Captain Marine Biologist Amber Kuehn will give a scientific explanation of the web that revolves around marsh grass. This tour will give you an understanding of the process that keeps our coastline pristine. Fiddler crabs, blue crabs, and shrimp may be seen in the viewing tank. Dolphins and wading birds will make an appearance to initiate a conversation about their form and function in the estuary.

ECO212: MYSTERIES OF THE LOWCOUNTRY WATERWAYS

1 Session | Thursday | Apr 27 | 10AM-12N In-Person, OLLI Digital Library | Hilton Head campus

You are guaranteed to learn something new from marine biologist Amber Kuehn as she explains some of the mysteries of the Lowcountry waterways. Having grown up on the May River, she has a story to tell for each revelation she will impart. The lecture will begin with the tide, focus on the marsh grass and mud flat, then conclude with the larger fauna that inhabits our salt marsh estuary. For a decade, this information has been imparted on her boat tour from the Bluffton town dock. If you have not experienced it, this is your opportunity to learn it in the classroom.



AMBER KUEHN is a local marine biologist who grew up in Bluffton. Her master's degree and her captain's license bring this salt marsh ecology tour to life.

ECO214: NEMOURS WILDLIFE FOUNDATION: LOWCOUNTRY CONSERVATION AND ECOLOGY

1 Session | Tuesday | May 09 | 9AM-12N In-Person only | Offsite (Yemassee)

Tour Fee \$18

Limited Enrollment - 20

This tour provides insight into historical and cultural events shaping our Lowcountry wetlands and the conservation movement sustaining them. A 45-minute presentation is followed by a 2-hour field trip on the historic Nemours Wildlife Foundation Plantation. Members will experience wildlife management in practice with an emphasis on ecology and the management of historic rice fields for migratory waterbirds and fire-adapted upland pine-grassland savannas.

NOTE: You will be touring the property via an open vehicle with cushioned bench seats.



HEATHER KRAUS is the Education and Outreach Coordinator for Nemours Wildlife Foundation with a Master of Science in Biology from Emporia State University in Kansas. Before joining Nemours, she worked in various capacities within the wildlife conservation field.

FILM

FILM200: THE HISTORY OF THE BEAUFORT INTERNATIONAL FILM FESTIVAL (BIFF)

1 Session | Thursday | Feb 02 | 10AM-12N In-Person only | Beaufort campus

What began as a local film festival in 2007 has become an international cultural event that thousands of people flock to yearly from all over the world. Voted "Top Best Reviewed Film Festivals" on Film Freeway, co-founders Ron and Rebecca Tucker will discuss BIFF's history. From selecting films to attending the fun-filled red-carpet events, you will be taken behind the scenes and learn everything about this annual BIFF festival.

RON and REBECCA TUCKER are co-founders of the Beaufort Film Society and co-executive directors of the 17th Annual Beaufort International Film Festival.



FILM201: FOREIGN FILM: CAPTAIN ABU RAED (2007)

1 Session | Friday | Feb 10 | 1-3:30PM In-Person only | Bluffton campus

This feature film was the first film produced in Jordan in more than 50 years (2007). In "Captain Abu Raed," an airport janitor finds a captain's hat in the trash, and he changes the lives of children in his impoverished neighborhood.

FILM202: FOREIGN FILM: THE OTHER SON (2021)

1 Session | Friday | Mar 31 | 1-3:30PM In-Person only | Bluffton campus

In "The Other Son" two boys, one Israeli and one Palestinian, discover they were accidentally switched at birth. A moving, intimate family drama of two families divided by fate.

FILM203: FOREIGN FILM: BRIDE AND PREJUDICE (2004)

1 Session | Friday | Apr 21 | 1-4:00PM In-Person only | Bluffton campus

Jane Austen's "Pride and Prejudice" is revisited as a typical Bollywood film from India. If you have never seen a Bollywood musical, you are in for a treat.

JOAN RUFFINO has been an OLLI instructor for 15+ years presenting her interests in history, biography, literature, and film. Joan taught courses for Road Scholar and L.I.F.E. at St. Mary's College.



GARDENING

GAR200: THE 4 LAWS OF ECOLOGY AND HOW THEY RELATE TO OUR LANDSCAPES

1 Session | Friday | Feb 03 | 1-2:30PM In-Person, OLLI Digital Library | Bluffton campus

Have you ever wondered how all life is related or what impact you may have on the environment? From "Right Tree, Right Place" to "Everything is Connected," we will explore during this talk the 4 laws of ecology and how

they relate to caring for your landscape. Come join in as we discuss trees, birds, and the environment. This course is a great primer to the basics of ecology and arboriculture.



BOB ANDREUCCI is a graduate of SUNY College of Environmental Science and Forestry, and Syracuse University with a degree in forest biology. He also earned a master's degree from

Lehigh University and has 30 years of experience as an arborist and science teacher. In 2022, Bob relocated to the Lowcountry and joined Bartlett Tree Experts. Bob is an ISA Certified Arborist.

GAR201: CAMELLIAS, THE LOWCOUNTRY'S WINTER ROSE #1

1 Session | Tuesday | Feb 07 | 10AM-12:30PM In-Person only | Offsite (HHI)



GAR202: CAMELLIAS, THE LOWCOU WINTER ROSE #2

1 Session | Tuesday | Feb 07 | 2-4:30PM In-Person only | Offsite (HHI)



Limited Enrollment – 20 per class

Learn about the history of camellias and how they became an important piece of the Lowcountry history. The class will provide some basic growing facts and include a walk through the Manske Camellia Garden at the Coastal Discovery Museum at Honey Horn, which features 135 different varieties of camellias blooming from October through April.



WENDY DICKES is the Horticulture Manager at the Coastal Discovery Museum. She is also a Master Gardener, Master Naturalist and active with the Audubon Society. She is passionate about preserving the environment of the

Lowcountry and encouraging the growth of native plants while keeping alive the history plants have played in this area.

GAR203: MIGRATING MONARCHS

1 Session | Tuesday | Feb 14 | 10AM-12N In-Person only | Hilton Head campus

The monarch butterfly has recently been placed on the International Union for Conservation of Nature's "red list" of threatened species. This presentation incorporates slides, specimens, and short videos to introduce you to the natural history of this iconic migratory insect and its spectacular flights to roosting sites in California and Mexico. Ways local communities and even individuals who can help scientists in monarch research and conservation will also be discussed.



VICKY McMILLAN is a behavioral ecologist and former faculty member at Colgate University in Hamilton, New York. She lectures widely on dragonflies, butterflies, and plants, and writes the "Natural Lowcountry" column in "The Island Packet."

GAR204: LANDSCAPE DO'S AND DON'TS

1 Session | Friday | Feb 24 | 10-11:30AM In-Person, Zoom | Bluffton campus



A light-hearted look at some of the common landscape mistakes and how we can remedy them easily and with little cost. These include polka dot syndrome, gnome invasions, meteoric massacres, cousin it mailboxes, hedge hack, and more!

VICTORIA BERGESEN belongs to the Beaufort Garden Club, Low Country Master Gardeners, and the South Carolina Native Plant Society. She is a national garden club's master environmental consultant, master flower show judge, master gardening consultant, and master landscape design consultant. Victoria holds a South Carolina Botanical Gardens Native Plant Studies certification and has completed climate reality leadership training.

GAR205: SUSTAINABLE URBAN LANDSCAPES IN A WORLD OF CLIMATE CHANGE AND **INVASIVE SPECIES** (New)

2 Sessions | Friday | Mar 03, Mar 17 | 1-2:30PM In-Person, OLLI Digital Library | Bluffton campus



This two-part lecture class will begin looking at the impact of climate change on our urban and suburban environments. In Part 1 we will explore how invasive species have changed the urban environment and how we can select plants that will thrive in this "new environment." During this talk, we will "Zoom" with scientists to discuss invasive threats to the landscape and hear about cutting-edge research in this area. Part 2 will include a hands-on segment where we will explore the how and why of proper pruning and plant health management.



BOB ANDREUCCI *is a graduate of SUNY College* of Environmental Science and Forestry, and Syracuse University with a degree in forest biology. He also earned a master's degree from Lehigh University and has 30 years of experience

as an arborist and science teacher. In 2022, Bob relocated to the Lowcountry and joined Bartlett Tree Experts. Bob is an ISA Certified Arborist.

GAR206: ECO PRINTING AND DYING CLASS

1 Session | Tuesday | Mar 21 | 1-2:30PM In-Person, OLLI Digital Library | Beaufort campus



Foraging in our own gardens can produce a rich array of dyes and printing materials for both papers and fabrics.

With a few easily obtainable household items you can create or decorate many items for personal use or for gifting.

NOTE: the content of the program is seasonal as fresh materials are used. This is a presentation class where you will learn how to go from garden to gifting.

VICTORIA BERGESEN belongs to the Beaufort Garden Club, Low Country Master Gardeners, and the South Carolina Native Plant Society. She is a national garden club's master environmental consultant, master flower show judge, master gardening consultant, and master landscape design consultant. Victoria holds a South Carolina Botanical Gardens Native Plant Studies certification and has completed climate reality leadership training.

GAR207: THE TRANSPLANTED GARDENER

1 Session | Monday | Mar 27 | 10AM-12N In-Person only | Hilton Head campus

Join Lyn Taylor for a lively and information-filled presentation on how to succeed with your Lowcountry garden. For the novice or advanced gardener, Lyn will help you overcome the challenges presented by our unique climate, soils, and location on the map. Your questions are welcomed, and an informative handout will be available.

LYN TAYLOR discovered her love of nature while growing up on Honey Horn Plantation. A horticulture degree from TCL led to a successful 35+ year landscaping career. Lyn now owns Reflections Design, Inc., providing a full range of sustainable landscaping services from design to installation and maintenance. She also provides floral designs for weddings, dinner parties, and charitable benefits. Also, she installs seasonal décor for many of her clients.

GAR208: PERENNIAL PLANTS, DREAM PLANTS FOR OUR TIME

1 Session | Wednesday | Mar 29 | 10-11:30AM In-Person, Zoom, OLLI Digital Library | Bluffton campus

From Hokkaido to the Netherlands, from Britain to Chicago - perennials are becoming the dream plants for everyone's garden. Since they come up every year, they are sustainable. Most are pollinator magnets, and many require low maintenance. Learn about the history of perennials, new ideas about perennial planting, and perennials that do well in our local area.



WENDY WILSON HILTY earned a B.A. in history at Wells College and a Master of Letters in history at the University of Aberdeen, UK. She was a Senior lecturer in history at Northeastern University and is the author of 11 history

textbooks for high school and college students.

GAR209: HILTON HEAD HIGH SCHOOL GARDEN TOUR

1 Session | Monday | Apr 10 | 9:30-11:30AM In-Person only | Offsite (HHI) **Limited Enrollment - 20**

OLLI participants will tour the Hilton Head High School campus garden of perennial plants suited to our environment. A demonstration rose garden at the rear of the school still thrives after 20 years. Several areas are planted to serve the needs of pollinators and serve as a buffet table for birds and butterflies. Over 30 fruit trees including fig, pomegranate, loguat, peach, nectarine, satsuma orange, and kumquat surround the school. This tour demonstrates successful garden planning and techniques.



GEORGE WESTERFIELD is a retired high school English teacher, beginning his career in Beaufort County in 1969 and retiring from Hilton Head High School in 2006. He has been active with students and other volunteer gardeners in the

school beautification project.

GOVERNMENT

GOV200: OVERVIEW OF THE SOUTH CAROLINA CONSTITUTION

1 Session | Monday | Feb 06 | 10AM-12N In-Person only | Bluffton campus



The South Carolina Constitution is a unique reflection of America's cultural and political history. Come and explore South Carolina Constitution's evolution from prerevolution America to the present, including a detailed examination of its provisions.



DAVID MANZI, Juris Doctor, University San Diego School of Law, is a trial lawyer with almost 30 years of experience in prosecuting civil litigation cases. Licensed in SC/NC/CA, he handles personal injury, medical malpractice, employment, and

business litigation.

GOV201: THE NATURAL LAW; ANCIENT, MEDIEVAL, AND MODERN



3 Sessions | Monday | Feb 27, Mar 06, Mar 13 | 1-3PM In-Person, OLLI Digital Library | Hilton Head campus

For more than two millennia, natural law theory has been at the heart of western legal, political, and moral philosophy. In this short course, we will examine the evolution of natural law thinking from the ancient Greeks and Romans through the medieval ages down to contemporary thought. Along the way, we will also have a pause to examine natural law's most significant challenger, legal positivism, in modern legal thought. Thinkers such as Aristotle, Cicero, Saint Thomas Aguinas, John Locke, and others will be the source material for our excursion through the history of this important idea.



HARVEY BROWN, Ph.D., ABD is a retired lecturer in politics and economics at the University of Western Ontario with research in ancient and medieval political philosophy. Professor Brown has given several political theory courses for OLLI.

GOV202: THE WIDOW SPY - THE AUTHOR SHARES HER STORY

1 Session | Tuesday | Mar 14 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Marti Peterson worked for the Central Intelligence Agency for 32 years. She began her career on the CIA's frontline in Moscow during the Cold War. She accompanied her husband, John, a CIA paramilitary officer to Pakse, Laos during the Vietnam War. After John was killed in a helicopter crash in 1972, Marti returned to the US and joined the CIA. After receiving extensive training in covert tradecraft and the Russian language, she was assigned to Moscow from 1975-1977. Her assignment abruptly ended with her arrest by the KGB. Her presentation includes riveting stories of her service in the CIA. Stay after class and meet the author to purchase a signed copy of her book. You may also bring your copy of the book to be signed which is available on Amazon as a paperback, eBook, and audio.



MARTI PETERSON grew up in Connecticut and earned degrees from Drew University and the University of North Carolina. She joined the CIA in 1973 and served overseas. She retired after 32 years to Wilmington, NC in 2003. The CIA awarded

her the prestigious Donovan Award and the George H.W. Bush Award for Excellence in Counterterrorism.

GOV203: THE U.S. SECRET SERVICE AND PRESIDENTIAL PROTECTION

1 Session | Monday | Mar 13 | 10-11:30AM In-Person only | Bluffton campus

A round table presentation and Q and A on how the U.S. Secret Service protects the President of the United States, both domestically and during foreign travel. A former Secret Service agent, who was on both the Carter and Reagan presidential details will provide interesting insights into how the Secret Service takes on the daunting task of protecting the President in various types of ever-changing scenarios. Also included will be an overview of how the agency has evolved since it was founded in 1865.



MIKE MADDALONI, a native of Philadelphia, is a Marine Corps veteran and graduate of La Salle University. In addition to his career in the Secret Service, he was also the Vice President of Global Security for a large pharmaceutical firm.



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HISTORY

HIS200: THE INSTITUTION OF SLAVERY

2 Sessions | Monday | Jan 23, Jan 30 | 10:30AM-12N In-Person, OLLI Digital Library | Hilton Head campus



Part I - Beginnings to the Triangular Trade - Explore the evolution of the practice of enslavement in different parts of the world from primitive man through the English shipment of Africans to the New World. The Native American slave trade, as well as the Portuguese exportation of Africans to Brazil, is examined as a precursor to the beginning of the African trade with the West Indies and North America.

Part II - Colonial Demand to Abolition - The development of the English trade in black African slaves as a response to the changing economy in the southeastern American colonies is explored in the context of the conditions of the Triangular Trade and the management and treatment of slaves on southern plantations. The rise of the abolitionist movement and the path to emancipation is also examined in light of the revolutionary developments in the Port Royal Sound area in the early 1860s.



RICH THOMAS, the owner of Legacy Leadership and Legacy History Tours of the Lowcountry, operating as Hilton Head History Tours, is a founding member of the Hilton Head Island Institute, a former board member of the Heritage

Library, the Santa Elena Foundation, and the Lowcountry Civil War Roundtable. Rich is the founder and President of the Board of the Friends of Honey Hill, and a Co-Chair of the South Carolina American Revolution Sestercentennial Commission's Committee of 99 for Beaufort District.

HIS201: ANNE FRANK - VIRTUAL MUSEUM TOUR

1 Session | Tuesday | Jan 24 | 10AM-12N | Zoom only



The University of South Carolina in Columbia has created the Anne Frank Center. The center covers the life and times of Anne Frank. Join us for a virtual tour of the secret annex in Anne Frank's house where Anne and seven other people were hiding. Prior to the virtual tour, you will learn about Anne Frank's life, World War II, and the Holocaust. OLLI members who sign up for the Columbia trip this term will visit this center as part of the day's itinerary and curators will join us to explore and answer questions while at the museum.



DIANA SERHAL is originally from Hungary. She worked at the educational department of the Anne Frank House in Amsterdam, Netherlands between January 2017 and June 2020. In August 2020, she arrived in Columbia, SC, where she

completed a two-year-long graduate program and started to work for the Anne Frank Center at USC. Her job includes conducting virtual and in-person guided tours, trainings, workshops, and managing the logistical work behind them.

HIS202: JAMESTOWN: THEN AND NOW

1 Session | Thursday | Jan 26 | 10AM-12N | Zoom only



In June of 1606, King James I granted a charter to a group of London entrepreneurs, the Virginia Company, to establish an English settlement in the Chesapeake region of North America. Jamestown has a storied history and has active archaeological activity at the settlement. Learn about the history of the English and the Powhatan tribe interactions as well as current activity at the site.

PRESENTED BY: JAMESTOWN REDISCOVERY, PRESERVATION VIRGINIA

HIS203: BRINGING THE GILDED AGE TO LIFE

1 Session | Friday | Jan 27 | 10-11:30AM In-Person, OLLI Digital Library | Bluffton campus



The Gilded Age was a period of extremes and excess. Lasting from roughly 1870 to 1890, the Gilded Age witnessed economic boom and bust, dizzying wealth, simmering social conflict, and sordid corruption. Interest in the period has spiked in recent years, thanks in part to the HBO series "The Gilded Age." Professor James Shinn (USCB) and Brooks Swett, a lecturer at Columbia University and historical consultant for "The Gilded Age," will discuss the history of the period and how it has been brought to life in the new series.



PROFESSOR JAMES SHINN, Ph.D., and master's in history from Yale, is a USCB professor teaching a wide range of courses in U.S. history with a particular focus on the 19th century. He is currently writing a book that explores the

entangled histories of Reconstruction in the United States and the Ten Years' War in Cuba. Before joining the USCB faculty in 2022, he taught at Yale University and Wesleyan University in Connecticut.

HIS204: RED SHIRTS, WHITE HOODS, **AND ELECTION BLUES: 1876**

1 Session | Wednesday | Feb 22 | 10-11:30AM In-Person, Zoom, OLLI Digital Library | Bluffton campus

A little more than a decade after the Civil War ended, South Carolina elected Wade Hampton III as Governor; thereby "redeeming" the state from Reconstructionists who seized control when African American males became eligible to vote. Whites who never became reconciled to losing the war and were determined to regain control of the state carried out a relentless and at times violent campaign that made 1876 such a crucial and fascinating year. This presentation will explain the requirements when one governor and state legislature meet simultaneously with a rival governor and legislature a short distance away.



JOHN WARLEY is a Citadel and University of Virginia Law School graduate, author of six novels and one non-fiction history of The Citadel. His latest novel, "A Jury of One," is scheduled for publication in April 2023.

HIS205: TRIANGLE FACTORY FIRE: KILLED 146 AND SAVED MILLIONS

1 Session | Monday | Feb 13 | 1-3PM In-Person, Zoom, OLLI Digital Library | Bluffton campus

The 1911 Triangle Shirtwaist Factory fire in New York remains one of the deadliest industrial accidents in US history. This class will explore the tragic accident, the work conditions of the era that led to the fire, and its aftermath. The story will be told through the eyes of the victims, spectators, family members, and rescuers. The class also covers the lawsuits that followed, as well as the revolution in industrial safety standards that is the tragedy's legacy.



SANDI VITO, former Secretary of Labor & Industry in Pennsylvania, currently serves as Executive Director of the SEIU Training and Upgrade Fund in New York. She received an economics degree from Stockton University. She is a labor history

graduate from CUNY and has written widely on labor and health policies.

HIS206: "MEET" ELIZA LUCAS PINCKNEY; INDIGO TIE DYE

1 Session | Monday | Feb 13 | 3-4PM | In-Person only | Offsite (HHI)

Supply Fee \$10

Limited Enrollment - 30



Journey to the past and "meet" Eliza Lucas Pinckney. In 1739, when Eliza was just 17 years old, her experiments with indigo resulted in a very profitable industry for the colony of South Carolina. Hear her unique story, learn how indigo dye was made and make your own indigo tiedye t-shirt (or other item) to take home.

NOTE: Bring your own t-shirt or other 100% cotton item to dye.



MARGARET PICKETT is a graduate of the University of Maryland, a living history interpreter, and the author of two non-fiction biographies of 18th-century South Carolina women: Eliza Lucas Pinckney and Rebecca Brewton Motte.



DAWN BRUT *joined the Coastal Discovery* Museum staff in February 2013 and is responsible for coordinating and leading educational experiences focused on the Lowcountry's natural history and cultural heritage. Dawn was a

member of the Hilton Head Island Sea Turtle Patrol for five years. She is a Master Naturalist, a member of the HHI Audubon Society, and a member of the SC Federation of Museums.

HIS207: PENN CENTER WALKING TOUR

1 Session | Thursday | Feb 16 | 1-3PM In-Person only | Offsite (Beaufort)



Tour Fee \$18

Limited Enrollment - 30

Walk the sacred grounds of Penn Center National Historic Landmark District including the Reconstruction Era National Historic Park. This cultural treasure was integral in the Port Royal Experiment as the site of the first school for the enslaved in 1862. Key civil rights gatherings were held onsite in the 1960s including the Southern Christian Leadership Conference that planned the March on Washington and where Martin Luther King Jr. wrote many of his speeches. The 50-acre campus history includes Penn School, Peace Corps Training Center, NAACP, World Peace Foundation, Save The Children Foundation Farm, and the Penn School for Preservation - focused on human rights, harmony in nature, land use, sustainable economy, and preserving the Gullah culture.



JANET MCCAULEY is a licensed history guide with advanced degrees in education, public administration, and labor relations. She is an avid community volunteer and former OLLI Program Administrator.

HIS208: 1927 - THE YEAR THAT SYMBOLIZED THE ROARING 20s

2 Sessions | Friday | Feb 17, Feb 24 | 1-2:30PM In-Person, OLLI Digital Library | Bluffton campus



The 1920s will forever be remembered as a time of change and invention. Our timeline will highlight events and tragedies as well as the arts, sports, and characters that made this time unique. We will focus on aviators, athletes, artists, actors, writers, politicians, world leaders, and American gangsters.

NOTE: Join OLLI after session 2 for a roaring 20s social event on the Bluffton campus (Hargray Bldg, Lobby).



MIKE MACDONALD is a retired businessman from South Dakota now living in Minneapolis, MN and Beaufort. He has presented six different classes for the South Dakota OLLI and is currently an OLLI member in SD, MN and SC.

HIS209: PLANTATION PROFILES - COLLETON AND HAMPTON COUNTIES

2 Sessions | Monday | Feb 20, Feb 27 | 1-2:30PM In-Person, Zoom, OLLI Digital Library | Beaufort campus

Plantations are embedded in the DNA of South Carolina history, especially the heritage of this region, and everyone can benefit from a better understanding of their past. In the first session and in connection with the past exhibit "Beyond the Oaks: Lowcountry Plantations," Director of Exhibitions and Programs Kayleigh Vaughn will give insight on some of the plantations from the Colleton County region, including Bonnie Doone and Ravenwood. In the second session, plantations from the Hampton County region will be reviewed, including Ingleside and Hamilton Ridge.



KAYLEIGH VAUGHN is the Director of Exhibitions and Programs at the Morris Center for Lowcountry Heritage located in Ridgeland, South Carolina. She studied history at Lander University. A native of South Carolina, she also worked in the

education department at the Columbia Museum of Art.

HIS210: A DAY IN COLUMBIA EXPLORING HISTORY & THE SOUTH CAROLINA STATE HOUSE

1 Session | Wednesday | Feb 22 | 7AM-7PM In-Person only | Offsite (Columbia, SC)



Tour Fee \$60

Spend the day in Columbia, South Carolina as OLLI tours the Governor's Mansion, State House, and Anne Frank Center. Transportation is provided by a full-service coach bus (restroom & internet) departing from both the USCB Bluffton campus and Beaufort campus. Lunch is not provided; however, OLLI has arranged easy options that are a short walking distance from the State House. The South Carolina Governor's Mansion is a historic U.S. governor's mansion in the Arsenal Hill neighborhood of Columbia, South Carolina, and the official residence of the Governor of South Carolina. It is a federal-style home influenced by British colonial plantations.

The South Carolina State House was called "one of the most notable buildings in the world" by Charles Wilson, a renowned South Carolina architect. Construction of the present building began in 1855. The Civil War and its aftermath temporarily halted work. For more than 150 years, five principal architects worked to complete the State House. As you tour the magnificent State House, you will be impressed by its outstanding architecture, historical paintings, and fascinating history.

Anne Frank Center at the University of South Carolina is the official U.S. partner of the Anne Frank House in Amsterdam, and the only partner site in North America. The center brings to life the story of the young Jewish girl who - in the pages of her world-renowned diary - documented two years of hiding in German-occupied Amsterdam during World War II. By sharing Anne's legacy with visitors, the center seeks to inspire the commitment to never be bystanders but instead to stand up together against antisemitism, bigotry, and inequality wherever it may exist today.

NOTE: Tour fee covers transportation and museum fees.

HIS211: CONTINUITY OR CONFLICT- THE PAPACIES OF JOHN PAUL, BENEDICT, **AND FRANCIS**

2 Sessions | Friday | Mar 03, Mar 10 | 3-5PM In-Person, Zoom, OLLI Digital Library | Bluffton campus

The voice of the Roman Catholic Bishop of Rome commonly referred to as the Pope, is of interest to more than his fellow Catholics. A classic Latin formulation asserts that a pope speaks "urbi et orbi"...to the city and the world. This two-session course will explore how writings on matters of social justice of three 21st-century popes represent a consistent message of harmony, dialogue, and a search for the common good, despite efforts in some quarters to find serious divisions between the three and cast their teachings into rival, and even hostile, camps. Interestingly, this effort to divide has contemporary parallels in global and national political discourse. Perhaps the writings of John Paul II, Benedict XVI, and Francis deserve greater attention from the world's prime ministers, presidents, and potentates.

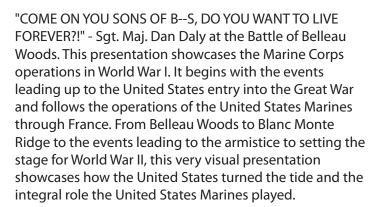


BRIAN CUDAHY, born and bred in Brooklyn, holds a Ph.D. in philosophy and teaches undergraduate courses at USCB. He has published widely on topics as diverse as the New York subways and religious history. His latest book,

"From Blackmoor Lane to Capitol Hill," analyzes the philosophy of the first Roman Catholic Bishop of Charleston, John England.

HIS212: WWI AND THE UNITED STATES MARINES

1 Session | Monday | Mar 20 | 3-4:30PM In-Person, OLLI Digital Library | Bluffton campus





ZACHARY GREEN, US Marine Corps veteran and amateur military historian lives in Hilton Head *Island, SC. since moving from Cincinnati in 2021.* He is a member of the Parris Island Living History Detachment and is a weekly speaker for the Share

the Legacy Program as part of the Marine Corps Recruit Depot's G-3 Training Division. He is the internationally bestselling author of "Warrior Entrepreneur-Lessons from the Battlefield to the Boardroom."

HIS213: UNDERSTANDING WESTERN PHILOSOPHY: THE MEDIEVAL MIND

4 Sessions | Tuesday, Thursday | Mar 21, Mar 23, Mar 28, Mar 30 | 1-3PM | In-Person only | Hilton Head campus

The tug-of-war between the philosophical ideas of Plato and Aristotle has exerted a profound effect on western civilization. This course describes how the positions of these thinkers regarding the nature of the universe, how we can know the truth, and what constitutes a good life influenced the development of western thought from the second century B.C. to the Renaissance. This course is designed for individuals with little or no formal training in philosophy.



PETER MCALLISTER holds a Ph.D. in economics and education from Columbia University. Peter spent 26 years managing analytical units for a multinational bank. Peter taught at the high school and college levels.

HIS214: HILTON HEAD HISTORY DRIVING TOUR

1 Session | Wednesday | Mar 22 | 1-4PM In-Person only | Offsite (HHI) Tour Fee \$45

Limited Enrollment - 22

Come on a three-hour, private guided tour in an airconditioned bus to learn about HHI's unique history. Hilton Head Island is well known for its world-class beaches and golf courses, yet it offers so much more that is noteworthy and unique. Beyond its unparalleled biodiversity, Hilton Head has a range of recorded history and ancient history unmatched in any other single location in the United States. Not only were its lands populated by Paleo-Indians nearly 10,000 years ago; but it was also first noted in the log of an early Spanish explorer in 1521, given a Spanish name in 1526, and has been an active participant in every major period of American history.

NOTE: Please wear comfortable walking shoes and bring water and bug spray as there are parts of the tour where you will get off the bus and walk.

HIS215: BOX BOATS: HOW CONTAINER SHIPS CHANGED THE WORLD

1 Session | Friday | Mar 24 | 3-5PM In-Person, Zoom, OLLI Digital Library | Bluffton campus

Dr. Brian Cudahy is an accomplished writer with a book about the origins of container ships and how they have affected world commerce. All of us have become aware of recent disruptions in various supply chains and how they have impacted the availability of products. Learn more about this interesting aspect of what is now a global supply chain, from converted World War II cargo ships in the 1950s to massive "box boats" today whose size was unimaginable just a decade or two ago.



BRIAN CUDAHY, born and bred in Brooklyn, holds a Ph.D. in philosophy and teaches undergraduate courses at USCB. He has published widely on topics as diverse as the New York subways and religious history. His latest book,

"From Blackmoor Lane to Capitol Hill," analyzes the philosophy of the first Roman Catholic Bishop of Charleston, John England.

HIS216: CASTLES OF WESTERN EUROPE: PROFILES AND HISTORY

1 Session | Tuesday | Mar 28 | 10AM-12N In-Person, OLLI Digital Library | Hilton Head campus

European castles hold a magical allure and provocative mystery intriguing most Americans, but not many people have even begun to explore their fascinating stories. This class delves a bit deeper to present not only the key components of castles but also the history and lore of a select few. It offers an entertaining look at castles, which served as both home and fortress to certain classes of the Middle Ages, and profiles the history of 44 castles. The class includes two of the most photographed castles in the world, Bodiam Castle and Leeds Castle, which Jack has had the pleasure to explore in person.



JACK RABBITT has been teaching at OLLI for over 13 years and has entertained hundreds of members with his enthusiastic, energetic, and informative presentations on a variety of business topics, the Civil War, European castles, and religion.

HIS217: SAVANNAH DAY TOUR - BONAVENTURE CEMETERY, LUNCH, AND PIN POINT HERITAGE MUSEUM

1 Session | Tuesday | Mar 28 | 10:30AM-4PM In-Person only | Offsite (Savannah)



Tour Fee \$35

Limited Enrollment - 30

Let's go explore historical Savannah! The day begins at the Bonaventure Cemetery where we meet with Don Teuton, Vice Chairman of the Bonaventure Historical Society. Don's parents, grandparents, and great-grandparents are buried on these hallowed grounds. The people who made Savannah are buried at this cemetery. You will delve into the graves including Confederate generals, a musical genius, and the South's very first feminist. Take in the live oaks, azaleas, camellias, and the authentic history behind Bonaventure Cemetery. The morning tour is 2.5 hours long, covering 1.5- miles on a slow walk over flat, easy terrain.

Next stop: Lunch at any one of the eclectic restaurants in Sandfly, a small community in Savannah, and in route to our final stop at the Pin Point Heritage Museum.

After lunch, we will meet at the Pin Pont Heritage Museum. In 1985, the A.S. Varn & Son Oyster and Crab Factory in Pin Point closed its doors for good. It marked the end of an era for the tiny fishing community tucked quietly away on the banks of the Moon River, just south of Savannah, Georgia. For nearly 100 years, Pin Point was isolated and self-sustained. A Gullah/Geechee enclave founded by first-generation formerly enslaved people where family, religion, and work were deeply connected to the water. Today, the factory has been reopened as the Pin Point Heritage Museum, celebrating the life, work, and history of this Gullah/Geechee community that calls Pin Point home.

NOTE: Transportation is up to each participant. Wear comfortable clothing and shoes.

HIS218: JURY OF ONE

1 Session | Wednesday | Apr 05 | 10-11:30AM In-Person, OLLI Digital Library | Bluffton campus



John Warley's new novel, "A Jury of One," both entertains and challenges readers. Jonathan Haupt, coeditor of "Our Prince of Scribes, Writers Remember Pat Conroy," put it this way: "A promise made over a dead body conjoins two disparate lives in a compelling novel that's equal parts taut legal thriller and thought-provoking moral

quandary." John speaks to why that moral quandary drove him to write this book, confirming Faulkner's famous declaration that "the human heart in conflict with itself" lies at the core of all great stories.



JOHN WARLEY is a Citadel and University of Virginia Law School graduate, author of six novels and one non-fiction history of The Citadel. His latest novel, "A Jury of One," is scheduled for publication in April 2023.

HIS219: JEWS IN THE CIVIL WAR: FORGOTTEN COURAGE

1 Session | Wednesday | Apr 19 | 10AM-12N In-Person, OLLI Digital Library | Bluffton campus

Though one of the smallest minorities in the country at the outbreak of the Civil War, American Jews participated in a big way and made significant contributions to the war effort on both sides. Yet their stories are all but forgotten in the pages of books, periodicals, and commentaries on this defining period in our history. This course offers a rare look at American Jewry in the Civil War, as well as the growth of the Jewish community in America prior to the war.



JACK RABBITT has been teaching at OLLI for over 13 years and has entertained hundreds of members with his enthusiastic, energetic, and informative presentations on a variety of business topics, the Civil War, European castles, and reliaion.

HIS220: PACIFIC BOARD GAME

1 Session | Friday | Apr 21 | 10AM-12N In-Person, OLLI Digital Library | Bluffton campus



A look at the Japanese-American relations preceding the attack on Pearl Harbor. During the 1930s, the Roosevelt administration, in a series of moves and counter moves, sought to stymy Japanese aggression in the Far East while endeavoring to avoid all-out war. The administration's major focus was to quell the strong isolationist sentiment in the United States to insure the survival of Great Britain against Nazi Germany. In the end, however, America's entrance into the war was brought about by the very nation America sought to avoid war. How did this happen?



MARK CALLEN has had a lifelong interest in warships and sea battles. He has held OLLI sessions on the Civil War at sea, the Monitor and the Merrimac, and the Titanic.

HEALTH & MEDICINE

HME200: WHAT'S NEW IN KNEE REPLACEMENT SURGERY?



1 Session | Monday | Jan 30 | 10AM-12N In-Person only | Bluffton campus

Although total knee replacement surgery has been around for decades, the field continues to see advancements in surgical technologies and techniques, anesthesia and pain management, and rehab protocols. Hear about the latest practices and what you can expect prior to making the decision for replacement, preparing for surgery, and recovering afterward.



DR. DANIEL J. DEL GAIZO, M.D. is a boardcertified, fellowship-trained orthopedic surgeon specializing in adult reconstruction/hip and knee replacement surgery. From conservative nonoperative treatments to complex joint

reconstructive surgery, he works to address each patient's unique situation, goals, and expectations. Dr. Del Gaizo sees patients at the Beaufort Orthopaedic Sports & Spine offices in Beaufort, Bluffton, and Hilton Head.

HME201: EXPLORING THE GOOD NEIGHBOR **MEDICAL CLINIC (GNMC)**

1 Session | Monday | Jan 30 | 3:30-5PM In-Person only | Offsite (Beaufort)



Join OLLI members on-site at the Good Neighbor Medical Clinic for an introduction to this community resource which provides medical services to clients without medical insurance. The director will explain the populations served, the partnership with Beaufort Memorial Hospital, volunteer opportunities, and how services are delivered.



CASSI KILPATRICK, after graduating from Lander University, worked in medical sales and then as a massage therapist. In 2012, she graduated from USCB's nursing program. Joining GNMC as a volunteer, Cassi's leadership quickly led her to the

role of Executive Director.

HME202: FACING FEAR - FILM AND PANEL DISCUSSION



1 Session | Tuesday | Feb 07 | TBD (Early Afternoon) In-Person only | Beaufort campus

HME203: FACING FEAR - FILM AND PANEL DISCUSSION



1 Session | Tuesday | Feb 07 | TBD (Evening) In-Person only | Beaufort campus

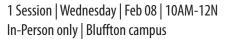
"I started my journey choked with fear. Now I'm no longer afraid." This film screening details one man's global search for ways to handle his fear after receiving devastating news. Filmmaker and author, Bill Bennett, sought out the world's leading experts in fear management, discovering surprising and uplifting revelations. Featuring scientists alongside spiritual leaders such as Sister Jenna and Dr. Bruce Lipton exploring all sides of fear. Q & A panel following features Bill Bennett, Parkinson's disease experts and local voices. Nearly 1M Americans have been diagnosed with Parkinson's.



CYNTHIA BLEDSOE is a master-level integrative health practitioner and teacher specializing in mindfulness, meditation, and personal development. She teaches weekly online classes and global seminars to clients around the world

to help them tap their fullest potential through self-care, relaxation, and wellness techniques.

HME204: PEES, LOVE, & CONSTIPATION: WHY YOU SHOULD CARE ABOUT YOUR PELVIC FLOOR





Your pelvic floor is made up of muscles and tissue between the bony parts of your pelvis that support the bladder, bowel, and uterus. Besides keeping everything in place down there, the pelvic floor muscles support the functions of urination, bowel movements, and sex. Issues can arise when the muscles are weakened as well as if they are overactive. Learn about common issues, how they can be treated, and what you can do to help keep your pelvic floor healthy.

JAIME PATILLO, MS, OTR/L is a pelvic floor occupational therapist at Beaufort Memorial with experience treating a wide variety of conditions that impact pelvic floor health and function. She believes that certain conditions are not simply inevitable due to age and looks for opportunities to share

information and give people the tools to support bladder, bowel, and sexual health.

HME205: FUELING FOR WELLNESS AND LONGEVITY



1 Session | Thursday | Feb 09 | 10AM-12N In-Person only | Hilton Head campus

This is a nutrition workshop led by licensed Registered Dietitian Nutritionist Barbara Moschitta. We will learn ways to boost energy, achieve mental clarity, lose body fat, prevent muscle loss, and lower disease risk with insights into your own relationship with food, mood, and energy. Learn the benefits of the Mediterranean style eating pattern through nutrition and healthy habits.



BARBARA MOSCHITTA is a Registered Dietitian Nutritionist, Licensed Dietitian, and specialist in adolescent and childhood weight management. Barbara practiced medical nutrition therapy in the Hudson Valley area of New York with over 25 years

of nutrition expertise. She is currently practicing medical nutrition therapy in Bluffton and Hilton Head and is a consultant.

HME206: THE EVOLUTION, CURRENT PRACTICES, AND EMERGING TRENDS OF PAIN MEDICINE

1 Session | Thursday | Feb 09 | 1-3PM In-Person only | Beaufort campus



Pain has been an inescapable part of the human condition since the beginning of time. Our knowledge of pain has a long history of development, characterized by various beliefs, theories, and therapeutic practices. An estimated 50-100 million adults in the United States now live with chronic pain and spend over \$50 billion annually on analgesics. This course describes the anatomy and physiology of pain, the history of pain medicine, and the main classes of currently used analgesic drugs. The mechanism of action and side effects of the medicine will be outlined. Despite extraordinary efforts, there has been no breakthrough in the development of new analgesics. An outlook on emerging trends will be given.



PETER HOFFMANN, M.D., Ph.D. was born, raised, and educated in Germany. After an academic career in cardiovascular research in Germany, he worked for several pharmaceutical companies in

France, Switzerland, and the US. His Ph.D. thesis was on hypertension, and he was involved in the development of several widely used antihypertensive drugs.

HME207: SELF CARE AND BREAST HEALTH

1 Session | Monday | Feb 13 | 10AM-12N In-Person only | Bluffton campus



Breast cancer prevention starts with healthy habits. Learn how to take charge of your breast health and live your healthiest life. Recognize what it means to be considered "high-risk," how that is determined, and what can be done in terms of screenings and proactive treatments to protect yourself. Learn the importance of being aware of what is normal for your breasts and the types of regular screenings that are appropriate based on your physiology including 2D vs. 3D mammograms and automated breast ultrasound screening (ABUS).



TARA L. GRAHOVAC, MD, FACS is a boardcertified, fellowship-trained breast surgeon, formally known as a breast surgical oncologist. Dr. Grahovac specializes in the diagnosis, staging, and removal of cancerous growths in the breast.

She also brings expertise in the development of full-service, evidence-based medical treatment and surveillance programs for women with breast cancer and those at high risk for the disease.

HME208: NEWEST ADVANCEMENTS FOR YOUR EYE HEALTH

1 Session | Tuesday | Feb 28 | 1-3PM In-Person only | Hilton Head campus



This presentation will begin with the basic anatomy of the eye, including the retina and optic nerve. Dr. Campbell will focus on common ocular diseases of the eye. He will detail how treatment options have changed for certain conditions, including new advancements that are currently available and some that are in the pipeline. He will also talk about how to prevent these diseases and what we can do/change in our lives to better our eye health.



DR. KEVIN CAMPBELL grew up in Hilton Head. He is an optometrist practicing in Hilton Head and Bluffton. Dr. Campbell received his B.S. in science from Clemson University and his Doctorate from Kentucky College of Optometry. His education

involved learning the most advanced technology taught by doctors/professors who are pioneers in their profession. His goal is to bring his training to the Lowcountry and to become an advocate for ocular health to all in this area.

HME209: LEARNING CPR FROM THE PROS

1 Session | Thursday | Mar 16 | 10-11:15AM In-Person only | Offsite (HHI) **Limited Enrollment - 15**

Learn to save a life in just one hour! Hilton Head Island Fire Rescue will show you how you can learn CPR in just one hour through this Friends & Family American Heart Association class. You will also learn how to use an AED (automated external defibrillator). This class will offer lots of hands-on practice.

NOTE: The participant does not receive a CPR certificate in this program.



CINDA SEAMON *is the Fire & Life Safety Educator* for Hilton Head Island Fire Rescue, an American Heart Association CPR Instructor, and a nationally certified car seat technician. Cinda also volunteers for Hopeful Horizons and assists special needs youth.

HME210: LEARNING THE FACTS ABOUT FOOD LABELS

1 Session | Thursday | Mar 16 | 1-2:30PM In-Person, Zoom, OLLI Digital Library | Beaufort campus

The new food labels can be tricky to decipher, and they can also be deceptive! Come learn the truth about food labels, how to read them, what to look for, and how to make healthier food choices. Delve deeper into your packaged food to look past the marketing tricks on the front label and learn how to make sense of the numbers and words on the back of the box.

NOTE: Each participant is asked to bring the label of one of their own foods from home.



MEREDITH NELSON, M.Ed., is the owner of PrimeTime Fitness, LLC. She is an ACE-Certified Personal Trainer, AFAA-Certified Group Fitness Instructor, and an AFAA Fitness Nutrition Specialist. Since 1992, she has been coaching

people to better health and fitness through nutrition and exercise.

HME211: JOINT HEALTH AS WE AGE

1 Session | Wednesday | Mar 22 | 10AM-12N In-Person only | Bluffton campus

Learn about the most common causes of joint pain, ways to improve joint health, and what you can do to help move beyond the pain and back to what you enjoy as quickly as possible. Hear about the latest treatment options - surgical and non-surgical - including procedures using advanced, minimally invasive, and robotic techniques to get you moving and lessen the harmful effects of arthritis and other conditions.



VANDIT SARDANA, M.D., MSc, FRCS (C), FAAOS, FAAHKS, FACS *is a board-certified and fellowship-trained orthopedic surgeon specializing in joint replacement and preservation, Dr. Sardana works with patients to assess, preserve, and restore joint*

function, providing care based on best and current evidence in the field of orthopedics. He is proficient in leading-edge surgical techniques and precision fitting of joint implants as well as other orthopedic procedures.

HME212: MRNA TECHNOLOGY FOR COVID-19 AND BEYOND

1 Session | Friday | Mar 24 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Bluffton campus

A vaccine's goal is to train the body's immune system to defend against disease. Many vaccines use a weakened or dead version of the actual virus to stimulate an immune response. In contrast, mRNA vaccines use a genetic code to tell the body's cells to produce proteins the immune system recognizes as the virus. Learn the benefits of mRNA technology and how these vaccines are being leveraged for vaccines to prevent and treat many diseases, conditions, and cancer.

STEPHEN P. ETHIER, Ph.D. is a Professor at the Hollings Cancer Center at the Medical University of South Carolina. He has published over 140 papers on the biology of cancer over his 40-year career, and he has taught classes on the fundamentals of cancer biology to medical students, graduate students, medical residents, and post-doctoral fellows both at MUSC and previously at the University of Michigan Medical School.

HME213: SPRING INTO ACTION: FALL PREVENTION, BALANCE, MOBILITY, AND VESTIBULAR FROM A PT PERSPECTIVE



1 Session | Friday | Mar 31 | 10AM-12N In-Person only | Beaufort campus

Falls are the most common cause of nonfatal injuries and hospital admissions in people 65 and older. A fall can often be attributed to a loss of balance which relies on a complex interaction of information received by the brain from the eyes, muscles and joints, and the vestibular system in the inner ear. Disruption of just one of these factors can lead to balance problems and a higher risk of falling. Learn the approach that physical therapists take to minimize the risk of falls by improving balance, leg and core strength, mobility, posture, and safety awareness.



MARY DESCARO, PT, DPT, OMT-C is the clinical lead physical therapist for Beaufort Memorial Outpatient Rehabilitation in Beaufort and Okatie. She holds a Doctor of Physical Therapy degree from the Medical University of South Carolina.



BETSY SEARS, PT, DPT is a physical therapist who works with patients in Beaufort at the Beaufort Memorial Outpatient Rehabilitation clinic. She holds a Doctor of Physical Therapy degree from the University of Lynchburg.

HME214: SERVICES AVAILABLE TO HELP YOU AGE IN PLACE SAFELY

1 Session | Wednesday | Apr 26 | 1-3PM In-Person only | Bluffton campus

Aging in Place Safely is a review of the options available to seniors to stay in their homes as long as it is safe to do so. Attendees will hear presentations by Community Villages, Low Country Council of Governments Services, Department of Social Services Adult Protective Services, Mental Health Services, and Under One Roof. See how to connect with these resources and receive a copy of the Senior Resource Directory.



DEBORAH EDMONDSON is a business consultant with 20+ years of experience consulting with area nonprofit organizations in the Beaufort County area. Ms. Edmondson currently serves as the Facilitator and Village

Developer for the Coalition for Aging in Place.

INTEREST GROUPS

ING200: LEARNING MAH JONGG

2 Sessions | Wednesday | Jan 18, Jan 25 | 1:30-4PM In-Person only | Beaufort campus



The history of Mah Jongg will be briefly presented followed by instructions on how to play the game, led by Elly Levin, with Carolyn Dunlap and Sara Oakley, each a well-experienced Mah Jongg instructor. If participants in this two-session course reach a comfortable level of play, strategy tips will then be given. Each table of four will have an instructor.

NOTE: The first session of this class is mandatory. If you cannot make this class, please let the OLLI office know as soon as possible so that your place may be offered to those on the waiting list.

CAROLYN DUNLAP, ELLY LEVIN, and SARA OAKLEY have taught Mah Jongg to many groups, and this experienced team looks forward to sharing their expertise and love of the game with OLLI members.

ING202: ANOTHER ELVIS SIGHTING! THE FUNDAMENTALS OF MISINFORMATION



1 Session | Tuesday | Feb 07 | 1-3PM In-Person only | Bluffton campus

Do you remember the "National Enquirer" story entitled "Elvis sighted at 7-11 in Yemassee, SC?" How about latenight infomercials: "It slices! It dices! And for only 2 easy payments of \$19.99, you can own this modern wonder!"? These were classic mediums of misinformation. Outrageous claims, overt sales, and obvious attempts at manipulation were their hallmark. Modern misinformation is more difficult to spot ... or is it? Learn modern misinformation techniques and the fundamentals of modern disinformation campaigns. IT WILL BE FUN! We even play a video game developed by the United States Departments of State and Homeland Security aimed at "inoculating" players against misinformation (Breaking Harmony Square). "Act Now! Operators standing by!"



DR. RONALD ERDEL is an Assistant Professor of computer science at USCB and is a graduate of Purdue University (Ph.D. 2016). His research focuses primarily on reducing barriers to the learning process in college students, particularly

first-generation college students, studying STEM disciplines. During COVID, Dr. Erdel grew a beard (mostly out of boredom). A bet was made if 80% of students enrolled in his courses earned a grade of B or better, he would dye his beard USCB blue. See the picture for the outcome.

ING203: THE ORGANIZED HOME: CLEAR THE MESS, REDUCE THE STRESS

1 Session | Wednesday | Feb 15 | 10AM-12N In-Person, OLLI Digital Library | Bluffton campus

We tend to keep objects from different stages in our lives, and, over time, they pile up around us. If you don't routinely declutter your home, eventually all that stuff can become overwhelming. This course offers practical "tips and tricks" to clear clutter, organize your home, and establish habits to maintain order. This will help you to enjoy the people and things that matter most to you!



ROXANNE CHENEY, a retired U.S. Marine Corps Colonel, has been a professional organizer and daily money manager since 2009.

ING204: LEARN OR IMPROVE YOUR CHESS GAME



2 Sessions | Saturday | Feb 18, Feb 25 | 12N-1:30PM In-Person only | Bluffton campus

Chess players of all skill levels are welcome to an opportunity to be taught by chess coach Dr. Bob Sulek and members of the Hilton Head Prep South Carolina State Championship-winning chess team. In two 90minute sessions, you will learn the first 9-10 opening moves, ten things not to do, ten things to do as often as possible, patience and determination, thinking two or three moves ahead, four central squares and development, and other helpful tactics.

NOTE: OLLI members should bring their own chess boards and pieces.

DR. BOB SULEK *is chairman of the mathematics department* at Hilton Head Preparatory School. Sulek has coached his chess students to multiple South Carolina Independent School Association championships.

ING205: ELECTRIC CARS: IS NOW A GOOD TIME TO BUY ONE?

1 Session | Friday | Mar 03 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Curious about electric cars? Whether you follow some car makers' progress, you are considering an electric car in the future, or you already own one; this course will discuss many of the contenders in the electric car market and their successes, challenges, history, and future.



HENRIK DE GYOR is a consultant, podcaster, speaker, and writer. Henrik has written nine books and created nine podcast series. Henrik enjoys connecting the dots to bring awareness and clarity to niche technical topics. Henrik works remotely and lives with his wife in Bluffton, SC.

ING206: LET'S PLAY BUNCO! MUNCH AND MINGLE!

1 Session | Tuesday | Mar 07 | 10-11:30AM In-Person only | Hilton Head campus



Limited Enrollment - 24

If you can roll dice, and recognize three of a kind, you can play BUNCO! Come join us in playing a quick-moving, social and fun game. No skills or previous experience required. We will guide you along as we play together. BUNCO is a great way to meet other OLLI members. Table treats and soft drinks will be provided.



LINDA TOBESON is a huge supporter of lifelong learning and all things fun. She has recently moved from the Cincinnati, Ohio area where she participated in OLLI classes for many years. She has a BA in microbiology from Miami University,

supervised distillery operations at Seagram's, and most recently was a technical sales manager for a laboratory supply company.

ING207: NEW TRAVEL OPPORTUNITIES AND TRENDS

1 Session | Tuesday | Mar 07 | 1-3PM In-Person only | Hilton Head campus



Come learn about new travel opportunities and trends for now and into the near future. This presentation will look at new travel destinations and new social opportunities. New ships and ports will be explored as well. Learn about some cool ideas and some ways to avoid pitfalls such as airline messes, Covid testing, and lost luggage. Do you need travel insurance? How do you choose a travel agent? All will be explored.



HANK NOBLE is a retired Executive Principal of the Hilton Head Schools. He has been an independent travel consultant since 2010. He and his wife, Sue, are affiliated with Valerie Wilson Travel and Frosch Travel. The Nobles are frequent

travelers and tour group leaders in Europe, the USA, and the Caribbean. They specialize in group travel and intergenerational travel.

ING208: DRUGS AND SEX

2 Sessions | Thursday, Friday | Mar 09, Mar 10 | 1-3PM In-Person, Zoom, OLLI Digital Library | Bluffton campus



Activities formerly classified as vices by many people have evolved from the shadows to become global businesses earning billions a year. This class will cover the "sin business" areas of drugs and sex. Learn how fast some of these businesses have grown, who participates, and who is making all the money. This is a two-part class. The first class will focus on drugs and the second class on sex! Do we have your attention now?



JIM NICHOLSON is an OLLI instructor for several South Carolina OLLI Lifelong Learning institutions including OLLI Furman, OLLI Clemson, and Lifelong Learning at Wofford on a variety of topics.

ING209: FASHIONISTA'S THRIFTING ADVENTURES WITH FASHION GRANNY

3 Sessions | Tuesday | Mar 14 (1-3PM), Mar 21 (10AM-3PM), Mar 28 (1-3PM) | In-Person only | Beaufort campus & Offsite (Beaufort) Limited Enrollment - 40 Tour Fee \$18

"Join columnist, Fashion Granny in the classroom for a look at trends for spring/summer and how to search for these looks at local thrift stores. Session 2: Participants will be thrifting from 10 a.m. – 3 p.m. North of the Broad with a bagged lunch break in a scenic location. Session 3: Back in the classroom for "show & tell" along with a special guest to add to the fun."



BRICE COOPER, aka FASHIONGRANNY, is a local columnist with a background in the fashion industry, having worked the runways of the best fashion houses in Europe and as a fitting model for Valentino. She's designed, manufactured, and

marketed her own accessories line for mainstream stores and worked in research and development in cosmetics.

ING210: EXPANDING YOUR WINE PALATE

1 Session | Tuesday | Apr 18 | 3-4:30PM In-Person only | Offsite (Okatie)

Supply Fee \$25

Limited Enrollment - 20

Did you know there are more than 10,000 wine grape varieties in the world, but only a few dozen have achieved widespread popularity and acclaim? Ta-ca-rón, a local boutique wine shop, makes it their mission to change that and takes great pleasure in introducing their clientele to small, unheralded vineyards and wineries from around the world that are producing some of the finest wines available today. Join owner and wine connoisseur Juan Carlos as he takes you on an exciting exploration of five of these wineries and acquaints you with new varietals and blends certain to surprise your palate and enable you to discover a whole new world of wines for your sipping pleasure.



JUAN CARLOS JIMENEZ, Ph.D., retired mathematics professor at Arizona State University and graduate of the University of Massachusetts, Amherst, was a marine biologist conducting research/rescue of whales/manatees worldwide.

He owns Ta-ca-rón, a boutique wine/cigar/gourmet tapas establishment in Okatie, SC.

INTERNATIONAL STUDIES

IST200: DUTCH DELTA WORKS

1 Session | Tuesday | Jan 31 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Preliminary property damage costs for Hurricane Ian are estimated to amount up to \$258 billion! In the Netherlands, climate change is not considered hypothetical. Much of the nation sits below sea level and is gradually sinking, the Dutch solution: The Delta Works and the Maeslantkering Storm Barrier are called one of the Seven Wonders of the Modern World by the American Society of Civil Engineers. Many U.S. cities are now consulting with the Dutch to prevent storm-surge-related disasters. In light of the recent catastrophic events, learn more about their innovative solutions.



STEVE EMERY has more than 40 years of experience in the healthcare medical and diagnostics industry. He has a keen interest in history, providing little-known stories about major events (e.g., WASP of WWII and the Isabella

Stewart Garner Museum Heist), and technology (e.g., Dutch Delta Works).

IST201: IMPLICATIONS OF A RISING CHINA

1 Session | Monday | Mar 06 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Bluffton campus

With more than a dozen years in the Pacific - as an Army General Officer and a Senior Executive with the Marine Corps, Craig Whelden had a front-row seat to China's hegemonic activities and bullying of its neighbors. This course explores what is happening on the other side of the world: geopolitically, militarily, and economically as China expands its sphere of influence. Students will learn about the strategic importance of the Malacca Strait, the South China Sea, the exploding growth of the Peoples Liberation Army, and China's encroachment on the "second island chain," where the U.S. begins its day - in Guam. An added feature is a focus on the current situation in the Ukraine and how it affects China's calculus on Taiwan.

IST202: THE EVOLUTION OF EUROPE'S DEFENSE ARCHITECTURE SINCE WWII



1 Session | Friday | Mar 10 | 10-11:30AM In-Person, Zoom, OLLI Digital Library | Bluffton campus

The end of World War II saw an uneasy standoff, led by the United States, between Russia and Western Europe. Commonly referred to as the "Cold War," this tumultuous period lasted 40 years. The fall of the Berlin Wall in 1989 changed everything. Russia flirted with an uneasy democratization. The North Atlantic Treaty Organization (NATO), Europe's defense arm, grew from 14 to 30 countries. Learn how Russia's invasion of Ukraine was an outgrowth of this evolution and what it might mean for the future of both sides.



CRAIG WHELDEN, retired Major General, spent 30 years in the U.S. Army and another nine as a member of the Senior Executive Service (SES) with the U.S. Marine Corps. Along the way, he led thousands of soldiers, sailors, and marines at

each level from Lieutenant to General Officer to Senior Executive – with 10 years in Europe and another 12 in the Pacific.

LEGAL

LEG200: A JUDGE'S PERSPECTIVE ON THE LEGAL SYSTEM

1 Session | Tuesday | Feb 14 | 1-2:30PM In-Person only | Hilton Head campus

Ever wonder what a judge may be thinking when they are sitting up on the bench? Or what are the qualities of being a good judge? This discussion course focuses on the civil and criminal trial system with emphasis on the legal system's treatment of individuals with substance use disorders and the concept of the rule of law. The discussion will also focus on topics in family law including custody and divorce. The speaker is a recently retired judge of the Pennsylvania Court of Common Pleas.

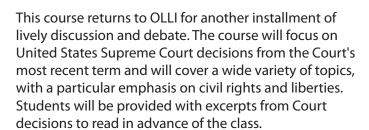


retired judge of the Pennsylvania Court of Common Pleas. He presided over a NADCP national mentor drug court and is past president of the Pennsylvania Association of Treatment

Court Professionals.

LEG201: THE U.S. SUPREME COURT: RECENT DECISIONS AND THE CURRENT TERM

3 Sessions | Monday | Feb 27, Mar 06, Mar 13 | 3-5PM In-Person only | Bluffton campus





STEPHEN MEYER is a Bluffton attorney who earned his Juris Doctor, magna cum laude, from the University of South Carolina. He devotes his practice almost entirely to litigation and regularly handles cases involving constitutional law issues.

LITERATURE

LIT200: NORTH & SOUTH BY ELIZABETH GASKELL

3 Sessions | Wednesday, Friday | Feb 15, 1-2:30PM Feb 22, Feb 24, 3-5:30PM | In-Person only | Bluffton campus

"North and South," published in 1855, has been described as an industrialized "Pride and Prejudice." Set in a mill town in Victorian England (think Manchester), it is a powerful book of social commentary. Margaret Hale suddenly uprooted from her gentrified existence in southern England to a town in the noisy industrial north, is at first horrified by the poverty and suffering all around her. As she begins to befriend the millworkers and their families, she finds herself in a battle of wills with the wealthy mill owner John Thornton. Margaret develops a sense of social justice and new insights into the human condition. She is a sparkling heroine; he is no Mr. Darcy, only better!

Session 1: a presentation on Gaskell's life and times followed by a discussion of the book.

Sessions 2 and 3: a viewing and discussion of the 2004 film starring Richard Armitage and Daniela Denby-Ashe. Please read the book!



DEBORAH BARNUM is a previous snowbird (VT/SC), best friends with Jane Austen (blogger), compiles annual Austen and Burney bibliographies, a bookstore owner (collectible books), OLLI member and instructor, Jane Austen

book group member, librarian, gardener, hiker, and traveler.

LIT201: MEET THE AUTHOR OF "THE HOME GUARD," A NOVEL OF THE CIVIL WAR

1 Session | Tuesday | Feb 28 | 10-11:30AM In-Person only | Hilton Head campus

Come and meet author John Warley and discover his inspiration to write "The Home Guard." A grandmother and her grandson flee their Beaufort, South Carolina home to escape and survive the Civil War. John Warley will highlight Beaufort's unique Civil War history and why that history attracted him to the themes and story that make "The Home Guard" a compelling read. After class, we will offer a book signing which will give our members the opportunity to add a great book to their collection along with the memories of meeting a favorite, local author.



JOHN WARLEY is a Citadel and University of Virginia Law School graduate, author of six novels and one non-fiction history of The Citadel. His latest novel, "A Jury of One," is scheduled for publication in April 2023.

LIT202: POETRY IN RESPONSE TO ART

1 Session | Thursday | Mar 02 | 1-2:30PM In-Person, Zoom, OLLI Digital Library | Beaufort campus



Poetry written in response to visual art, called ekphrastic poetry, conveys a poet's reaction to paintings and sculpture. Come join in an examination of paintings from the Old Masters such as Brueghel and Vermeer to the more contemporary works of Edward Hopper, Picasso, and Grant Wood as interpreted in the writings of poets such as Sylvia Plath, W.H. Auden, Allen Ginsberg, and William Carlos Williams. No prior experience with art or poetry is necessary; just bring your aesthetic sensibility.



MARY FILAK has an MA in English and taught for 30 years in high school and college, most recently at The Technical College of the Lowcountry. She also consults for The College Board, giving workshops to teachers around the country.



MUSIC

MUS200: INSIDE THE MUSIC: USCB CHAMBER MUSIC JANUARY CONCERT

1 Session | Friday | Jan 20 | 10AM-12N In-Person only | Beaufort campus

MUS201: INSIDE THE MUSIC: USCB CHAMBER MUSIC FEBRUARY CONCERT

1 Session | Friday | Feb 17 | 10AM-12N In-Person only | Beaufort campus

MUS204: INSIDE THE MUSIC: USCB CHAMBER MUSIC MARCH CONCERT

1 Session | Friday | Mar 10 | 10AM-12N In-Person only | Beaufort campus

Program note writer Michael Johns presents a pre-concert conversation on the composers and music to be heard for each USCB Chamber Music concert. Multiple recorded excerpts and commentary will acclimate listeners as to what they can expect to hear at the upcoming concert. This class is free and open to the public. Registration is strongly suggested. Please visit the Chamber Music website for more concert information.

https://www.uscbchambermusic.com/



MICHAEL JOHNS, DMA, received music degrees from the New England Conservatory and Temple University. He has performed on French horn with symphony, ballet, and opera

orchestras, in recital and chamber music. Music is his lifelong vocation and avocation.

MUS202: TOMFOOLERY: THE WORDS AND MUSIC OF TOM LEHRER

1 Session | Monday | Feb 20 | 10AM-12N In-Person, Zoom, OLLI Digital Library | Bluffton campus

Join Jeff Glazer for a look at the clever and often irreverent works of the songster and pianist Tom Lehrer. Lehrer is a former MIT professor who delighted college students in the 50s and 60s with his off-beat humor and social slant on topics, both social and political. Hear those favorite songs again, e.g., Rickety, Tickity, Tin. Learn about the man, the music, and perhaps join in some singing.



JEFF GLAZER loves to teach. He was an adjunct professor of graphic design in New Jersey, and he has taught classes locally at the Sun City Computer Club and OLLI. While his primary area of expertise is in computers, he has taught OLLI

classes in many other areas such as introversion, ADD, the music of Tom Lehrer, and Nikola Tesla.

MUS203: THE SOUND OF MUSIC: THE REAL FAMILY BEHIND THE STORY

1 Session | Monday | Feb 27 | 10AM-12N In-Person, OLLI Digital Library | Bluffton campus

Millions have seen the movie and have been drawn to the Trapp family and their endearing story depicted in the film. But there is so much more to the story, to the family history and their struggle to overcome adversity and remain together in the face of daunting personal and family challenges. Join Jack Rabbitt for a look at the real story of the Trapp family and how their faith and their love of family sustained them and inspired them to achieve happiness and success in their new country.



JACK RABBITT has been teaching at OLLI for over 13 years and has entertained hundreds of members with his enthusiastic, energetic, and informative presentations on a variety of business topics, the Civil War, European castles, and religion.



USCB MUSIC OF THE LOWCOUNTRY MARK YOUR CALENDARS



Lowcountry Jazz Band

Martin Luther King Jr Tribute Concert with vocalist Lavon Stevens Saturday, January 14, 2023 7:00 p.m. USCB - Beaufort Campus

Center for the Arts Building

&

Sunday, January 15, 2023 4:00 p.m.

Church of the Palms, Okatie

ISREAL at 75 Sunday, April 30, 2023 7:00 p.m. USCB - Beaufort Campus

Center for the Arts Building

flutes of the Lowcountry

Flute Choir Recital
Thursday, January 19, 2023
7:00 p.m.
USCB Bluffton Campus
Hargray 156



Lowcountry Community Concert Band

Concert Band Performance Tuesday, February 21, 2023 6:30 p.m.

May River High School, Bluffton

"featuring performances by the May River HS Band"

&

Thursday, Febrary 23, 2023 6:30 p.m.

Bluffton High School, Bluffton

Concert Band Performance Sunday, May 21, 2023 7:00 p.m.

Henry C. Chambers Waterfront Park, Beaufort

If you are interested in joining the LCCB please visit their website @ www.ollilccb.com LCCB meets on Tuesday at the USCB Bluffton Campus in the Student Center. All are welcome to join!

PERSONAL GROWTH & DEVELOPMENT

PGD200: PERSONALITY RESEARCH THE TRUE COLORS WAY

1 Session | Wednesday | Mar 15 | 10AM-2PM In-Person only | Bluffton campus

Supply Fee \$10

It is important to be able to understand people who are very different from ourselves. Good interpersonal relationships are core to creating healthy, productive environments at home and in daily life. This program will explore the research on personality styles, and techniques for understanding each other, lessening conflict, and communicating effectively with everyone. Participants will leave with an understanding of folks they want to get along with. This workshop is highly interactive, downright chaotic, and fun - while a lot of serious learning is taking place!



TIPPY AMICK, Ph.D. has been on the faculty of Florida State University for over 20 years facilitating leadership classes. She provides training on a variety of topics. Tippy holds a doctorate degree in human studies and is a certified True Colors trainer.

PGD201: YOUR LIFE IN REVIEW

1 Session | Tuesday | Apr 04 | 5-7PM In-Person only | Beaufort campus

This course covers the art and science of the life review therapeutic process to help participants write their own life story. Life review and reminiscence can provide a wonderful keepsake, but more importantly, help participants to better understand key events experienced in the context of the entirety of their life. Research on the process and best practices for life review will help participants begin the process of writing their own life story.



DR. BOB LEFAVI, former Dean of the USC Beaufort campus, professor, and high-level athlete, has a doctoral degree in health and human performance and another in ministry. Dr. LeFavi began his research on life review prior to his publication on the topic in 2003.

PGD202: STREET WISDOM WALKING **MEDITATION**

1 Session | Thursday | Apr 06 | 10-11:30AM In-Person only | Offsite (Beaufort)



Walking meditations bring body and mind in sync to help keep your thoughts from wandering. Beaufort streets are full of inspiration. Learn the STREET WISDOM practice, a fusion of mindfulness, neuroscience, and wellness for fullbody health benefits. If you find sitting-quiet meditations challenging, this is a great alternative. Wear comfortable clothes and walking shoes.



CYNTHIA BLEDSOE is a master-level integrative health practitioner and teacher specializing in mindfulness, meditation, and personal development. She teaches weekly online classes and global seminars to clients around the world

to help them tap their fullest potential through self-care, relaxation, and wellness techniques.

RELIGION

REL200: STAR WARS, RELIGION, AND CULTURE

1 Session | Monday | Feb 06 | 1-3PM In-Person, OLLI Digital Library | Bluffton campus

In 1977, George Lucas released "Star Wars," one of the greatest science fiction movies in film history, and it remains a cultural icon to this day. By transposing a variety of religious and cultural themes, Lucas designed an entirely new universe. However, it wasn't the first piece of science fiction history to both affect modern culture and religion and be affected by them. From "Star Trek" to "Star Wars," from "The Lord of the Rings" to "Alice in Wonderland," and from H.G. Wells to Steven Spielberg, we have all witnessed the growing influence of science fiction upon our world. In this class, we will look at how science fiction remains a slightly distorted mirror of planet earth today.



RABBI ROBERT HAAS, a native of McAllen, TX. became the 14th spiritual leader of Congregation Mickve Israel in Savannah, Georgia in 2012. He is a sought-after comedian, lecturer, preacher, and interfaith leader who regularly speaks and

performs for organizations, radio shows, colleges, theaters, houses of worship, and institutions.

SCIENCE

SCI200: FASCINATING PSYCHOLOGY EXPERIMENTS THAT EXPLAIN YOUR EVERYDAY LIFE

2 Sessions | Tuesday, Thursday | Feb 14, Feb 16 | 1-3PM In-Person, OLLI Digital Library | Beaufort campus

Classic psychology experiments examining everyday behavior such as peer pressure, attitude change, eyewitness reports, gambling behavior, learned helplessness, mothering/cuddling effects on child development, authority impact on obedience (I was following orders), learned aggressiveness (modeling), and role effects on behavior will be some of the topics covered. Some of these types of studies (Milgram's electric shock experiments) are no longer permitted due to ethical issues. We will discuss the value of these studies vs. their ethical sacrifices. "Three Identical Strangers" will also be examined as part of the ethics discussion.



TED SOMMERS is a Ph.D. experimental social psychologist. He was a professor, a corporate researcher for Brown & Williamson Tobacco and Fisher-Price and ran his full-service market research firm working with Discovery and Lifetime

networks, PepsiCo, Walmart, and others.

SCI201: UNDERSTANDING NET ZERO CARBON BY 2050

2 Sessions | Wednesday | Mar 01, Mar 08 | 1-3PM In-Person, OLLI Digital Library | Bluffton campus



Session 1: Overview of total primary energy used by America for electricity generation, transportation, industrial production, commercial, and residential uses. The class will explore the electricity transmission infrastructure, energy sources, control, and sharing mechanisms for the United States power grid.

Session 2: Fundamental overview of electricity generation including methods of power generation, energy sources, economic, regulatory, financial, operational, reserve capacity, political, and media factors that are putting at risk the future capacity and reliability of the US electric power grid. The class will explore if net zero carbon policies may have placed the United States on a dangerous path to achieving net zero carbon by 2050.



DICK STORM, a registered professional engineer and Williamson graduate, worked in electrical power generation for five decades. His specialty was large electric utility plants fueled by coal. He was involved in large combustion processes

around the world with power generation facilities and mining power for primary metals production. Employed over the years with Babcock & Wilcox, Flame Refractories, Carolina Power & Light, Mobil Oil, Standard Pressed Steel & Inductotherm. Storm founded Storm Technologies, a consulting and engineering services company, for the last 20 years of his career.

SPORTS

SPO200: DOLPHIN ECOLOGY KAYAK TOUR

1 Session | Friday | Feb 24 | 10AM-12:30PM In-Person only | Offsite (St. Helena Island)

Tour Fee \$50

Limited Enrollment - 18

Join OLLI for a kayak trip that embarks from Russ Point Boat Landing near Hunting Island State Park. This paddle will take you through the salt marsh and continue to the convergence of rivers and tide waters where we often see dolphins. Come learn about these fabulous mammals, and how they use their sense in their environment. Beaufort Kayak Tours will supply instructors, kayaks, paddles, and PFDs. Single and tandem kayaks will be assigned by Beaufort Kayak Tours at the time of launch. Every effort will be made to accommodate your kayak request.



SPO201: EBENEZER CREEK HARDWOOD SWAMP KAYAK PADDLE

1 Session | Tuesday | Mar 21 | 10:30AM-1PM In-Person only | Offsite (Rincon, GA)

Tour Fee \$50

Limited Enrollment - 18

Join Beaufort Kayak Tours as they lead you on an excursion that takes place on an amazing black water creek, through an old-growth cypress and tupelo forest. The journey will take us deep into the swamp, as we learn the differences between cypress and tupelo hardwood trees and the history that took place on Ebenezer Creek. Beaufort Kayak Tours will supply instructors, kayaks, paddles, and PFDs. Single and tandem kayaks will be assigned by Beaufort Kayak Tours at the time of launch. Every effort will be made to accommodate your kayak request.

SPO202: CAROLINA SPIDER LILY KAYAK ACE BASIN TOUR

1 Session | Tuesday | Apr 25 | 2:30-5PM In-Person only | Offsite (Yemassee)

Tour Fee \$50

Limited Enrollment - 18

Join Beaufort Kayak Tours as they lead you down Hobnoy Creek to the Combahee River to look for the fabulous Carolina Spider Lily. Get up and close to this lily, a great photo opportunity while learning about the rice culture and history in the area. This trip is in protected waters and about 3.5 miles in length. Beaufort Kayak Tours will supply instructors, kayaks, paddles, and PFDs. Single and tandem kayaks will be assigned by Beaufort Kayak Tours at the time of launch. Every effort will be made to accommodate your kayak request.



TERI POHORSKY has over 30 years of kayaking and teaching experience, holding a master's degree as a reading specialist.



JIM POHORSKY has experienced the Lowcountry for over 25 years from a kayak. They are graduates of Iowa State University.

THEATER



THE200: LEAN ENSEMBLE THEATER PRESENTS "MITCHELVILLE"



1 Session | Sunday | Mar 19 | 1-4PM | In-Person only | Offsite (HHI)

OLLI members are invited to attend the world premiere of "Mitchelville" by Aurin Squire. When a young man tries to save his Gullah family home, he dives into the history of his family lineage, the Civil War, and the first town of Black freedmen in America. "Mitchelville" is a story about learning from the past, saving for the future, and keeping a tradition going.

OLLI members who purchase tickets to the March 19 performance will attend a pre-show talk at 1:00 p.m. This 30-minute presentation dives into the making of "Mitchelville." The premier performance will begin at 2:00 p.m. OLLI registration is required for the pre-performance program. Tickets for "Mitchelville" must be purchased directly through Lean Ensemble. To purchase tickets, call Amanda Insull at 843-715-6676.

NOTE: Current OLLI members receive the OLLI price of \$35. A \$10 reduced price.

LEAN ENSEMBLE'S vision is to be the southeast's theater destination that stimulates conversation through topical, entertaining, and professional programming. We invite audiences to lean forward and look at the world in a different way. We will leave you talking and thinking about what you've seen and heard long after you've left the theater. Lean Ensemble places vital importance on its core values to listen, learn, respect, and play.

TRAVEL

TRA200: THE NIAGARA REGION, AN EXCEPTIONAL TREASURE



1 Session | Thursday | Feb 16 | 10AM-12N In-Person only | Hilton Head campus

The exceptional beauty and power of Niagara Falls have drawn people for hundreds of years. The region is strategic as a boundary between the United States and Canada. Wars were waged in the area to maximize its position of strength. We will explore the historic forts on both sides of the Niagara River and several key people who fought for control of the area. The magical allure of the falls has drawn honeymooners and curious vacationers/adventurers as well. The area rides high on the wave of popularity of the wine industry. It excels in several varietals, especially crisp whites, and late-harvest ice wines. Also, the area is home to the George Bernard Shaw Festival which has expanded to draw other forms of music, theater, and art to Niagara's stages.



SUZANNE and PATRICK CRIPPEN traveled extensively during their careers and afterward. Suzanne worked for AT&T and its divested companies for 33 years. Patrick worked in marketing for Frigidaire/Electrolux International.

Their love for travel has created classes on Ireland, Poland, Germany, Canada, and the United States. They have attended OLLI classes in Ohio and SC for 20 years.

TRIPS

TRI200: OLLI ON THE ROAD - GREENVILLE SOUTH CAROLINA

2 Sessions | Wednesday, Thursday | Apr 19, Apr 20 7AM-7PM | In-Person only | Offsite (Greenville, SC)



Join fellow OLLI members and friends for two fantastic days in Greenville!

Wednesday, April 19: Travel to Greenville for an overnight in the heart of downtown at the elegant Westin Poinsett Hotel. After dinner, stroll a block to the Peace Center where an orchestra seat for the Broadway hit "To Kill A Mockingbird" awaits you!

Adapted by Oscar winner Aaron Sorkin for the stage from Harper Lee's Pulitzer Prize-winning novel, this is the story of a Black man accused of rape in pre-civil rights era Alabama and the noble lawyer (Atticus Finch) who defends him. The play opened on Broadway to much critical acclaim in 2018 and is on tour for the first time! The production stars Emmy Award winner Richard Thomas in the role of Atticus Finch and is directed by the Tony winner Bartlett Sher, making this a rare opportunity to enjoy the best of Broadway close to home!

Thursday, April 20: Travelers have options before departing mid-afternoon. Enjoy the day in Greenville shopping, visiting the art and history museums

OLLI ON THE ROAD

OLLI and Weekend Get-Aways are teaming up to sponsor this amazing two day trip to Greenville, SC.

APRIL 19TH & APRIL 20TH



Trip includes:
Overnight Stay @ The Westin
Orcheastra Seat - "To Kill a Mockingbird"
Shopping, Tour of BMW Plant and more....





Contact Scottie Davis to sign up for the trip, get cancellation policy and payment information

Visit: www.weekendgetawaysonatankofgas.com

Reserve by: 2/28

within walking distance of the hotel, checking out local restaurants, renting bikes, walking or running on the scenic Rabbit Trail, or leisurely watching people.

An optional tour of the BMW plant in Greer, SC is also being offered (\$15). Tour the seven million square foot BMW factory that highlights an impressive robotic system and produces more than 1,500 BMW vehicles daily, as well as the Zentrum Museum that traces BMW's history from its beginnings in aviation and motorsports to the rise to prominence on the global stage. Space is limited. The deadline to sign up and pay for the BMW tour is January 15, 2023.

Included: Escorted trip aboard a spacious motor coach with internet and a restroom, overnight accommodations, dinner and breakfast at Westin Poinsett Hotel, orchestra ticket for "To Kill A Mockingbird," snacks, and bus driver's tip.

Cost: Single Room-\$578; Double Occupancy-\$469 per person

Reservation/Payment Deadline: February 28, 2023 (except BMW plant tour/January 15, 2023)

To sign up for the trip, get the cancellation policy, and payment info, contact Scottie Davis via her website at https://weekendgetawaysonatankofgas.com.



SCOTTIE DAVIS, an avid OLLI instructor and owner of Weekend Getaways On A Tank of Gas, is offering this unique opportunity to OLLI members and friends.

WRITING

WRI200: PATH TO PUBLISHING YOUR NOVEL OR MEMOIR



2 Sessions | Monday, Wednesday | Feb 13, Feb 15 | 9AM-12N In-Person only | Beaufort campus

Linda Lovely, the author of 10 published novels, will help would-be authors understand the steps needed to prepare a book they'll be proud to self-publish or publish as a result of a signed contract with a traditional publisher. These steps apply equally to memoirs and fiction genres. The first step is determining personal goals and how they fit within today's diverse publishing options. Lovely will explain the pros and cons of each publishing avenue from potential costs and/or income to turnaround times. Finally, Lovely will cover ways authors can strive to ensure a high-quality manuscript, including

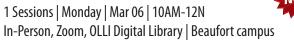
research, point-of-view, setting, dialogue, character development, and story arc.



LINDA LOVELY'S second HOA Mystery, "Neighbors To Die For," is the author's tenth published novel. Whether she's writing cozy mysteries, historical suspense, or contemporary thrillers, her novels share one common

element-smart, independent heroines. Humor and romance also sneak into every manuscript. A long-time member of Sisters in Crime and former chapter president, Lovely also belongs to International Thriller Writers, Mystery Writers of America, and the South Carolina Writers Association. For many years, she helped organize the Writers' Police Academy. She's lived in South Carolina for more than 30 years. For more info: https://lindalovely.com

WRI201: CREATE GREAT CHARACTERS & CHOOSE A POINT OF VIEW



Join Martha as she gives us tips and an in-depth look into character writing and point of view.

M. Z. THWAITE (a.k.a Martha Thwaite Weeks) is the author of "Tidewater Rip" and "Tidewater Hit." Her short story "Flight" was published in The Petigru Review - Volume 9 in 2015.

WRI202: NEWSPAPER ARCHIVES AND HIDDEN TREASURES



Spend some time with Michael DeWitt, award-winning author, storyteller, Salkehatchie Stew playwright, humorist, historian, investigative journalist, and editor of the 144-year-old "The Hampton County Guardian." Discover what can be found hidden in the catacombs of local museums and libraries by searching newspaper archives for the hidden secrets of our past and the stories of our ancestors. Learn about using historical research to write creative nonfiction such as short stories, books, and even skits or community folk plays.



MICHAEL DEWITT *is an award-winning author* and was recently featured on "48 Hours" and "Dateline" for his professional reporting of the Murdaugh case and its impact on Hampton, South Carolina. He is also the author of two soon-

to-be-released books covering the Murdaugh cases and his hometown -"The Fall of the House of Murdaugh" and "Wicked Hampton County: Home of the Murdaugh Crime Saga."

REFUND POLICY

OLLI annual memberships are nonrefundable. Class and additional supply fees, if applicable, are due at the time of registration. PAYGO members are eligible to receive a credit* on their OLLI account to be used for future class enrollments, for in person, and Zoom classes containing no additional fees if OLLI staff are notified, they cannot attend. See Cancellation Policy. NEW! PAYGO members now have the option to switch to Pay-Per-View registration for an OLLI course that is recorded.

* OLLI credits are valid for 1 year

OUT-OF-TOWN VISITOR POLICY

UNLIMITED and PAYGO OLLI members may bring an out-of-town visitor to an OLLI class provided there is available space. A \$15 visitor fee plus any additional fee (if applicable) is required along with preapproval from the OLLI office.



A USCB OLLI parking decal is required on all three campuses. OLLI members are required to park in the student parking lots on the Bluffton campus except for handicapped parking. There is no designated OLLI parking required on the Beaufort and Hilton Head Island campuses. There is handicap parking available on all campuses.



A **cancellation fee** applies to all OLLI courses that have additional fees (supply/trip/tour fees). **UNLIMITED** and PAYGO members will be assessed a \$10 cancellation fee for canceling a course that has additional fees (supply/trip/tour fees). This fee applies any time after enrollment into the class and registration payment. Any balance remaining from that course registration supply fee is credited* to a member's OLLI account for future class enrollments. No credit or balance refund is provided if cancellation is less than 72 hours before the course. Full forfeiture also applies to those members who do not show up for a class.

Example: A member enrolls in a cooking class which has an \$18 supply fee, which was paid upon registration. If the member cancels the enrollment in the class, the member is assessed a \$10 cancellation fee and \$8 is credited to the member's account to be used for a future 2023. class. This credit applies ONLY if the member cancels their enrollment 3 days or longer prior to the class date. If the member cancels the enrollment less than 3 days, or 72 hours, before the class date, the member forfeits the entire \$18 supply fee.

* OLLI Credits are valid for one year.

WRI201

OLLI Digital Library (ODL) Summary

The following courses are scheduled to be recorded and added to the Winter/Spring 2023 OLLI Digital Library (ODL) after their live date listed on the course pages. Members who purchase the Unlimited term (\$125) option will have full access through May 31, 2023. These recordings will also be available to PAYGO members as a Pay-Per-View.

Unlimited Term Members do not need to register for a course offered on ODL..

ca remini	inders do not need to register for a course offered on obe
ART200	CRUISING THROUGH ARCHITECTURAL HISTORY
ART203	SALVADOR DALÍ
BUS200	UNDERSTANDING THE BASICS OF BITCOIN AND BLOCKCHAIN 101 AND WEB 3.0
COI201	TRASH LESS, RECYCLE MORE: REDUCE, REUSE, RECYCLE!
COI204	WHAT IS THE SENIOR LEADERSHIP PROGRAM IN BEAUFORT COUNTY?
COM200	YOU CAN RUN, BUT YOU CAN'T HIDE: WHAT BIG TECH KNOWS ABOUT YOU
ECO201	GRASSROOTS ENVIRONMENTALISM: COMMUNITY BASED OYSTER SHELL RECYCLING PROJECT
ECO202	ASTRONOMY: HOW WE LEARNED HOW THE COSMOS WORKS
ECO204	SHOREBIRDS - OUR CHAPTER IN THEIR STORY
ECO205	CELEBRATING BEACH LIFE WITH A MASTER NATURALIST
ECO212	MYSTERIES OF THE LOWCOUNTRY WATERWAYS
GAR200	THE 4 LAWS OF ECOLOGY AND HOW THEY RELATE TO OUR LANDSCAPES
GAR205	SUSTAINABLE URBAN LANDSCAPES IN A WORLD OF CLIMATE CHANGE AND INVASIVE SPECIES
GAR206	ECO PRINTING AND DYING CLASS
GAR208	PERENNIAL PLANTS, DREAM PLANTS FOR OUR TIME
GOV201	THE NATURAL LAW; ANCIENT, MEDIEVAL, AND MODERN
GOV202	THE WIDOW SPY - THE AUTHOR SHARES HER STORY
HIS200	THE INSTITUTION OF SLAVERY
HIS203	BRINGING THE GILDED AGE TO LIFE
HIS204	RED SHIRTS, WHITE HOODS, AND ELECTION BLUES: 1876
HIS205	TRIANGLE FACTORY FIRE: KILLED 146 AND SAVED MILLIONS
HIS208	1927: THE YEAR THAT SYMBOLIZED THE ROARING 20s
HIS209	PLANTATION PROFILES - COLLETON AND HAMPTON COUNTIES
HIS211	CONTINUITY OR CONFLICT- THE PAPACIES OF JOHN PAUL, BENEDICT AND FRANCIS
HIS212	WWI AND THE UNITED STATES MARINES
HIS215	BOX BOATS: HOW CONTAINER SHIPS CHANGED THE WORLD
HIS216	CASTLES OF WESTERN EUROPE: PROFILES AND HISTORY
	JURY OF ONE
	JEWS IN THE CIVIL WAR: FORGOTTEN COURAGE
	PACIFIC BOARD GAME
	LEARNING THE FACTS ABOUT FOOD LABELS
	THE ORGANIZED HOME: CLEAR THE MESS, REDUCE THE STRESS
	ELECTRIC CARS: IS NOW A GOOD TIME TO BUY ONE?
	DRUGS AND SEX
	DUTCH DELTA WORKS
	IMPLICATIONS OF A RISING CHINA
	THE EVOLUTION OF EUROPE'S DEFENSE ARCHITECTURE SINCE WWII
	POETRY IN RESPONSE TO ART
	TOMFOOLERY: THE WORDS AND MUSIC OF TOM LEHRER
	THE SOUND OF MUSIC: THE REAL FAMILY BEHIND THE STORY
	STAR WARS, RELIGION AND CULTURE
	FASCINATING PSYCHOLOGY EXPERIMENTS THAT EXPLAIN YOUR EVERYDAY LIFE
SCI201	UNDERSTANDING NET ZERO CARBON BY 2050
	ART200 ART203 BUS200 COI201 COI204 COM200 ECO201 ECO202 ECO204 ECO205 ECO212 GAR200 GAR205 GAR206 GAR208 GOV201 GOV202 HIS200 HIS203 HIS204 HIS205 HIS208 HIS209 HIS211 HIS212 HIS215 HIS216 HIS218 HIS219 HIS220

CREATE GREAT CHARACTERS & CHOOSE POINT OF VIEW

	S	7	14 LCCB Jazz Concert 7:00 PM Beaufort CFA	21	88	
Calendar				Beaufort	Bluffton	
OLLI Winter/Spring 2023 Calendar	Friday	9	13	20 10:00 AM-12:00 N MUS200 Chamber Music 1	27 10:00 AM-11:30 AM HIS203 Gilded 1:00 PM-3:00 PM CUL200 Funeral Food	
OLLI Winter,	Thursday	5		Flute Choir Recital 7:00 PM ~ Hargray 156 ~ Bluffton Campus	26 10:00 AM-12:00 N HIS202 Jamestown Zoom	
			12	Beaufort	26 Beaufort HIS2 Bluffton	
	day			Bea	Bea Blu	
	Wednesday	4	11	18 1:30 PM-4:00 PM ING200 Mah Jongg	25 1:30 PM-4:00 PM ING200 Mah Jongg 1:00 PM-2:30 PM ART200 Architectural	
	day				Zoom	In Person/Zoom HHI
	Tuesday	န	10	17	24 10:00 AM-12:00 N HIS201 Anne Frank	31 10:00 AM-12:00 N IST200 Dutch Delta
					HHI	Bluffton HHI Bluffton Offsite
January 2023	Monday	2	6	16	23 10:30 AM-12:00 N HISZOO Slavery 1:00 PM-2:30 PM ARTZOO Architectural	30 10:00 AM-12:00 N HME200 Knee Surgery 10:30 AM-12:00 N HIS200 Slavery 1:00 PM-2:30 PM ART200 Architectural 3:30 PM-5:00 PM HME201 GNMC
Ť	S	1	ω	15 LCCB Jazz Concert 4 PM Church of the Palms Okatie	22	29

	s	4				11					18	12:00N-	1:30PM	ING204	υı	= a	s	S Bluffton	25	12:00N-	L:SOPINI	C C	도 0	ט ע	, v	Bluffton						
3 Calendar			In Person/Zoom HHI	Rluffton			In Person/Zoom HHI		Ħ	ed Bluffton			Beaufort			Ē	;	Bluffton				<i>In Person/200m</i> n'ts Bluffton	er HHI	;	Bluffton	Bluffton						
OLLI Winter/Spring 2023 Calendar	Friday	3	10:00 AM-12:00 N BUS200 Bitcoin	1:00 PM-2:30 PM	-	10	10:00 AM-12:00 N BUS200 Bitcoin		11:00 AM-1:30 PM CUL201 Cupcakes	1:00 PM-3:30 PM FILM201 Film: Cpt Raed	17	10.00 AM_12.00 M	MUS201 Chamber Music 2		10:00 AM-12:00 N	COLZUZ CIIR SAIIUWICI	1:00 PM-2:30 PM	HIS208 1927	24	10:00 AM-12:30 PM	SPO200 Dolphin Kayak	GAR204 Lanscape Don'ts	COI202 Active Shooter		HIS208 1927 3:00 PM-5:30 PM	LIT200 Gaskell						
Winter/			Beaufort				Ī		Beaufort				王		Offsite		Beautort			In Person/700m	王 王				gh School	olic						
OLLI	Thursday	2	10:00 AM-12:00 N FILM200 Festival			6	10:00 AM-12:00 N HME205 Wellness		1:00 PM-3:00 PM HME206 Pain Medicine		16	10.00 AM-12.00 N	TRA200 Niagara	1:00 PM-3:00 PM	HIS207 Penn Center	1:00 PM-3:00 PM	SCIZUU Psychology		23		ECO202 Astronomy			LCCB Concert	6:30 PM ~ Bluffton High School	Open to the Public						
			Bluffton	Bluffton			Bluffton		Beaufort	Zoom			Beaufort		Bluffton	Bluffton		Zoom		,	Offsite	In Person/Zoom		ē	Bluffton		Zoom					
	Wednesday	1	10:00 AM-12:00 N COl200 Cross Currents	3:00 PM-5:30 PM COI200 Cross Currents		8	10:00 AM-12:00 N HME204 Pelvic Floor	10:00 AM-11:30 AM	COI201 Recycle	3:00 PM-4:30 PM COI200 Cross Currents	15	N 00.51 MA 00.0	WRI200 Publishing	10:00 AM-12:00 N	ING203 Organized	LIT200 Gaskell	3:00 PM-4:30 PM	COI200 Cross Currents	22	7:00 AM-7:00 PM	HIS210 Columbia	10:00 AM-11:30 AM In F	ם מו ט	3:00 PM-5:30 PM	LIT200 Gaskell		COI200 Cross Currents					
	Tuesday						10:00 AM-12:30 PM GAR201 Camellias 1 Offsite	1:00 PM-3:00 PM ING202 Misinformation Bluffton		VARANZ Cantellias 2 TBD Early Afternoon HME2012 Facing Fear TBD Evening Boarfort Boarfort		10:00 AM-12:00 N	GAR203 Butterfly HHI		1:00 PM-3:00 PM		M	LEG200 Judge HHI			ECO200 Hunting Island Offsite		ECOZOI Oyster shell	LCCB Concert	6:30 PM ~ May River High School	Open to the Public		10:00 AM-11:30 AM		HME208 Eye Health		
							10 Bluffton G/		Bluffton 2:	<u> </u>	14	-	Beaufort GA			In Person/200m 3C Bluffton		Offsite LE	21	In Person/Zoom 9:0			beautort EU					Bluffton 11		Beautort HI	포	Bluffton
February 2023	Monday					9	10:00 AM-12:00 N GOV200 SC Constitution		1:00 PM-3:00 PM REL200 Star Wars		13	9:00 AM-12:00 N	WRI200 Publishing	10:00 AM-12:00 N	HME207 Breast Health	ire		HIS206 Tie Dye	20		MUS202 Tomfoolery		HISZU9 Plantations				7.7	10:00 AM-12:00 N MUS203 Trapp Family	1:00 PM-2:30 PM In Pe	HIS209 Plantations 1:00 PM-3:00 PM	GOV201 Natural Law	3:00 PM-5:00 PM LEG201 Supreme Court
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3 Calend	 	n Person// Blu: n Person/// Bluf	Beau Person/Z Bluf Person/Z Person/Z	Bluffton	Beaufort In Person/Zoom Bluffton In Person/Zoom	ion Beaufort Bluffton
OLLI Winter/Spring 2023 Calendar	Friday	3 10:00 AM-12:00 N ING205 Electric Cars 1:00 PM-2:30 PM GAR205 Landscapes 1:00 PM-3:00 PM CUL203 Chicken Marsala 3:00 PM-5:00 PM HIS211 John Paul	10.00 AM-12:00 N MUS204 Chamber Music 3 10:00 AM-11:30 AM In IST202 Europe 12:00 PM-2:00 PM CUL205 Small Bites 11:00 PM-3:00 PM In ING208 Sex 3:00 PM-5:00 PM In HS211 John Paul	17 1:00 PM-2:30 PM GAR205 Landscapes	24 10:00 AM-3:00 PM ART202 Drawing #1 10:00 AM-12:00 N HME212 MRNA 3:00 PM-5:00 PM HIS215 Box Boats	31 10:00 AM-12:00 N HME213 Fall Prevention 1:00 PM-3:30 PM FILM202 Film: Son
LLI Winter,	sday	In Person/Zoom Beaufort	Beaufort In Person/Zoom Bluffton	M Offsite Offsite In Person/Zoom Beaufort	Yind HHI	Offsite Vind HHI
0	Thursday	2 1:00 PM-2:30 PM LIT202 Poetry	9 10:00 AM-12:00 N ECO205 Beach 1:00 PM-3:00 PM ING208 Sex	16 10:00 AM-11:15 AM HME209 CPR 10:00 AM-12:00 N ECO205 Beach 1:00 PM-2:30 PM HME210 Food Label	23 10:00 AM-12:00 N CUL206 Chocolate 1:00 PM-3:00 PM HISZ13 Medieval Mind	30 8:00 AM-5:00 PM ECO208 Edisto 1:00 PM-3:00 PM HIS213 Medieval Mind
	Wednesday	In Person/Zoom Beaufort Offsite Bluffton ents Zoom	In Person/Zoom Bluffton Bluffton Ol200 Zoom	ry Bluffton ents Zoom	Ith Bluffton ur Offsite ents Zoom	A in Person/Zoom s Bluffton bali Bluffton
	Wedn	1 10:00 AM-11:30 AM COI203 Cows 10:00 AM-11:30 AW ECC203 Widgeon 1:00 PM-3:00 PM SCI201 Net Zero 3:00 PM-4:30 PM COI200 Cross Currents	8 10:00 AM-12:00 N ECO204 Shorebird 1:00 PM-3:00 PM SCI201 Net Zero 3:00 PM-4:30 PM COI200 Cross Currents	15 10:00 AM-2:00 PM PGD200 Personality 3:00 PM-4:30 PM CO1200 Cross Currents	10:00 AM-12:00 N HME211 Joint Health 1:00 PM-4:00 PM HIS214 History Tour 3:00 PM-4:30 PM COI200 Cross Currents	29 10:00 AM-11:30 AM GAR208 Perennials 2:00 PM-3:30 PM ART203 Salvador Dali 3:00 PM-4:30 PM
	day		HHI Siss Offsite Beaufort HHI	In Person/Zoom HHI Beaufort HHI	HHI reek Offsite Offsite Beaufort	HHI e Offsite Beaufort
	Tuesday		7 10:00 AM-11:30 AM ING206 Bunco 10:00 AM-12:00 N ART201 Stained Glass 1:00 PM-3:00 PM CUL204 Tea 1:00 PM-3:00 PM ING207 Travel	14 10:00 AM-12:00 N GOV202 Widow Spy 1:00 PM-3:00 PM ING209 Fashion 1:00 PM-3:00 PM ECO206 Mammals	21 10:00 AM-12:00 N CUL206 Chocolate 10:30 AM-1:00 PM SPO201 Ebenezer Creek 10:00 AM-3:00 PM ING209 Fashion 1:00 PM-2:30 PM GAR206 Eco Print 1:00 PM-3:00 PM	10:00 AM-12:00 N HIS216 Castles 10:30 AM-4:00 PM HIS217 Bonaventure 1:00 PM-3:00 PM ING209 Fashion
33	Jay		In Person/Zoom Bluffton In Person/Zoom Iriting Beaufort HHI urt Bluffton	ice Bluffton v HHI urt Bluffton	In Person/Zoom Bluffton ach Offsite on HHI	Ŧ
March 2023	Monday		6 10:00 AM-12:00 N In Person/Zoom IST201 China Buffton 10:00 AM-12:00 N In Person/Zoom WRI201 Character Writing Beaufort 1:00 PM-3:00 PM HI 3:00 PM-5:00 PM HI LEG201 Supreme Court Bluffton	13 10:00 AM-11:30 AM GOV203 Secret Service 1:00 PM-3:00 PM GOV201 Natural Law 3:00 PM-5:00 PM LEG201 Supreme Court	20 10:00 AM-12:00 N COM200 Big Tech 10:00 AM-11:30 AM ECO207 Fish Haul Beach 1:00 PM-3:00 PM COM201 ProTECHtion 3:00 PM-4:30 PM HIS212 WWI	27 10:00 AM-12:00 N GAR207 Gardener
	S		<u>υ</u>	12	19 1:00PM- 4:00PM THE200 Mitchel- ville Offsite	26

	_				OLLI Day at the Ball Field	
	S	н	∞	15		29
OLLI Winter/Spring 2023 Calendar	Friday				21 10:00 AM-12:00 N HIS220 Japanese Bluffton	28 1:00 PM-3:30 PM FLM203 Film: Bride Bluffton
pri			7	14	21 1 0:00 A I HIS220	28 1:00 PM FILM203
LI Winter/S	λe		Offsite	Beaufort	Offsite H	13. HHI FI
10	Thursday		6 10:00 AM-11:30 AM PGD202 Meditation	13 10:00 AM-3:00 PM ART205 Drawing #3	20 7:00 AM-7:00 PM TRI200 Greenville	27 10:00 AM-12:00 N ECO212 Mysteries
	Λ		Bluffton	Zoom	Offsite Bluffton Zoom	Beaufort Bluffton Zoom
	Wednesday		5 10:00 AM-11:30 AM HIS218 Jury 3:00 PM-4:30 PM COI200 Cross Currents	1.2 3:00 PM-4:30 PM COI200 Cross Currents	19 7:00 AM-7:00 PM TRI200 Greenville 10:00 AM-12:00 N HIS219 Courage 3:00 PM-4:30 PM COI200 Cross Currents	26 10:00 AM-11:30 AM COI204 Leadership 1:00 PM-3:00 PM HME214 Aging Safely 3:00 PM-4:30 PM COI200 Cross Currents
	day		Beaufort		ruise 1 Offsite	#1 Offsite #2 Offsite <ayak offsite<="" th=""></ayak>
	Tuesday		4 5:00 PM-7:00 PM PGD201 Life	11	18 10:00 AM-12:00 N ECO209 BFT River Cruise 1 3:00 PM-4:30 PM ING210 Wine Palate	10:00 AM-12:00 N ECO210 Waterways #1 1:00 PM-3:00 PM ECO211 Waterways #2 2:30 PM-5:00 PM SPO202 Spider Lily Kayak
	_		Beaufort	Offsite		
April 2023	Monday		10:00 AM-3:00 PM ART204 Drawing #2 10:00 AM-11:30 AM WRI202 Newspaper	9.30 AM-11:30 AM GAR209 Garden Tour	17	24
	S		2	6	16	23

Sunday, April 30 ~ LCCB Jazz Concert 7:00 PM, Beaufort campus CFA

Tuesday, May 2 ~ 10:00 AM- 12:00N ECO213 BFT River Cruise 2 - Offsite

Sunday, May 21 ~ LCCB Concert 7:00 PM, Henry Chambers Waterfront Park, Beaufort

Tuesday, May 9 ~ 9:00 AM- 12:00N ECO214 Nemours - Offsite

NEW PARKING DECALS FOR 2023

DOES YOUR PARKING DECAL LOOK LIKE THIS?

OR



If so, your current decal will expire in October and a new decal will be issued to you over the summer.



If so, then no need for a new sticker! Your decal is new and does not expire.





OLLI members learning the art of Southern biscuit making with Callie's Hot Little Biscuit founder and "How She Rolls" PBS star - Carrie Morey.



OLLI MEMBERSHIP & REGISTRATION FORM **WINTER/SPRING TERM 2023**

Name	Cell Phone:						
	☐ No, I do not wish to have you text me.						
Address:	Yes, please text me class reminders/cancellations/emergency alerts						
City, ST., Zip:	Home Phone:						
Development / Community:	Email:						
	bership Required (\$40) or 365 days						
☐ Renew my OLLI Membership	OR						
☐ I have read the Code of Conduct and Refund Policy (Page 33)							
Winter/Spring	Term Fee Options						

PAYGO (Pay As You Go) - \$15 per course

Pay for each class separately upon registration through the term

UNLIMITED - \$125

*Pre-paying the Unlimited term fee is required before registering for OLLI courses.

2023 NEW CANCELLATION FEE

A **cancellation fee** applies to all OLLI courses that have additional fees (supply/trip/tour fees).

UNLIMITED and PAYGO members will be assessed a \$10 cancellation fee for canceling a course that has additional fees (supply/trip/tour fees). This fee applies any time after enrollment into the class and registration payment. Any balance remaining from that course registration supply fee is credited* to a member's OLLI account for future class enrollments. No credit or balance fund is provided if cancellation is less than 72 hours before the course. Full forfeiture also applies to those members who do not show up for a class.

*OLLI credits are valid for one year.

Name				Phone			
In-Person	ART200 Architectural	OSHER LEFELONG LEARBING INSTITUTE	UNIVERSITY OF SOUTH CAROLINA BEAUFE	3	In-Person Random Draw	ECO205 Beach	
In-Person Random Draw	ART201 Stained Glass	In-Person	COM201 ProTECHtion		In-Person	ECO206 Mammals	
In-Person Random Draw	ART202 Drawing #1 Supply Fee 10.00	In-Person Random Draw	CUL201 Cupcakes	Supply Fee 18.00	In-Person Random Draw	ECO207 Fish Haul Beach	Tour Fee 18.00
In-Person	ART203 Salvador Dali	In-Person Random Draw	CUL202 Chk Sandwich	Supply Fee 18.00	In-Person Random Draw	ECO208 Edisto	Tour Fee 75.00
In-Person Random Draw	ART204 Drawing #2 Supply Fee 10.00	In-Person Random Draw	CUL203 Chk Marsala	Supply Fee 18.00	In-Person Random Draw	ECO209 River Cruise 1	Tour Fee 48.00
In-Person Random Draw	ART205 Drawing #3 Supply Fee 10.00	In-Person	CUL204 Tea		In-Person Random Draw	ECO210 Waterways #1	Tour Fee 35.00
In-Person Zoom	BUS200 Bitcoin	In-Person Random Draw	CUL205 Small Bites	Supply Fee 18.00	In-Person Random Draw	ECO211 Waterways #2	Tour Fee 35.00
In-Person Zoom Sessions 2-13	COI200 Cross Currents	In-Person	CUL206 Chocolate		In-Person	ECO212 Mysteries	
In-Person	COI201 Recycle	In-Person Random Draw	ECO200 Hunting Island	Tour Fee 18.00	In-Person Random Draw	ECO213 River Cruise 2	Tour Fee 48.00
In-Person	COI202 Active Shooter	In-Person	ECO201 Oyster Shell	Supply Fee 18.00	In-Person Random Draw	ECO214 Nemours	Tour Fee 18.00
In-Person Zoom	COI203 Cows	In-Person Zoom	ECO202 Astronomy		In-Person	FILM200 Festival	
In-Person	COI204 Leadership	In-Person Random Draw	ECO203 Widgeon	Tour Fee 18.00	In-Person	FILM201 Film: Cpt Raed	
In-Person Zoom	COM200 Big Tech	In-Person Zoom	ECO204 Shorebird		In-Person	FILM202 Film: Son	

Name			Phone		
In-Person	FILM203 Film: Bride	In-Person Zoom	GOV202 Widow Spy	In-Person Zoom	HIS211 John Paul
In-Person	GAR200 Landscapes	In-Person	GOV203 Secret Service	In-Person	HIS212 WWI
In-Person	GAR201 Camellias 1	In-Person	HIS200 Slavery	In-Person	HIS213 Medieval Mind
In-Person	GAR202 Camellias 2	Zoom	HIS201 Anne Frank	In-Person Random Draw	HIS214 History Tour Tour Ference 45.00
In-Person	GAR203 Butterfly	Zoom	HIS202 Jamestown	In-Person Zoom	HIS215 Box Boats
In-Person Zoom	GAR204 Lanscape Don'ts	In-Person	HIS203 Gilded	In-Person	HIS216 Castles
In-Person	GAR205 Landscapes	In-Person Zoom	HIS204 Red White Blue	In-Person Random Draw	HIS217 Bonaventure Tour Ferral 35.00
In-Person	GAR206 Eco Print	In-Person Zoom	HIS205 Triangle Fire	In-Person	HIS218 Jury
In-Person	GAR207 Gardener	In-Person Random Draw	HIS206 Tie Dye Supply Fee 10.00	In-Person	HIS219 Courage
In-Person Zoom	GAR208 Perennials	In-Person Random Draw	HIS207 Penn Center Tour Fee 18.00	In-Person	HIS220 Japanese
In-Person	GAR209 Garden Tour	In-Person	HIS208 1927	In-Person	HME200 Knee Surgery
In-Person	GOV200 SC Constitution	In-Person Zoom	HIS209 Plantations	In-Person	HME201 GNMC
In-Person	GOV201 Natural Law	In-Person	HIS210 Columbia Tour Fee	In-Person	HME202 Facing Fear

Name				Phone		
In-Person	HME203 Facing Fear	In-Person	ING202 Misinformation		In-Person	LEG201 Supreme Court
In-Person	HME204 Pelvic Floor	In-Person	ING203 Organized		In-Person	LIT200 Gaskell
In-Person	HME205 Wellness	In-Person	ING204 Chess		In-Person	LIT201 Home Guard
In-Person	HME206 Pain Medicine	In-Person Zoom	ING205 Electric Cars		In-Person Zoom	LIT202 Poetry
In-Person	HME207 Breast Health	In-Person	ING206 Bunco	upply Fee 10.00	In-Person	MUS200 Chamber Music 1
In-Person	HME208 Eye Health	In-Person	ING207 Travel		In-Person	MUS201 Chamber Music 2
In-Person	HME209 CPR	In-Person Zoom	ING208 Sex		In-Person Zoom	MUS202 Tomfoolery
In-Person Zoom	HME210 Food Label	In-Person Random Draw	ING209 Fashion	Tour Fee 18.00	In-Person	MUS203 Trapp Family
In-Person	HME211 Joint Health	In-Person Random Draw	ING210 Wine Palate	upply Fee 25.00	In-Person	MUS204 Chamber Music 3
In-Person Zoom	HME212 MRNA	In-Person Zoom	IST200 Dutch Delta		In-Person	PGD200 Personality Supply Fee 10.00
In-Person	HME213 Fall Prevention	In-Person Zoom	IST201 China		In-Person	PGD201 Life
In-Person	HME214 Aging Safely	In-Person Zoom	IST202 Europe		In-Person	PGD202 Meditation
In-Person	ING200 Mah Jongg	In-Person	LEG200 Judge		In-Person	REL200 Star Wars

Name		Phone							
In-Person	SCI200 Psychology	DONATE							
In-Person	SCI201 Net Zero	WORK WAYS TO GIVE TO USCB OLLI							
In-Person Random Draw	SPO200 Dolphin Kayak Tour Fee	Consider A Gift To OLLI Consider making a tax-deductible gift to OLLI in a myriad of ways. Every dollar of your donation goes towards serving membership and creating educational and inspiring programs. Your gift directly impacts the strength and sustainability of USCB OLLI today and							
In-Person Random Draw	SPO201 Ebenezer Creek Tour Fee	on the road ahead. A Unique Gift:							
In-Person Random Draw	SPO202 Spider Lily Kayak Tour Fee	To celebrate a birthday, anniversary or special occasion: to honor the memory of a loved one, friend, or instructor, consider giving a gift in their name and/or a gift certificate for membership and term fee.							
In-Person	THE200 Mitchelville	A Gratitude Gift: As a way to say "Thank You" to someone who touched your life or made an impact on you and your community, a donation in their name celebrating lifelong learning is a meaningful gift. A Legacy Gift: Leave a legacy. Consider OLLI in your will and planned giving opportunities. There are many ways to structure this thoughtful and planned type of gift. As a way to say "Thank You" to							
In-Person	TRA200 Niagara								
In-Person	TRI200 Greenville	someone who touched your life or made an impact on you and your community, a donation in their name celebrating lifelong learning is a meaningful gift.							
In-Person	WRI200 Publishing	Volunteering: Volunteers are essential to the success of OLLI through their assistance on projects, serving on curriculum and membership committees and acting as check-in helpers at classes. Volunteering is another currency to strengthen and sustain the USCB OLLI organization.							
In-Person Zoom	WRI201 Character Writing	For more information or to schedule a confidential conversation regarding your tax-deductible donation to USCB OLLI, please contact							
Zoom	WRI202 Newspaper	OLLI Director, Andrea Sisino at 843-208-8249. Thank you for being a part of the USCB OLLI community!							
	OLLI MEMBERSHIP \$40 (If applicable): OLLI Donation:								
CHECK #:		# of Pay-Go Classes x \$15 = \$ Additional Fee(s) (if applicable): \$							
		Type of Card:VISA MC DISCOVER AMEX							
CARD NUME	BER:	EXP. DATE:/							
SECURITY C	CODE	TOTAL AMOUNT TO BE CHARGED: \$							

Thank you OLLI Volunteers

Thank you so very much for playing a critical role to OLLI's success. You are an integral part of the OLLI team and fulfilling OLLI's mission.

CURRICULUM TEAMS

Bluffton

Pauline Arendt Oliver David-Hill Baker Greg Blackburn Marianne Conti Judy David Judy Dyer Paula Harris Diana Heitman Mike McCurdy Isabel Menendez

Hilton Head Island

Rob Baumel Annette Claus Carolyn Foster Frankie Korosi Marie McClune Linda Tobeson

Beaufort

Lydia Beason Cindy Bledsoe Katherine Tandy Brown Kathleen Jordan Barbara Krakehl Debbie Reier Jim Rosen MJ Simmons

SOCIAL COMMITTEE

Susan Anderson Edna Coombs Charlotte Hoffman Laury Maass Barbara McCarl Susan Montanari Craig Pelley Sandi Schroeder Jane Theissen Anna Trovato Carl Trovato Cynthia Tyndall Thomas Weller

MEMBERSHIP COMMITTEE

Bluffton

Marilyn Arseneau Melissa Damiano Kathy DeLong Carol Hartman

Hilton Head Island

Marie McClune Lois McCue

Beaufort

Deb Hedge Karen McDowell Joanne Miller Jim Rosen

INSTRUCTORS - WINTER/SPRING 2023

Sarah (Tippy) Amick Robert Andreucci Deborah Barnum Victoria Bergesen Roaer Bernier Dick Bjornseth Greg Blackburn Cynthia Bledsoe Harvey Brown, Ph.D. Dawn Brut Cynthia Buckley Richard Buffa Dennis Butler Mark Callen Kevin Campbell Roxanne Cheney Tom Condame Brice Cooper Debbi Covington Sue and Pat Crippen Brian Cudahy, Ph.D.

Michael DeWitt, Jr. Wendy Dickes Raymond Dominick Deborah Edmondson Steven Emery Ron Erdel Stephen Ethier Mary Filak Jean Fruh Jeff Glazer Tara Grahovac Zachary Green Bob Guinn Rabbi Robert Haas Wendy Hilty Peter Hoffmann Michael Hudock Amanda Insull Randy James, Ph.D. Juan Carlos Jimenez, Ph.D. Michael Johns Cassi Kilpatrick Richard Kligler Heather Kraus

Gerald Larson Robert LeFavi, Ph.D. Elly Levin Linda Lovely Mike MacDonald Michael Maddaloni David Manzi, J.D. Peter McAllister, Ph.D. Janet McCauley Marie McClune Chloee McGuigan Vicky McMillan Stephen Meyer, J.D. Jill Moore Barbara Moschitta Tonya Murphy Meredith Nelson Jim Nicholson Hank Noble Bruce Oliver Jaime Patillo, MS, OTR/L Martha Peterson Margaret Pickett Jim & Teri Pohorsky Jack Rabbitt

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