FALL 2023
CURRICULUM GUIDE

OLLI
the Lowcountry's
LIFELONG LEARNING COMMUNITY

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OLLIFREQUENTLYASKEDQUESTIONS

WHAT IS OLLI?
OLLI is the acronym for the prestigious Osher Lifelong Learning Institute offered at 125 Universities throughout the country. OLLI provides intellectual, social, and cultural enrichment opportunities in a climate that fosters friendship and a mutual sharing of ideas and life experiences.

MISSION
The Osher Lifelong Learning Institute (OLLI) at the University of South Carolina Beaufort (USCB) is devoted to creating and sustaining a robust and thriving lifelong learning community specifically developed for adults 50 and older through intellectual and social programs.

WHY JOIN OLLI?
People who are active, engaged in their communities, and who continue learning throughout their lives feel more productive and purposeful, and are healthier and happier. Members share common bonds of intellectual curiosity and the experience of their generation. They are self-motivated learners, eager to share opinions, knowledge, and expertise with humor and mutual respect. OLLI offers opportunities to meet new friends, make contacts, and develop connections. In addition to lectures, members can attend social events, take field trips, and participate in a myriad of other short courses that better one’s quality of life, providing a personal sense of health, engagement, and overall well-being.

WHO TEACHES THE COURSES?
OLLI’s philosophy is “teach your passion.” Our volunteer instructors are fellow lifelong learners, just like you. They may teach topics related to those they pursued before retirement or may share their knowledge in a new area of interest.

HOW MUCH DOES IT COST?
OLLI memberships are $40 annually. Membership grants you access to all OLLI programs across our three regions. There are three terms within a year, Winter/Spring, Summer, and Fall. Members can choose between an UNLIMITED or PAYGO option. Unlimited allows a member to take as many classes within that term as they wish for just $125. PAYGO allows members to pay per class for just $15. Summer classes are FREE for OLLI members.

HOW DO I BECOME AN OLLI MEMBER?
You can sign up online at www.uscb.edu/olli or visit any of the three OLLI locations across the Lowcountry.

Registration opens August 15 and runs through December 11
MEET YOUR OLLI STAFF

Annette Claus
Program Coordinator
Hilton Head Island

Marianne Conti
Program Coordinator
Bluffton

Frankie Korosi
Program Coordinator
Hilton Head Island

CJ Oremus
Registrar
Bluffton

Margot Phillips
Program Coordinator
Beaufort

Terry Reed
Member Services
Bluffton

MJ Simmons
Program Coordinator
Beaufort

Andréa Sisino
Director

Marcia Wilson
Admin. Assistant
Bluffton

Contact Information

Website - www.uscb.edu/olli
Registration Website - www.olli.uscb.edu
Phone - (843) 208-8247
Email - olli@uscb.edu
Mailing address - 1 University Blvd., Rm. 161, Bluffton, SC 29909
Follow us on Facebook - www.facebook.com/olliuscb
Offices on all three campuses

Membership

Annual Membership - $40
• Membership into 1 of 125 OLLI communities nationwide
• Ability to participate in OLLI courses during the Fall, Winter/Spring and Summer terms.
• Free “pop-up” OLLI lectures and Summer programs
• USCB campus library membership and access to research
• Discounted meals at USCB dining facilities
• Discounted tickets to USCB Chamber Music concerts
• Discounted fees to USCB Continuing Education classes
• Participation in the OLLI Lowcountry Community Concert Band
• Free USCB campus student parking permit ($25 value)

Term Fees

PAYGO ($15 per course) Pay for each class separately upon registration through the term. OLLI courses, regardless of the number of sessions, are $15 for the entire course whether it is taken live in-person, or live on Zoom. Upgrade to Unlimited at any time and apply already paid class fees to the upgrade.

UNLIMITED ($125) allows you to take as many live in-person and/or live Zoom courses as you wish through the term, and have complete access to the OLLI Digital Library throughout the current term.

CANCELLATION POLICY

A $10.00 cancellation fee applies to OLLI courses that only have additional fees (supply, trip, tour fee).
See page 39 for details.
**USCB CHAMBER MUSIC**

**THE LOWCOUNTRY’S FINEST CLASSICAL MUSIC SERIES**

**23-24 SEASON**

November 12  
December 10  
January 28  
March 3  
April 7

**USCB CENTER FOR THE ARTS | BEAUFORT CAMPUS**

CALL 843.208.8246 TO PURCHASE TICKETS  
($10 OFF TICKET FOR OLLI MEMBERS)  
www.uscbchambermusic.com

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**USCB OLLI**

**LOWCOUNTRY COMMUNITY CONCERT BAND**

**Celebrating Over 10 Years of Music**

Join the Lowcountry Community Concert Band, the Flutes of the Lowcountry and the Lowcountry Jazz Band for an array of musical performances this season.

For upcoming concert dates and locations, please visit www.ollilccb.com or check your weekly Sunday OLLI emails.

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**LANGUAGE CLASSES**

**CONVERSATIONAL SPANISH I**

BEAUFORT CAMPUS  
Center for the Arts Building | Room 101  
Aug 29 - Nov 28 | Tuesday  
7 - 8:30 pm  
$225 for OLLI members

**CONVERSATIONAL SPANISH II**

BLUFFTON CAMPUS  
Hargray Building | Room 204  
Aug 31 - Nov 30 | Thursday  
7 - 8:30 pm  
$225 for OLLI members

Call 843.208.8246 to register

Go to www.uscb.edu/continuingeducation for more course information and coursebooks
ART & CULTURE

**ART100: CALLIGRAPHY**
1 Session | Friday | Sep 22 | 10AM-12N
In-Person only | Bluffton campus
**Limited Enrollment - 40**

Calligraphy is the art of beautiful writing. Students will learn basic pen strokes, which will produce a variety of results. Guided practice will be used to accomplish lower and uppercase letters, numbers, punctuation marks, and flourishes.

**NOTE:** Students are encouraged to bring any calligraphy pens or supplies they may have to this class. Pens will be available to purchase at the class for $3.00. Exact change is requested.

**BARBARA KRAKEHL** is a retired educator who has found time to explore and enjoy art. She finds pleasure in sharing some of the many opportunities for art appreciation and experiences available in the community.

**ART101: THE ART OF ARCHITECTURE**
3 Sessions | Monday, Friday | Oct 02, Oct 06, Oct 09 | 1-3PM
In-Person, OLLI Digital Library | Bluffton campus

Prof. Larson will discuss ten of his favorite buildings, starting from the architect’s concept, discussing important details, and then walking through each building discussing what works and what (if anything) might have been done better - Frank Lloyd Wright, Unity Temple in Oak Park, IL 1905; Louis Kahn, Salk Institute in La Jolla, CA, 1960; Le Corbusier, Villa Stein, Paris, 1928; Juha Leviska, Myrramaki Library in Helsinki, 1984; Gunnar Asplund, Woodland Cemetery, Stockholm, 1935; Alvar Aalto, Paimio Sanitarium, Paimio, Finland, 1928; Jacques-Germain Soufflot, Sainte-Geneviève (The Paris Pantheon), 1758; Henri Labrouste, Bibliothèque Sainte-Geneviève, Paris, 1843; and Burnham & Root, The Monadnock Block, Chicago, 1890.

**GERALD LARSON** (Master of Architecture at University of Michigan) is a Professor Emeritus of Architecture at the University of Cincinnati, where he taught architecture and architectural history for over 40 years. He is currently completing a book, "The Skyscraper and the White City," written as a prequel to Erik Larson’s (no relation) best-seller "The Devil in the White City."

**ART102: CREATIVE PHOTOGRAPHY AT THE POINT**
2 Sessions | Friday | Oct 06, Oct 13 | 10AM-12N
In-Person only | Beaufort campus
**Limited Enrollment - 15**

This two-session course features classroom instruction and a hands-on field trip walking the historic lanes of The Point. The first session begins with a short presentation on learning to be more creative with your photography (versus a snapshot/documentary photo) followed by a one-hour photo shoot at The Point adjacent to the USCB Beaufort campus. You will learn the importance of composition, technical quality, and impact when creating a photo. The second session will be a group critique and learning session on the photos taken in the first session.

**NOTE:** Please bring your camera with the battery charged and a memory card installed.

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**MEMBERSHIP**

Make sure your membership is current through the term; otherwise, you will not be able to register for classes beyond your membership expiration date.

**RANDOM DRAW**

Some classes/tours have limited enrollment due to the nature of the course and the random draw process allows all OLLI members equal access to register. When registering, members signing up for limited enrollment courses are placed in a queue and randomly selected on September 25, 2023, and contacted via email and phone to pay any PAYGO, supply, trip, or tour fees. Those not selected initially will be placed on the waitlist in case of cancellations, which are very common.
SANDY DIMKE is a fine art photographer who shares her love of the art of photography through lectures, presentations, judging, and workshops throughout the southeast. Published books include "Hands Across the Lowcountry" and "The Cats of Beaufort."

ART103: PAINT PARTY SEASONAL DÉCOR
1 Session | Monday | Oct 09 | 1-3PM
In-Person only | Beaufort campus
Supply Fee $30
Limited Enrollment - 17

Join us for a fun painting party where we will paint a 12" wood truck door hanger. It comes with six inter-changeable "loads" for a quick and easy front door transformation from season to season. We will be guided by local artist Camilla Pagliaroli, owner of Create with Camilla. Come ready to have fun and make new friends!

CAMILLA PAGLIAROLI owns Create with Camilla and teaches paint parties, art camps, and workshops for adults and children in the Lowcountry and online. She has exhibited in the United States and Italy and paints commissions on request.

ART104: INTRO TO DRAWING - MORNING
2 Sessions | Monday, Wednesday | Nov 06, Nov 08
9AM-12N | In-Person only | Beaufort campus

There are many keys to drawing including learning how to see your subject and to trust your eyes as an artist. Learn several techniques to help you use your right brain and create unique drawings based on what you see, not what you know. This is a two-session class offered as either 2-morning sessions or 2-afternoon sessions:
- Session 1 - techniques to draw from photos.
- Session 2 - techniques to draw from life and observation.

Both sessions are for absolute beginners as well as those with some drawing experience.

ART105: INTRO TO DRAWING - AFTERNOON
2 Sessions | Monday, Wednesday | Nov 06, Nov 08
1-4PM | In-Person only | Beaufort campus

BUSINESS & FINANCE
BUS100: STRATEGIES TO MANAGE LONG-TERM CARE RISK
1 Session | Friday | Oct 13 | 1-3PM | In-Person only | Bluffton campus

This course will cover the options of how to utilize different financial tools and strategies for managing the extra expense of long-term care. It will answer questions such as: Can I afford to self-insure? Do I need insurance and what is the best type of coverage for my needs? What is asset-based long-term care insurance? Is a reverse mortgage a suitable option? A complimentary analysis is available that confirms/defies the needs or not of long-term care risk coverage.

LAMY BRODHEAD-BUCK provides creative and holistic financial longevity solutions to help those already or soon to be retired. Lamy earned a B.S. in Finance from the University of Florida. She is life and health insurance licensed, securities registered, and Certified Income Specialist (CIS). Lamy has additional training in helping Federal Employees (FERS and CERS) understand and better utilize their Thrift Savings plans, and pensions.

JIM DAVIDSON focuses exclusively on helping people 62 and older utilize their housing wealth to enjoy a more comfortable and secure retirement. Whether it’s funding long-term care expenses, preserving assets from premature erosion, increasing cash flow, or providing a stand-by buffer asset to help manage risk, housing wealth has become a vital part of today’s retirement plan.
Whether you are new to OLLI or a veteran member, we invite you to join the staff to take a deeper dive into OLLI here in the Lowcountry and at the national level.

**Part One:** Get to know the staff and learn about OLLI’s founder, mission, and national and local course offerings.

**Part Two:** Take a guided tour of the USCB campus.
   - **Bluffton campus:** tour the amenities available to you including the library, dining areas, post office, and campus bookstore.
   - **Beaufort campus:** learn about the amenities available including the library, Center for the Arts, and Chamber Music.
   - **Hilton Head campus:** take a guided tour of the USCB Hilton Head Hospitality Campus that houses the Center for Event Management.

**Part Three:** Enjoy a sweet treat while you mingle with your peers, instructors, and the OLLI staff and learn about volunteer opportunities at OLLI.

**Part Four:** Rejoin us in the classroom to become more familiar with OLLI class registration/cancellation, course evaluations, the Online Digital Library (ODL), Zoom, live streaming, and communication methods.

**NOTE:** Wear walking shoes for the guided campus walking tour. If you are not comfortable joining the tour, you are welcome to wait in the lobby or classroom for the group’s return.

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**COI101: REMEMBERING 9/11: A PERSONAL ACCOUNT**

1 Session | Monday | Sep 11 | 10-11:30AM
In-Person only | Bluffton campus

Present at the Pentagon on 9/11, Craig spent the next two days helping first responders at the crash site. Returning to Hawaii three days later, he led the initiative to secure the state, an effort that resulted in national recognition. Hear his insights into the challenges of responding to a disaster of this scale and learn more about the intended targets in Washington D.C. and the breakdown in intelligence leading to the attack.

**CRAIG WHELDEN,** retired Major General, spent 30 years in the U.S. Army and another nine as a member of the Senior Executive Service (SES) with the U.S. Marine Corps. Along the way, he led thousands of soldiers, sailors, and marines at each level from Lieutenant to General Officer to Senior Executive – with 10 years in Europe and another 12 in the Pacific.

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**COI102: MAXIMIZE YOUR OLLI EXPERIENCE – HILTON HEAD**

1 Session | Tuesday | Sep 12 | 10:30AM-12N
In-Person only | Hilton Head campus

**COI103: MAXIMIZE YOUR OLLI EXPERIENCE – BLUFFTON #2**

1 Session | Wednesday | Sep 13 | 9-11:30AM
In-Person only | Bluffton campus

**COI104: MAXIMIZE YOUR OLLI EXPERIENCE – BEAUFORT**

1 Session | Thursday | Sep 14 | 10-11:30AM
In-Person only | Beaufort campus

In the fall of 2020, Dr. Bruce Marlowe took 23 USCB students to Finland. They were struck by the happiness and academic engagement of Finnish school children. Why, the students asked, don’t American schools look like this? In this talk, Professor Marlowe will present there really is something terribly wrong with schools in the United States, and what is happening reflects the broader erosion of public goods and services occurring throughout the country and in much of the Western world.

**DR. BRUCE MARLOWE,** Ph.D. has 40 years of experience in education from K thru Graduate Education, including teaching, administration, research, author, and speaking throughout the US and internationally. Dr. Marlowe currently chairs the USCB Education Dept. and teaches Educational Psychology and Special Education.
**COI106: GREENWAYS FOR ALL: HOW TO MAKE WALKING AND BIKING SAFE AND INVITING**
1 Session | Monday | Oct 02 | 10-11:30AM
In-Person only | Bluffton campus

The course focuses on the many benefits of "greenways," also known as multi-use or shared-use paths, which provide safe space for walking, jogging, bicycling, etc. for all ages, backgrounds, and abilities. Greenways are versatile facilities that serve as both linear parks and non-motorized transportation facilities. Learn the planning and design best practices and see examples of greenway networks that have been successfully implemented in other communities.

**BRENT BUICE** is the Georgia and South Carolina Manager for the East Coast Greenway Alliance. An expert in active transportation facilities and planning, Brent has been sharing the benefits and best practices of greenways and "complete streets" with students, elected officials, agency staff, and civic organizations since 2009.

**COI107: LOWDOWN FROM A LOWCOUNTRY LOCAL**
1 Session | Wednesday | Oct 04 | 10AM-12N
In-Person, Zoom | Bluffton campus

Dr. Ellen Malphrus, English professor, author, and 2023 recipient of the USC Carolina Trustees Professorship, will share stories of her small-town upbringing in Jasper and Beaufort Counties. Malphrus' childhood bears a striking resemblance to that of Scout Finch, only with pluff mud between her toes. Though she travels far and wide, she has remained rooted to the marshes and live oaks of the Lowcountry. Join us for a casual conversation about what has changed in recent decades and what hasn’t with customs, landscapes, and foodways of the Gullah-Geechee communities of her youth.

**ELLEN MALPHRUS**, Ph.D. is USCB’s Writer-in-Residence. She teaches creative writing and Southern and American literature at USCB. James Dickey was her MFA graduate director. She holds a Ph.D. in 20th-century American literature. Pat Conroy wrote the foreword to her novel "Untying the Moon." Ellen was born and reared up the road in Ridgeland, SC.

**COI108: CHANGING DEMOGRAPHICS OF THE LOWCOUNTRY/COASTAL EMPIRE AND YOU: THE KOREAN WAVE**
1 Session | Friday | Oct 20 | 10:30AM-12:30PM
In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Our region is changing dramatically and it is happening now with Hyundai building a $5.54 billion EV plant 37 miles from USCB Bluffton (largest foreign investment in Georgia); the South Korean PGA Cup moved to Jasper County (Congaree) in 2022; the Talmadge bridge is raising clearance for bigger ships; the largest STS cranes on the East Coast were delivered in Savannah; and almost every American home is using/consuming South Korean products (Samsung, LG, Kia, Hyundai, SK, K-pop, K-drama). Yet, few Americans know much about this culture that has not been generally taught in schools.

**JUANITA BABET VILLENA-ALVEREZ** arrived at USCB in 1994 to teach French, Spanish, and Global Studies. Her accolades include Sorbonne graduate, initiated USCB’s 1995 study abroad, 1998 USCB Professor of the Year, 2010 South Carolina Governor’s Professor of the Year, 2012 South Carolina Board of Trustees Professorship, 2018 Fulbright-Hays Group Seminar in Poland, and 2019 Fulbright Poland’s 60th-anniversary keynote speaker with an introduction from the U.S. Ambassador.

**COI109: ALL YOU NEED IS LOVE…and these 25 DOCUMENTS**
1 Session | Wednesday | Nov 15 | 1-3PM
In-Person only | Bluffton campus

Most of us realize the importance of organizing financial and legal affairs so loved ones and appointed agents will be able to step in and help with minimal difficulty in the event of our death or incapacity. Many don’t get around to doing it because they don’t want to think about it. This course is based, in part, on "The Conversation Project," a national program dedicated to helping people talk about their wishes for end-of-life care and will help participants get started.

**ROXANNE CHENEY**, a retired U.S. Marine Corps colonel, has been a professional organizer and daily money manager since 2009.
COM100: SOCIAL MEDIA FOR THE SOCIALLY CHALLENGED
1 Session | Wednesday | Nov 01 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

Understanding the differences among social media platforms can be challenging to those who came late to the party and now find themselves one step behind their friends and family. Is there a difference between Snapchat and Instagram? What’s the deal with TikTok? From dipping your toes into the social media waters to syncing with multiple applications, Dr. Caroline Sawyer, Associate Professor of Communication Studies, will navigate through the various formats.

ABIGAIL VINING, USCB junior English major, Associate Producer of “By The River.”

Dr. CAROLINE SAWYER, Ph.D. USCB Associate Professor of Communication Studies, Program Director of Sand Shark Center for Innovative Media, and Producer SCETV’s “By The River.”

COM101: COMPUTER HOME NETWORKING 101
1 Session | Monday | Nov 06 | 10:30AM-12:30PM
In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Home networks play an important part in our homes by enabling communication, entertainment, security, and control. This class will cover the basics of wired and wireless networks, network performance, and network security. We will provide a summary of the equipment in your home and the role each item plays in making the network work.

JOE CHAPPELL owns Connected HHI, a network security and managed IT business serving businesses and non-profits locally. Before moving to Hilton Head, he worked for and managed software companies serving Fortune 500 companies and governments in areas including integration, distributed data management, and application development.

COM102: ONLINE PRO-TECH-TION: STOP THE SCAMS
1 Session | Wednesday | Nov 08 | 10:30AM-12:30PM
In-Person only | Hilton Head campus

Stop the Scams! Online scams are at an all-time high and more sophisticated than ever. In this course, you will learn how to identify scams on the internet, in your email, and on your smartphone. Learn how to protect your personal information and browse, shop, and bank securely online. This course is intended to empower you to use your technology safely and with confidence.

TONYA MURPHY is the owner of The Gadget Tutor, a technology firm based on Hilton Head Island. Before starting her own technology company, she worked at Best Buy and AT&T where she won multiple awards for outstanding service. She has helped thousands of people with their technology needs over the past decade and prides herself on educating her customers on how to stay safe online.

COM103: A COMPUTER HISTORY FROM BABBAGE TO WINDOWS
1 Session | Thursday | Nov 09 | 10:30AM-12:30PM
In-Person only | Hilton Head campus

Where did all these computers come from and why? A fascinating look back at the development of computer technology from the early 1800s until almost the present. We will look at the first computer that took 200 years to build, computers that didn’t win World War II, talk about hardware and software, what the government hid from the American people after World War II, just who invented the bit, and lots more.

BILL LEAHY attended Virginia Tech and was a co-op student with IBM. He graduated with degrees in ceramic engineering and worked for Corning, then went back to school at Georgia Tech in computer science at age 50! After graduating, he stayed and taught for 20 years. Bill retired in 2017 and moved to Hilton Head Island. He loves teaching people how to enjoy using computers.
"You Can Run, But You Can’t Hide: What Big Tech Knows About You, Why They Want to Know It, How They Get It, and What They Do With It" is the chilling title. Facebook, Google, Amazon, and all the others - we know they collect data about us. But what exactly do they collect? Why do they collect it? How can we control it? In the 21st century, we have lost much of our privacy, and we have lost it voluntarily. We don’t HAVE to give these companies information, but we do so voluntarily to use their products. What is the cost to us? Should we be afraid? We will investigate what’s behind the scenes using clips from the excellent Netflix film, "The Social Dilemma," and try to answer some of these questions.

JEFF GLAZER loves to teach. He was an adjunct professor of graphic design in New Jersey, and he has taught classes locally at the Sun City Computer Club and OLLI. While his primary area of expertise is in computers, he has taught OLLI classes in many other areas such as introversion, ADD, the music of Tom Lehrer, and Nikola Tesla.

CULINARY ARTS

CUL100: WINNER, WINNER, CHICKEN DINNER!
1 Session | Tuesday | Oct 10 | 12N-2PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 30

The group will learn how to create different meals using rotisserie chicken as the staple. Adding some vegetables and other ingredients, we will create chicken salad, chicken noodle soup, chicken dinner, and a chicken pot pie for one or four. We will show people how simple ingredients can be utilized in multiple meals to keep grocery costs down and for convenience. Come join us for this cooking demo and tasting.

CHEF LYNN MICHELLE also known as "The East Coast Chef," has a lifelong belief in the power of food to bring people together. Her formal training in Culinary Arts at Johnson & Wales University and experience living all over the world opened her eyes to a wide range of different culinary styles and flavors. She has worked as a Private Chef in Belgium along with many other extraordinary positions in the culinary field which has led her to be a well-known Personal Chef.

CUL101: HOLIDAY FESTIVE-THEMED MOCKTAILS & COCKTAILS
1 Session | Tuesday | Oct 17 | 1-2:30PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 30

Learn how to mix up holiday-themed mocktails and cocktails with Scott Haupt, the mixologist at The Seabrook Retirement Community of Hilton Head Island. Scott will share and demonstrate non-alcoholic and alcoholic seasonal cocktail recipes like Halloween Witches Brew, Thanksgiving Apple Cider Sangria, and a Cranberry Mimosa that is perfect for toasting at your holiday festivities. You will receive recipes for holiday beverages that are quick and easy to prepare and are sure to be a hit at any party for any season.

SCOTT HAUPT is a Lead Server and Staff Trainer at The Seabrook of Hilton Head Island. He is an experienced mixologist, working as a bartender, bar manager, and tasting ‘guide.’ Scott is passionate about curating craft cocktails, mocktails, and specialty drinks and has made quite a name for himself in the industry.

CUL102: ART OF NURTUREING THROUGH FOOD
1 Session | Thursday | Oct 26 | 1-3PM
In-Person only | Beaufort campus
Supply Fee $18
Limited Enrollment - 28

Food is a necessary element of life, but the preparation and serving of food can be a chore. With some practical and timely tips, the stress can be removed from the kitchen. Secrets from the world of food styling can make a dish as pretty as it is delicious. Food becomes a gift to share - a solace during illness and pain and a celebration of good times. Learn to nourish the body and soul through intentionally using food as a vehicle for building community and lifting your own spirits. The class will include food demonstrations and lots of yummy tastings.
LORETTA GORMAN learned how to cook a chicken dinner from scratch on a Minnesota farm by first going to the hen house to catch a chicken. After college, she moved to Chicago and worked as an editor and a freelance writer before she began a long career in food styling. Loretta combined her love of food and writing to create the book, "Nurture: Stories of Food for Body and Soul."

ALICIA PINER is the Director of the Home Health Department at The Seabrook of Hilton Head Island. In her position, she is responsible for the care of independent residents throughout our community as well as the employees and is very passionate about the subject of hydration.

CUL103: MYSTERIOUSLY SMOKED BAJA SHRIMP TACOS
1 Session | Tuesday | Oct 31 | 11AM-1PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 30

Come to watch Chef Sean Barth, Ph.D., prepare a Baja shrimp taco from scratch in front of you. If you can guess how he gets the smokey flavor in there by the end of class, you win bragging rights! So, join in on a fun journey. The title is a perfect description of what you will get to enjoy when it is over, but guessing how we got there is the real fun.

SEAN BARTH, Ph.D., is a USCB Assistant Professor in the Hospitality Management program who has 18 years of experience in hotels, restaurants, private clubs, hospitals, and much more. He is certified as a TIPS instructor in an alcohol awareness program.

CUL104: SMART DRINK CHOICES: MAKING HEALTHY HYDRATION TASTY
1 Session | Tuesday | Nov 07 | 1-3PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 30

Join us for Alicia's hydration class. Alicia will share the tasty, fun, and healthy drink options that she offers to the residents at The Seabrook of Hilton Head. You will learn how to make infused fruit water and milkshakes, as well as expand your knowledge about how important hydration is as we get older. Learn about Seabrook's rolling hydration cart which offers different flavored Smoothies that help keep the residents happy and healthy throughout their week. Come Thirsty!

ALICIA PINER is the Director of the Home Health Department at The Seabrook of Hilton Head Island. In her position, she is responsible for the care of independent residents throughout our community as well as the employees and is very passionate about the subject of hydration.

CUL105: COUSIN RITA'S "ROMAN" MEAT SAUCE
1 Session | Tuesday | Nov 14 | 1-3PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 24

No one can dispute this is an authentic (specifically from Rome, Italy) Italian pasta sauce recipe. In the 1970s while visiting family in Italy, my wife Joanne met her cousin Rita from Rome. Rita prepared dinner and invited Joanne into the kitchen to teach her how to prepare her meat sauce. The sauce was an instant hit with Joanne! After dinner, Joanne sat with Rita to translate the ingredients (Rita did not speak English) and wrote down the recipe. To this day, Joanne still has the handwritten recipe and may reference it when she is making "Cousin Rita's meat sauce." This is one sauce that is usually made by Joanne and not me in our home. Even when I make the meat sauce it is per Cousin Rita's recipe. Come, learn, and taste it!

RICH BUFFA has a life-long love for good food and enjoys cooking. His mother was a very talented Italian cook whose cooking skills rubbed off on him. Rich has also attended cooking classes, including several multi-session courses.

CUL106: IF YOU THINK YOU HAVE TO LIVE IN BROOKLYN TO BAKE BAGELS - FUHGEDDABOUTIT!
1 Session | Tuesday | Nov 28 | 1-3PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 24

Making bagels may be a bit time-consuming, but worth it! In this class, we will demonstrate how to make bagels from start to finish. They're not as complicated to make as you've heard. Enjoy a tasting of the finished recipe when we are done! Handouts will be provided with baking tips, explanations of different types of flour, how yeast works, an understanding of the kneading and rising of the dough process, and how to get that "feel" that Grandma always talked about.

CANCELLED
TERRI CHRISTOPH has a Bachelor of Science in Education and has been involved in corporate training for over 30 years. She hails from Pennsylvania and stays busy with four daughters and seven grandchildren, and three long-haired Chihuahuas. In her downtime, she has a passion for gardening, sewing, and baking bread and glorious bagels.

CUL107: LECTURE, TOUR & LUNCH AT THE CULINARY INSTITUTE OF THE SOUTH
1 Session | Thursday | Nov 30 | 10AM-1PM
In-Person only | Offsite (Bluffton)
Tour Fee $40
Limited Enrollment - 36

The Technical College of the Lowcountry’s (TCL) Culinary Institute of the South’s 30,000-square-foot Bluffton campus opened its doors in 2021. Participants will attend a presentation in the Montage Palmetto Bluff Auditorium to learn about the college’s programs, degrees offered, and the economic impact TCL brings to the community and beyond. Following the presentation, enjoy a cooking demonstration with plenty of samples and a tour of the facility featuring the FOODseum, teaching kitchens, and ballroom. A delicious lunch prepared by the TCL instructors and students will be served in The Bistro, the college’s 36-seat restaurant, as the last activity for the program.

DR. FRANCINE MARZ is the Dean of Culinary & Hospitality at the Culinary Institute of the South at the Technical College of the Lowcountry. Dr. Marz earned her doctorate in Organizational Leadership, Innovation, and Learning in from Wilmington University in New Castle, Delaware. Over the course of her 30 years of industry experience, Marz has worked in a number of notable restaurants, hotels, and resort culinary schools across the country often serving in leadership roles or as executive chef.

CUL108: MINI HOLIDAY BAKING GOODNESS
1 Session | Tuesday | Dec 05 | 11AM-3PM
In-Person only | Hilton Head campus
Supply Fee $18
Limited Enrollment - 25

Learn how to bake from scratch homemade, decadent, mini cinnamon rolls and scones that you can enjoy for yourself or take home and share with friends. We won’t judge if you choose not to share. This participatory class has you making your own miniature cinnamon rolls and scones.

NOTE: This is a hands-on baking class, bring your apron as you will be taking home your goodies made in class. All ingredients will be provided.

DONNA SPROUT spent her career in technology, first with IBM, then at USCB, where she retired in 2020. She also has a background in food service management. Her passion is baking decadent treats for family and friends. She and her husband have lived in Bluffton, SC since 2005.

ECO100: GOIN’ SHRIMPIN’ ABOARD THE LADY JANE
1 Session | Tuesday | Sep 12 | 2-8:30PM
In-Person only | Offsite (Brunswick, GA)
Tour Fee $120
Limited Enrollment – 30 Registrations after September 5, 2023, will automatically be added to the Waitlist

This excursion on board the Lady Jane is a private charter with Captain Cameron that includes learning about local sea life, shrimping, and the pristine waters and vast salt marshes of the Golden Isles. The shrimp nets will be cast three times while guests enjoy learning about shrimping and conservation. An authentic Lowcountry Boil meal (corn, onion, potato, sausage, and shrimp) along with appetizers and dessert will be served.

NOTE: You may bring your own soft drinks, beer, or wine. This cruise is in protected waters through the picturesque marshes of Glynn County and its tributaries. The Lady Jane provides an enclosed cabin, restroom, large covered deck with ample seating, and room to walk from bow to stern while enjoying the views. Transportation is provided to Brunswick, Georgia on a coach bus.

CAPTAIN CAMERON AKO will be leading our shrimping excursion. The Lady Jane is a U.S. Coast Guard-certified passenger vessel. Once a commercial steel hull shrimping trawler she has been retired after years of loyal service to the shrimping industry. The Lady Jane has been painstakingly refurbished for the purpose of eco-tourism, education, and conservation.
This entertaining and educational program focuses on the wild estuarine bottlenose dolphins of the Georgia and lower South Carolina coasts including anatomy, biology, behaviors, social structure, and adaptations. The threats to the dolphin and our shared environment will also be covered. Remarkable video and audio of the residential dolphins will also be included. The program will have an insight into the mission of The Dolphin Project, an all-volunteer, non-profit research, education, and conservation organization founded in 1989 to protect wild estuarine dolphins and their environment. Volunteers conduct monthly photo ID dolphin research studies on estuarine waters and offer educational programs to schools and community groups.

PEACH HUBBARD serves as President of The Dolphin Project, coordinating the research surveys and educating outreach programs. She’s also a UGA Master Coastal Naturalist, an artist, a photographer, and a sculptor. Her works highlight the beauty of the coastal Lowcountry.

ECO105: OAK ISLAND ECO TOUR
1 Session | Wednesday | Oct 11 | 10AM-12N
In-Person only | Offsite (Beaufort)
Limited Enrollment - 25

This walking tour includes the recently designated Old Growth Forest on Oak Island, which is accessed by a bridge from Dataw Island. Oak Island was donated to the Dataw Conservancy and will remain a natural resource without development. Tour the island via an approximate one-mile hike on uneven terrain and learn more about the plants and ecosystem on Oak Island. The Dataw Conservancy was created to permanently protect and preserve our natural heritage and promote appreciation for the unique environment and character of the Island.

NOTE: OLLI recommends grabbing lunch at Morgan River Grill following the program.

MICHAEL MURPHY’s experience in the arboricultural field started in 1972 in New Jersey where he was President of the NJ Arborist Association. He moved to Beaufort in 1994 and founded Preservation Tree Care. He is a Board Certified Master Arborist, only one of eight in South Carolina. He is the past Chairman of Keep Beaufort County Beautiful and currently volunteers as a Lowcountry representative for the Old Growth Forest Network.

ECO106: SOUTH CAROLINA SEA TURTLES: NESTING AND HILTON HEAD CONSERVATION EFFORTS
1 Session | Monday | Oct 16 | 1-2:30PM
In-Person, OLLI Digital Library | Bluffton campus

Join marine biologist Amber Kuehn to discuss the challenges and triumphs of the nesting cycle of South Carolina’s sea turtles, their nesting habits, and the conservation effort by the Sea Turtle Patrol of Hilton Head.

AMBER KUEHN is a local marine biologist who grew up in Bluffton. Her master’s degree and her captain’s license bring this salt marsh ecology tour to life. See photo above.
ECO107: HORSESHOE CRABS - THE LIVING FOSSILS
1 Session | Thursday | Oct 19 | 10-11:30AM
In-Person only | Offsite (Hilton Head)
Tour Fee $14
Limited Enrollment - 20

Join Carlos Chacon at the Coastal Discovery Museum at Honey Horn to look at the life cycle of the horseshoe crab, its unique status as a living fossil, and other interesting aspects of this creature. It is not a crab, not an arachnid, and not an insect; but is related to all these groups. Horseshoe crabs have been around since before dinosaurs, a simple creature that follows a simple lifestyle, yet is able to survive through millions of years without significant change. If you’ve had a vaccine or an I.V., it was probably tested for impurities with the horseshoe crab’s blue blood.

Carlos Chacon is the manager of natural history at the Coastal Discovery Museum on Hilton Head Island. Carlos holds a B.S. in Tropical Biology from the University of Costa Rica and an M.S. in Earth and Environmental Resources Management from USC.

ECO102: BIOLOGY AND ECOLOGY OF WHALES OF THE NORTH ATLANTIC OCEAN
1 Session | Tuesday | Oct 24 | 10:30AM-12:30PM
In-Person only | Hilton Head campus

The session will discuss the biology, ecology, and traditional and new research techniques used to learn about whales of the North Atlantic. Additionally, the biology and ecology of blue whales, the largest animal to inhabit our planet, will be presented with the research of the Mingan Island Cetacean Study, the world’s longest research program on this species.

Michael Williamson has been active in education and research for over 40 years. He was an Associate Professor in Marine Sciences at Wheelock College in Boston, Massachusetts from 1988-2008 and is currently a Scientist in Residence at St. Mary’s Anglican Girls School in Perth, Western Australia, where he teaches and advises on marine science education and research. He is Vice-president of the Mingan Island Cetacean Study and was a pioneer in Massachusetts whale research as the founder and director of the Pelagic Systems Research & Massachusetts Whale Watch, which began studying cetaceans in Massachusetts Bay in 1976.

ECO108: GRAY’S REEF NATIONAL MARINE SANCTUARY: A CATALYST FOR RESEARCH
1 Session | Friday | Oct 27 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

Gray’s Reef National Marine Sanctuary is a marine protected area off the Georgia coast. While fishermen and scuba divers find it a great location to explore the natural live-bottom habitats, researchers see it as a testing ground for new technologies, a setting for ocean research, and a resource for our nation’s hurricane predictions. This course focuses on the research—both historical and current happenings in the sanctuary and why Gray’s Reef is a catalyst for research off our coast.

Ben Prueitt joined the Gray’s Reef National Marine Sanctuary communications team in 2019. He is responsible for the sanctuary’s digital media, website, volunteer and internship programs, exhibits, and community engagement. Previously, Ben developed media products for professional baseball leagues, studied coral reefs in the Florida Keys, and managed communications for an oil spill research consortium.

1 Session | Monday | Oct 30 | 10AM-12N
In-Person only | Offsite (Okatie)
Limited Enrollment - 40

The Port Royal Sound is a unique estuarine salt marsh dominated by expansive tidal salt water. Experience the sound and learn about the diversity of animals from oceanic manta rays to migratory whimbrels, and how this unique ecosystem supported natives and early explorers.

Chris Kehrer was raised in the Lowcountry surrounded by the salt marsh and attributes this early exposure to his lifelong passion for the outdoors and wildlife. He attended the University of South Carolina in Beaufort, pursuing a B.S. in Biology. While at USCB, he was a research assistant in Dr. Eric Montie’s Marine Toxicology and Acoustic Lab and an intern at Waddell Mariculture Center. Chris has since worked as the Naturalist, Education Coordinator, and now Operations Coordinator at the center for the past 8 years, taking care of animals, conducting education programs for all ages, and assisting in various research projects.
ECO110: OYSTER FARM TOUR AND TASTING
1 Session | Wednesday | Nov 01 | 2-3:30PM
In-Person only | Offsite (Seabrook)
Tour Fee $32
Limited Enrollment – 25

Participants will meet at the oyster farm and be given a tour of the operation. The owner will explain his process of raising oysters. They raise over 600,000 oysters annually. Of course, we will taste the oysters at the end of the tour. Oysters will be served raw and grilled. They are so yummy! This tour joins the kayak participants of SPO102.

ECO111: NATURAL HISTORY OF THE HILTON HEAD MID-ISLAND COMMUNITY PARK
1 Session | Monday | Nov 13 | 9:30AM-12:30PM
In-Person only | Offsite (Hilton Head Island)

The Hilton Head Mid-Island Community Park was developed from the abandoned Planter’s Row golf course. Attendees will walk 2.5 miles on the old golf cart paths and observe various plants as they attempt to grow through many years of turf grass management. A surprising number of birds have made this park their home, including the only breeding colony of red-headed woodpeckers on the island. The instructor will brief participants on the history of this property and the possibilities for its future.

LYNN HODGSON has a Ph.D. in Biological Sciences. Most of her professional career was as a Professor of Natural Sciences in Hawaii. She moved to Hilton Head in 2017 and is a Lowcountry Master Naturalist, Master Birder, and Vice President of Hilton Head Audubon.

Humans and alligators have had a tumultuous relationship—from overharvesting in the mid-1900s to present-day sensational media, there are many people who have a negative connotation with these modern-day dinosaurs. This course aims to educate people on the importance of the American alligator (Alligator mississippiensis) by providing a thorough walk-through about basic alligator biology, their role in the ecosystem, and their relevance to our life in the Lowcountry.

CLAIRE MUELLER grew up in the Lowcountry and has been enthralled with the natural world from a young age. After graduating with a B.S. in Biology in 2016, she pursued research opportunities with USC and the Smithsonian Conservation Biology Institute before landing her current role with Coastal Expeditions in Beaufort.

ECO112: ALLIGATORS OF THE LOWCOUNTRY
1 Session | Monday | Nov 13 | 10AM-12N
In-Person, OLLI Digital Library | Bluffton campus

Livestream: Save the drive to Bluffton. Experience the class by viewing the instructor on a large TV screen and the presentation slides on the projector screen in the HHI classroom. Interactive Q & A between both locations.

ECO113: ALLIGATORS OF THE LOWCOUNTRY
1 Session | Monday | Nov 13 | 10AM-12N
In-Person, OLLI Digital Library | Hilton Head campus

AL SEGARS is a retired veterinarian whose career included 18 years with the South Carolina Department of Natural Resources. He is a native of South Carolina with a special interest in the role we play as individuals in protecting these amazing resources.

The ACE Basin consists of approximately 350,000 acres in the watershed of the Ashepoo, Combahee, and Edisto Rivers in South Carolina’s Lowcountry and is listed by the Nature Conservancy as one of earth’s "last great places." Learn about its history, wildlife, and properties with attention devoted to those areas that are accessible to the public.

AL SEGARS is a retired veterinarian whose career included 18 years with the South Carolina Department of Natural Resources. He is a native of South Carolina with a special interest in the role we play as individuals in protecting these amazing resources.
This extraordinary 2005 Oscar-nominated film takes place during WWI. It is based on an actual occurrence that authorities sought to suppress at the time – English, French, and German language.

Joan Ruffino has been an OLLI instructor for 16+ years presenting her interests in history, biography, literature, and film. Joan taught courses for Road Scholar and L.I.F.E. at St. Mary's College.

Have you ever wondered what trees you should plant and how to care for them? In this 2-session course, we will explore the top 20 native or naturalized trees for South Carolina. In session one, we will learn how to identify each species and explore the biotic and abiotic problems associated with these trees. Session two will begin with a discussion in the classroom and conclude with an optional outdoor walk on the campus to see some of the species discussed in class.

NOTE: Please wear comfortable walking shoes to the second class for the optional walking tour of trees on the USCB Bluffton campus.

Bob Andreucci is a graduate of SUNY College of Environmental Science and Forestry, and Syracuse University with a degree in Forest Biology. He also earned a master's degree from Lehigh University and has 30 years of experience as an arborist and science teacher. In 2022, Bob relocated to the Lowcountry and joined Bartlett Tree Experts. Bob is an ISA Certified Arborist.
GOV100: SCHOOLHOUSE BURNING
1 Session | Thursday | Sep 21 | 10-11:30AM
Zoom, OLLI Digital Library

The book by SC author and attorney Derek Black, “Schoolhouse Burning: Public Education and the Assault on American Democracy,” has won national acclaim and awards for its insightful true story on the current state of U.S. education. This discussion will explore the recent rise in censorship, curriculum and book content control, educational theories, and ideas.

DEREK BLACK is a law professor and Chair in Constitutional Law at the University of SC School of Law where he directs the Constitutional Law Center. His expertise in education law and policy, constitutional law, and civil rights merges constitutional law and public education regarding educational equality for disadvantaged students. He is the author of “Schoolhouse Burning: Public Education and the Assault on American Democracy” and “Ending Zero Tolerance: The Crisis of Absolute School Discipline.”

HIS100: THE INCREDIBLE CONNECTION BETWEEN RICE AND THE GULLAH CULTURE
1 Session | Tuesday | Sep 19 | 10:30AM-12:30PM
In-Person, Zoom, OLLI Digital Library | Hilton Head campus

The Lowcountry story can’t be told without telling how economically important Carolina Gold Rice was along the southern coastline and how intimately connected it is to Gullah Geechee culture. Journey from the West African origins of the culture, the incredible technology they replicated here, and how they made the Lowcountry one of the wealthiest areas in the South.

LUANA M. GRAVES SELLARS, is a cultural preservationist, documentarian, and writer who focuses on the Gullah culture, history, and people by documenting and publishing cultural legacies. She is the owner of SANKOFA Communications and founder of the nonprofits, Lowcountry Gullah and the Lowcountry Foundation, to preserve the Gullah culture and protect their land.

HIS101: BEAUFORT HISTORY WALKING TOUR
1 Session | Wednesday | Sep 20 | 1-3PM
In-Person only | Beaufort campus
Limited Enrollment - 30

Take a virtual walking history tour of the Town of Beaufort in the classroom with Janet Matlock, celebrated walking tour guide of Beaufort. Learn how the great pageant of America played out in Beaufort as the Spanish, English, and Indians battled for her. Hear about the people who created the town: Conquistadores, Huguenots, Colonialists, Confederate, and Union soldiers, Clara Barton, and Robert Smalls. See photos of the distinctive architecture of the town's gracious homes, many of which are listed in the National Register.

NOTE: After the classroom presentation, this class will proceed on a 45-minute walking tour. Please wear comfortable walking shoes.

JANET MATLOCK studied the history and architecture of Beaufort and became a docent at the oldest church in Beaufort. In 2014, she took over the Beaufort tours of retiring icon, Jon Sharp, and the rest is history.

HIS102: HILTON HEAD HISTORY DRIVING TOUR
1 Session | Tuesday | Oct 03 | 1-4PM
In-Person only | Offsite (Hilton Head Island)
Tour Fee $45
Limited Enrollment - 22

Come on a three-hour, private guided tour in an air-conditioned bus to learn about HHI’s unique history. Hilton Head Island is well known for its world-class beaches and golf courses, yet it offers so much more that is noteworthy and unique. Beyond its unparalleled biodiversity, Hilton Head has a range of recorded history and ancient history unmatched in any other single location in the United States. Not only were its lands populated by Paleo-Indians for nearly 10,000 years ago; but it was also first noted in the log of an early Spanish explorer in 1521, given a Spanish name in 1526, and has been an active participant in every major period of American history.

NOTE: Please wear comfortable walking shoes and bring water and bug spray as there are parts of the tour where you will get off the bus and walk.
RICH THOMAS, the owner of Legacy Leadership and Legacy History Tours of the Lowcountry, operating as Hilton Head History Tours, is a founding member of the Hilton Head Island Institute, a former board member of the Heritage Library, the Santa Elena Foundation, and the Lowcountry Civil War Roundtable. Rich is the founder and President of the Board of the Friends of Honey Hill, and a Co-Chair of the South Carolina American Revolution Sestercentennial Commission’s Committee of 99 for Beaufort District.

HIS103: THE COASTAL DISCOVERY MUSEUM - A MUSEUM WITH A MISSION!
1 Session | Wednesday | Oct 04 | 10:30AM-12:30PM
In-Person only | Hilton Head head campus

Join Rex Garniewicz in the OLLI classroom on Hilton Head Island to trace the history of the museum and Honey Horn with a focus on its mission and why this organization is so important for this island. He will explore how they are connecting history, nature, art, and culture to better understand the Lowcountry. Some of the museum’s major initiatives, construction projects, and the expanding exhibition program will be discussed. Rex will elaborate on how the museum is going to tell the earliest history of this area, from Native American and Colonial times, in their newly built exhibition hall.

REX GARNIEWICZ is President of the Coastal Discovery Museum. He previously served as Deputy Director at the San Diego Museum of Man, and Vice President of the Indiana State Museum. He has degrees from Indiana University and Wesleyan University.

HIS104: SOUTH CAROLINA - AN ABRIDGED HISTORY
2 Sessions | Monday, Wednesday | Oct 16, Oct 18 | 10AM-12N
In-Person, OLLI Digital Library | Bluffton campus

Where was the first European attempt at colonization in what is now the United States? In what colony were most battles fought during the American Revolutionary War? What state was the first to secede from the Union prior to the Civil War? The answer is South Carolina! Find out more about the history of this influential state as native South Carolinian Paul Harmon covers over 14,000 years of history in this 2-part, fast-paced presentation. Also, learn about what makes SC unique and where you can go to experience this history firsthand.

PAUL HARMON, a native of Newberry, SC, moved to Orlando, FL after college graduation. He moved back to his home state with the onset of the pandemic and developed this course to teach his new neighbors about their adopted state.

HIS105: TOUR OF DATAW RUINS
1 Session | Wednesday | Oct 18 | 10AM-12N
In-Person only | Offsite (Beaufort)
Limited Enrollment - 30

Delve into Dataw Island’s rich history from the American Indian era through the days of Spanish explorations. Learn about the legend of King Dataw and the proprietary period leading to the antebellum plantation era of indigo and Sea Island cotton. Explore the preserved land which the National Register of Historic Places calls "the most complete example of a 19th century Sea Island cotton plantation in the country."

NOTE: OLLI recommends grabbing lunch at the Morgan River Grill at the Dataw Marina after the tour!

JOE RONEY, RPh, board member Dataw Historic Foundation since 2011, Historic Beaufort Foundation member and docent, and historic tour guide. Served as Lowcountry Civil War Round Table President 2012-2014.

HIS106: SAVANNAH DAY TOUR - BONAVENTURE CEMETERY, LUNCH, AND PIN POINT HERITAGE MUSEUM
1 Session | Tuesday | Oct 24 | 10:30AM-4PM
In-Person only | Offsite (Savannah)
Tour Fee $36
Limited Enrollment - 30

Let’s go explore historical Savannah! The day begins at the Bonaventure Cemetery where we meet with Don Teuton, Vice Chairman of the Bonaventure Historical Society. Don’s parents, grandparents, and great-grandparents are buried in these hallowed grounds. The people who made Savannah are buried in this cemetery. You will delve into the graves including Confederate generals, a musical genius, and the South’s very first feminist. Take in the live oaks, azaleas, camellias, and the authentic history behind Bonaventure Cemetery. The morning tour is 2.5 hours long, covering 1.5-miles on a slow walk over flat, easy terrain.
Next stop: Lunch at any one of the eclectic restaurants in Sandfly, a small community in Savannah, and en route to our final stop at the Pin Point Heritage Museum. A list of restaurant choices will be provided to registrants.

After lunch, we will meet at the Pin Point Heritage Museum. In 1985, the A.S. Varn & Son Oyster and Crab Factory in Pin Point closed its doors for good. It marked the end of an era for the tiny fishing community tucked quietly away on the banks of the Moon River, just south of Savannah, Georgia. For nearly 100 years, Pin Point was isolated and self-sustained. A Gullah Geechee enclave was founded by first-generation formerly enslaved people where family, religion, and work were deeply connected to the water. Today, the factory has been reopened as the Pin Point Heritage Museum.

NOTE: Transportation, parking, and driving between locations is up to each participant. Wear comfortable clothing and shoes for extensive walking through the cemetery.

A pictorial presentation on the Gullah Geechee people, descendants of Africans enslaved on the rice, indigo, and Sea Island cotton plantations of the lower Atlantic coast. Many came from the rice-growing region of West Africa. The nature of their enslavement on isolated islands and coastal plantations created a unique and beautiful culture with deep African retentions that are clearly visible in the Gullah Geechee people’s distinctive arts, crafts, foodways, music, language, and spirituality.

VICTORIA SMALLS is a Gullah native of St. Helena Island and the Executive Director of the Gullah Geechee Cultural Heritage Corridor National Heritage Area, which works to protect, preserve, interpret history, traditional cultural practices, heritage sites, and natural resources associated with the culture.

HIS107: THE WATER BROUGHT US
1 Session | Wednesday | Oct 25 | 1-3PM
In-Person, OLLI Digital Library | Beaufort campus

HIS108: THE WATER BROUGHT US
1 Session | Wednesday | Nov 15 | 1-3PM
In-Person, OLLI Digital Library | Beaufort campus

HIS109: MUSEUMS OF THE LOWCOUNTRY
1 Session | Thursday | Nov 16 | 10AM-12N
In-Person, Zoom, OLLI Digital Library | Beaufort campus

Did you know that there are over 150 museums within easy driving distance of Beaufort? This class will give you an overview of some of those museums-history, natural history, and art-in Savannah, Augusta, Aiken, Columbia, Charleston, and the areas in between. Plan your day trips, pack your lunch bags (or take our restaurant suggestions), and enjoy cultural adventures in the Lowcountry and beyond!

MIKE AND BETH MACDONALD have wintered in Beaufort since 2019 after falling in love with the Lowcountry during a cruise on the Intracoastal Waterway in 2005. Both are fans of museums, having served as board chairpersons for museums in their home state of SD. Pre-retirement, Mike was the operations manager for a waterworks business and Beth was a professional craft designer and instruction writer.

HIS110: PARRIS ISLAND MCRD GRADUATION AND BASE TOUR
1 Session | Friday | Nov 17 | 6:30AM-1PM
In-Person only | Offsite (Beaufort)
Tour Fee $35
Limited Enrollment - 45

Learn firsthand the rich history of Parris Island, the place where young men and women are transformed through the foundations of rigorous basic training, Marine’s shared legacy, and a commitment to its core values while preparing them to win our nation’s battles in service to the country. Members will view the Morning Colors Ceremony, graduation parade, and a museum visit. Then take a tour of various stops highlighting the different training phases. For more information about Parris Island, https://www.mcrdpi.marines.mil/Visitors/Parris-Island-Museum.

NOTE: The tour fee includes coach bus transportation and entry into the facilities. Driver’s license information will be required in advance.

ZACHARY GREEN, a U.S. Marine Corps veteran and amateur military historian lives in Hilton Head Island, SC since moving from Cincinnati in 2021. He is a member of the Parris Island Living History Detachment and is a weekly speaker for the Share the Legacy Program as part of the Marine Corps Recruit Depot’s G-3 Training Division. He is the international bestselling author of “Warrior Entrepreneur-Lessons from the Battlefield to the Boardroom.”
The American experiment in nationhood declared itself to be a novus ordo saeclorum (a "new order of the ages"). The path from a Declaration of Independence to a constitutional republic proved not only experimental but also hazardous. This course will explore the events of the so-called "critical period" of American history (1781-1789) with a specific focus on several essays from "The Federalist Papers" through which we may trace the ways in which the founders’ thinking about less imperfect (if not more perfect) forms of government led to the ratification of the Constitution.

**DR. JOHN McCARDELL** served from 2010-2020 as Vice-Chancellor and President Emeritus of The University of the South, Sewanee, Tennessee, where he remains a member of the history faculty. From 1976-2010 he was a member of the faculty at Middlebury College and served as President from 1991-2004. He has had a residence in Beaufort since 2004 and taught with OLLI from 2004-2010. His book "The Idea of a Southern Nation" (Norton) won the Allan Nevins Prize. He has published extensively in the field of Southern history.

In this lesson, Historic Jamestown public historian Mark Summers will examine the arrival of enslaved Africans to Virginia in 1619. The events surrounding their capture and sale were covered up as slavery was against English law at the time. The lecture will examine the documentation, the concept of race in England, events in Angola leading to their capture and the passing of official slave laws in 1662. Mr. Summers will also discuss the relationship between Africans and indentured Europeans and how their once unity was broken with the creation of a color line leading in many ways to the origins of the American South and its racial caste system at one time.

**MARK SUMMERS** works as Director of Youth Public Programs at Preservation Virginia, which is a private non-profit organization and statewide historic preservation leader. Mark graduated from the University of Mississippi and is currently based in Jamestown, Virginia.

The impact of European contact and settlement on Native Americans was devastating to the traditional culture and established authority patterns, to the extent it forced the dissolution of Indian nations and the disappearance of hundreds of tribes after only 150 years. Explore how the principal chiefdoms of the Southeast were corrupted and destroyed by the presence and influence of Europeans in their midst.

**RICH THOMAS**, the owner of Legacy Leadership and Legacy History Tours of the Lowcountry, operating as Hilton Head History Tours, is a founding member of the Hilton Head Island Institute, a former board member of the Heritage Library, the Santa Elena Foundation, and the Lowcountry Civil War Roundtable. Rich is the founder and President of the Board of the Friends of Honey Hill, and a Co-Chair of the South Carolina American Revolution Sestercentennial Commission’s Committee of 99 for Beaufort District.

"COME ON YOU SONS OF B--S, DO YOU WANT TO LIVE FOREVER?!" - Sgt. Maj. Dan Daly at the Battle of Belleau Woods. This presentation showcases the Marine Corps operations in World War I. It begins with the events leading up to the United States entry into the Great War and follows the operations of the United States Marines through France. From Belleau Woods to Blanc Monte Ridge, to the events leading to the armistice, to setting the stage for World War II, this very visual presentation showcases how the United States turned the tide and the integral role the United States Marines played.
ZACHARY GREEN, a U.S. Marine Corps veteran and amateur military historian, lives in Hilton Head Island, SC since moving from Cincinnati in 2021. He is a member of the Parris Island Living History Detachment and is a weekly speaker for the Share the Legacy Program as part of the Marine Corps Recruit Depot’s G-3 Training Division. He is the international bestselling author of "Warrior Entrepreneur-Lessons from the Battlefield to the Boardroom."

HIS115: RECONSTRUCTION: THE SECOND AMERICAN FOUNDING AND ITS LEGACIES

1 Session | Friday | Oct 13 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

Come explore the rise and fall of Reconstruction, the period roughly 150 years ago when radical Republicans launched the greatest expansion of democracy in American history, extending civil and political rights to millions of formerly enslaved African Americans. Then, in the late 19th century, the Reconstruction political order was destroyed. Multiracial democracy was rolled back in the South and replaced by a racial caste system that would endure into the 1950s and beyond. At a time when the fate of democracy seems to be at stake once again, we will also consider what lessons the history of Reconstruction holds for Americans in our own time.

PROFESSOR JAMES SHINN, Ph.D., and Master's in History from Yale, is a USCB professor teaching a wide range of courses in U.S. history with a particular focus on the 19th century. He is currently writing a book that explores the entangled histories of Reconstruction in the United States and the Ten Years’ War in Cuba. Before joining the USCB faculty in 2022, he taught at Yale University and Wesleyan University in Connecticut.

HIS116: IS AMERICA AFRAID OF THE POOR: LAW AND MOBILITY IN THE LAND OF OPPORTUNITY

1 Session | Monday | Nov 13 | 10:30AM-12N
In-Person, OLLI Digital Library | Beaufort campus

In this course, USCB Professor Mac James will provide an overview of American history focusing on the way Americans have viewed and responded to foreign-born residents as well as an analysis of proposed immigration law reforms. The goal of the course is to help promote constructive dialogue by relating past national experiences to the present conversation on immigration policy.

DR. MAC JAMES has taught at USCB since 2006 including courses in American legal history, historical methods, and modern Mexico. He currently serves as Program Coordinator for History Majors, co-chairs the Honors Steering Committee, and advises pre-law students.

HIS117: US COLORED TROOPS - STORIES OF COURAGE AND SURVIVAL

1 Session | Thursday | Nov 16 | 10:30AM-12:30PM
In-Person, OLLI Digital Library | Hilton Head campus

Livestream: Save the drive to HHI. Experience the class by viewing the instructor on a large TV screen and the presentation slides on the projector screen in the Bluffton classroom. Interactive Q & A between both locations.

Luana Graves Sellars will screen her newest documentary entitled "US Colored Troops - Stories of Courage and Survival," which highlights the extraordinary contributions of the Black soldiers who risked their lives to enlist in the Union Army during the Civil War by demonstrating incredible dedication and loyalty to fight for and to become part of a nation that they could call their own.

LUANA M. GRAVES SELLARS is a cultural preservationist, documentarian, and writer who focuses on the Gullah culture, history, and people by documenting and publishing cultural legacies. She is the owner of SANKOFA Communications and founder of the nonprofits, Lowcountry Gullah and the Lowcountry Foundation, to preserve the Gullah culture and protect their land.

HIS118: US COLORED TROOPS - STORIES OF COURAGE AND SURVIVAL

1 Session | Thursday | Nov 16 | 10:30AM-12:30PM
In-Person, OLLI Digital Library | Bluffton campus

HIS119: THE BATTLE OF CHICKAMAUGA: BUSHWACKING ON A GRAND SCALE

1 Session | Friday | Nov 17 | 10AM-12N
In-Person, OLLI Digital Library | Bluffton campus

The second bloodiest battle of the Civil War, Chickamauga was fought in the rugged, remote woods of northwest Georgia in September 1863, and generated 35,000 casualties in just two days. It was the only victory of the war for Confederate General Braxton Bragg but cost him nearly a third of his army, the allegiance of his corps and division commanders, and the city of...
Chattanooga, which the Union saw as a prize worth as much as Richmond, the capital of the Confederacy.

**JACK RABBITT** has been teaching at OLLI for over 14 years and has entertained hundreds of members with his enthusiastic, energetic, and informative presentations on a variety of business topics, the Civil War, European castles, and religion.

**COL (Ret) LAWRENCE SAUL** served more than 37 years in the US Army, with more than 20 of those years overseas. He was one of the last Vietnam veterans still on active duty when he retired in 2008. He has taught more than 100 military history courses for four different OLLI programs. He is an experienced battlefield tour leader, focusing on the two World Wars in Europe.

**HIS122: VIETNAM - ONE MAN’S PERSPECTIVE**
1 Session | Friday | Sep 29 | 9AM-12N
In-Person, OLLI Digital Library | Bluffton campus

As a young, noncommissioned officer, then 19-year-old U.S. Army Sergeant Larry Saul served a combat tour in Vietnam in 1970. Fifty years later, he returned to Vietnam to explore the beautiful country and see how the fascinating people had evolved since the end of the war. Moreover, he wanted to see how the country had fared. The purpose of the journey was two-fold: to see the modern Vietnam, but also to rediscover himself. This lecture will look at the history, culture, and geography of Vietnam from the late 19th century up to 1975...then, fast forward to late 2018 and how Vietnam has progressed.

**AL PELA, JR.** has been a volunteer at the National Museum of the Mighty Eighth Air Force honoring his father’s legacy for many years. He has traveled extensively to visit the locations of his father’s service and to learn as much as possible about the Eighth Air Force in WWII.

**HIS121: MODERN WARFARE**
1 Session | Thursday | Sep 28 | 1-3PM
In-Person only | Bluffton campus

Warfare has evolved significantly since the fall of the Berlin Wall and the collapse of the Soviet Union. There was a significant shift from large, national armies to non-state groups, terrorist groups, private military companies, and lone-wolf actors. Additionally, the nature of war has also changed. Today, outer space is a battleground, as is the internet and cyberspace. This course will explore the evolution of warfare and how the battlefield could be in some far-off distant land, in your neighborhood, or on your laptop.

**HIS123: THE ORIENT EXPRESS - THE MOST FAMOUS TRAIN IN THE WORLD!**
1 Session | Thursday | Oct 19 | 10:30AM-12:30PM
In-Person, OLLI Digital Library | Hilton Head campus

Come along for a ride on the elegant Orient Express, dubbed the “King of Trains and the Train of Kings.” During its almost 100-year reign, this train was at the center of
several significant historic events. Its passenger list included royalty, writers, actors, and spies. It was the set for several well-known movies (including "Murder on the Orient Express" and James Bond’s "From Russia with Love"). Learn more about the train’s recent re-discovery, restoration, and your ability to partake of its colorful history.

STEVE EMERY has been an OLLI instructor for six years and engaging OLLI members with his informative and stimulating presentations on a variety of subjects. He has a keen interest in history and technology. Steve’s lectures on the Women Airforce Service Pilots (WASP), Suffrage, the Isabella Stewart Garner Museum Heist, Who Killed King Tut, and the Dutch Delta Works were OLLI member favorites.

HIS125: ONLY HOPE - MY MOTHER AND THE HOLOCAUST BROUGHT TO LIGHT
1 Session | Thursday | Oct 26 | 6-8PM | Zoom, OLLI Digital Library

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and Nazi concentration camps (Auschwitz and Gross-Rosen). Lubliner’s powerful stories, published by her son, shed light on her experiences and indomitable spirit by telling a Holocaust story that is "deeper than a number-6,000,000-giving us a human touch in the midst of inhumanity" (Rabbi Dennis J. Eisner). Irving Lubliner will share excerpts from the book, "Only Hope: A Survivor’s Stories of the Holocaust," and discuss his personal experiences as a child of Holocaust survivors.

IRVING LUBLINER, Professor Emeritus at Southern Oregon University, taught for 40 years (all levels, kindergarten through graduate school), led seminars for teachers in 39 states and gave 350 conference presentations, including several keynote addresses. He created Felabra Press and published his mother’s book, “Only Hope,” the focus of this presentation.

HIS126: 3 KATHERINES, 2 ANNES, AND A JANE - DIVORCED, BEHEADED, DIED, OR SURVIVED
1 Session | Friday | Nov 03 | 10AM-12N | In-Person only | Bluffton campus

The course offers an intimate look at the lives of the wives of England’s King Henry VIII.

JOAN RUFFINO has been an OLLI instructor for 16+ years presenting her interests in history, biography, literature, and film. Joan taught courses for Road Scholar and L.I.F.E. at St. Mary’s College.

HIS127: AMBUSH - THE BATTLE OF MIDWAY
1 Session | Monday | Dec 11 | 1-3PM
In-Person only | Bluffton campus

The main event was the Battle of Midway in the Pacific arena during World War II. A series of seemingly insignificant occurrences, when taken together, counted overwhelmingly toward the outcome. The class will review the twists, turns, and "what ifs" that ultimately led to the American victory.

MARK CALLEN has had a lifelong interest in warships and sea battles. He has held OLLI sessions on the Civil War at sea, the Monitor and the Merrimac, and the Titanic.

HEALTH & MEDICINE

HME100: THE OBESITY EPIDEMIC
1 Session | Monday | Sep 18 | 10-11:30AM
In-Person only | Beaufort campus

Obesity and Type 2 diabetes are now considered international epidemics. In the United States, obesity tops smoking as the number one cause of preventable death. Not solely the result of a person eating too much and moving too little - obesity is a far more complex disease. Learn how the role of genetic, environmental, psychological, and behavioral factors play in obesity. Hear how an evidence-based, personalized approach to obesity treatment combines nutrition, physical activity, behavior, and medication to help achieve long-lasting results and improved health.

YVETTE-MARIE PELLEGRINO, M.D. Board-certified in family medicine and obesity medicine, Dr. Yvette-Marie Pellegrino brings a focus on healthy living to help patients prevent illness and treat acute and chronic illnesses. In addition to preventive care, she holds particular expertise in weight management, diabetes, and metabolic disorders including obesity, high blood pressure, high blood triglycerides, low levels of HDL cholesterol, and insulin resistance.
HME101: PERSONAL WELLNESS JOURNEY
1 Session | Tuesday | Oct 17 | 1-3PM
In-Person only | Beaufort campus

Experience wellness through interactive personal health coaching tools like the Wheel of Life. All aspects of your life impact your health. Journey through each area of your life, connecting the dots to discover what you are ready to change to live a healthy balanced lifestyle. Discussion and activities with a certified health coach keep this course lively and fun while setting achievable goals.

MARTHA KESTER is a National Board-Certified Health & Wellness Coach (NBC-HWC.) A native of Beaufort and former teacher, Martha embraced holistic health, achieving certification from the Institute of Integrative Nutrition while teaching exercise classes and earning yoga certification. She founded Pause Wellness Company, where she practices her health and wellness offerings.

HME102: PREPARING FOR THE FINAL JOURNEY
3 Sessions | Wednesday | Oct 18, Oct 25, Nov 01
10:30AM-12:30PM | In-Person only | Hilton Head campus

This class is designed to inform individuals about the importance of planning for end-of-life and to give practical tips about resources to support families and patients at end-of-life. This will be presented in three sessions covering "Having the Conversation and Legal Issues;" "Medical Care, Palliative Care and Hospice Planning;" and "Emergency Preparedness and Funeral Planning." The format will be interactive with a combination of interviews, presentations, and Q&A. We will be joined by subject matter experts from law, medicine, emergency preparedness, and funeral homes for open discussions.

JANET PORTER, Ph.D., was the COO of Nationwide Children's Hospital and Dana-Farber Cancer Institute. She served for four years as the Board Chair of Hospice Care of the Lowcountry. Janet serves on the Hilton Head Hospital Board and is an adjunct professor at The Ohio State University, UNC, and Virginia Commonwealth University.

SHARONICA GAVIN is the Director of Business Development for Hospice Care of the Lowcountry. She has been a member of the local American Heart Association Executive Leadership Committee and was named Young Professional of the Year by the Bluffton Chamber of Commerce. Sharonica serves on the USCB's Public Health Advisory Board.

1 Session | Monday | Oct 23 | 10AM-12N
In-Person, OLLI Digital Library | Beaufort campus

Cardiovascular diseases remain the leading cause of death in the United States. With the legalization of marijuana for medical purposes and/or recreational use in many states, the question arises as to how marijuana affects the cardiovascular system. This course summarizes the role of the endocannabinoid system in cardiovascular diseases and critically discusses the effects of marijuana and synthetic cannabinoids on the cardiovascular system. Evidence will be presented supporting the conclusion that the use of marijuana or its synthetic analogs may be the underlying cause of major cardiovascular events.

DR. PETER HOFFMAN had an academic career as a Professor of Medicine in Germany and worked for several pharmaceutical companies in France, Switzerland, and the U.S. Results from his research in the cardiovascular field have been published in over 400 journal articles, book chapters, abstracts, and oral presentations.

HME104: CALMING CRISIS WITH VERBAL DE-ESCALATION SKILLS
1 Session | Tuesday | Oct 24 | 10-11:30AM
In-Person only | Beaufort campus

Learn effective communication techniques to defuse tense situations and prevent crises from escalating. During this interactive session, learn active listening skills, empathetic responses, and strategies to manage difficult behaviors with compassion and respect. Gain the confidence to navigate challenging interactions, whether in a personal or professional settings.

DOUG RHODIN, CHPA achieved his Certified Healthcare Protection Administrator (CHPA) certification from the IAHSS. He is a master-level Crisis Prevention Intervention instructor (CPI), a Level 1 SLED instructor, a Basic Life Instructor (CPR), the Chairman of the South Carolina Chapter of the International Association of Hospital Security and Safety (IAHSS), and the Vice-Chair of the South Carolina Director Council (SCDC).
Looking for encouragement as you navigate the challenges of caring for someone with Alzheimer’s? Do you need reassurance or confidence in communicating with your partner, friend, or family member who is struggling with memory loss? How does someone communicate with dignity and respect beyond words? This presentation is guided by the book "Keeping Love Alive as Memories Fade: The 5 Love Languages® and the Alzheimer’s Journey" written by Deborah Barr, MA; Edward G. Shaw, MD; and Gary Chapman, Ph.D., author of "The 5 Love Languages®."

DEBBIE ANDERSON is the Community Education Director at Memory Matters, Debbie is a Certified Dementia Care Practitioner and a Dementia Dialogues Trainer through the University of South Carolina and is certified to administer the baseline memory screen, Montreal Cognitive Assessment (MoCA). In addition, Debbie holds a degree in organizational leadership from LaGrange College. As a team-building facilitator, she believes people learn best when engaged, which is why each presentation includes evidenced-based content delivered with an element of engagement.

Every time one sees their physician, an encounter occurs, and a relationship is established. This physician/patient relationship has two components. The first component is technical in nature and the physician is the expert. The second component is values-based, and the patient is in control. This course will consist of two presentations. Day one will be an introduction to medical ethics. Day two will build on the day one presentation and explore medical ethics using a medical case within the context of the physician/patient relationship.

ROGER D. COLE, MD MA FACS is a board-certified otolaryngologist/head and neck surgeon. His career spanned 30 years as he practiced in the U.S. Navy, private practice, and Veterans Health Administration (VHA). After joining the VHA, Dr. Cole completed an M.A. in Bioethics from Wake Forest University and a Clinical Medical Ethics Fellowship from the University of Chicago.

This presentation will begin with the basic anatomy of the eye, including the retina and optic nerve. Dr. Campbell will focus on common ocular diseases of the eye. He will detail how treatment options have changed for certain conditions, including new advancements currently available and some in the pipeline. He will also talk about how to prevent these diseases and what we can do/change in our lives to better our eye health.

DR. EDWARD KAHN graduated from the University of Miami Medical School and did his residency in orthopedics at the University of California, Irvine. He specializes in back and spine.

CATHLEEN KAHN, MBE, ERYT is a certified fitness/yoga instructor and health coach. She has a Master’s degree in Business, is an author, and has taught fitness courses all over the country including the United States Military Academy at West Point.
ING102: CRITICAL THINKING IN EVERYDAY LIFE - EVALUATE WHAT YOU HEAR AND READ
2 Sessions | Thursday | Oct 05, Oct 12 | 1:30-3:30PM
In-Person only | Hilton Head campus

This 2-session course will emphasize logical principles that can be used to critically evaluate information and will be especially useful in the current times of information expansion. Dr. Hammes will provide an overview of the state of education and a foundation for why critical thinking is important. Attendees will receive a list of obstacles to clear thinking, which provides techniques to critically evaluate everything they read and hear.

Session 1 will cover the principles of critical thinking - sifting through content to determine what is logical, valid, and questionable. Students will receive materials and articles to critically evaluate.

Session 2 will reconvene as small groups to provide the point of view using critical thinking principles.

DR. RICHARD HAMMES has a doctorate in Learning and Development Psychology, was an adjunct professor for 40 years, and has been a management consultant for 30 years. He recently published a book on critical thinking, “The Myth of Education in America.”

ING103: MAKE A CHEESEBOARD WITH A MASTER CRAFTSMAN
1 Session | Thursday | Oct 12 | 1-4PM
In-Person only | Offsite (Beaufort)
Supply Fee $50
Limited Enrollment - 12

Are you interested in learning basic woodworking skills? Maybe you are a skilled hobbyist who would benefit from working with a master craftsman with three decades of experience building furniture by hand. This fun class is open to all, even if you don’t know which end of a chisel is for cutting. Hint: it’s the pointy end. You will be cutting shapes and dressing the edges entirely with hand tools. Your finished project will be ready for you to show off at your next wine and cheese party.

DAVE LUNIN is a master craftsman who has been studying, restoring, and reproducing American antiques for decades. He likes to say he has no trade secrets because he is always happy to share his knowledge.
ING104: NATURE’S WISDOM MEDITATION
1 Session | Thursday | Oct 26 | 10AM-12N
In-Person only | Offsite (Beaufort)

Nature meditation is an experience that helps you use walking to spark new ideas, solve problems, and put your best foot forward. Experience the beauty of the Lowcountry in this outdoor nature-inspired walking meditation through scenic Habersham, a new urbanism community situated along the Broad River amidst majestic live oaks and Spanish moss. You will learn to use your own inner personal navigation system to steer you on your best path.

NOTE: Wear comfortable clothing and walking shoes. You may stay afterwards for a casual lunch on your own.

CYNTHIA BLEDSEOE is a futurist, actor, educator, and speaker for social good in the health/wellness, film/TV, and social impact sectors. She is a certified integrative wellness practitioner who teaches meditation, creativity, human potential, and self-care wellness through global online and in-person retreats and experiences. Cindy earned a M.A. in Wisdom Studies with a concentration in Education and is a certified nonprofit consultant.

ING105: YES, YOU CAN ARRANGE FLOWERS:
A SKILL FOR A LIFETIME
1 Session | Thursday | Nov 02 | 10AM-12N
In-Person only | Beaufort campus

Supply Fee $22
Limited Enrollment - 30

Create your own centerpiece for the upcoming holidays. The principles demonstrated can be used for any type of design for your home. Container, oasis, and other materials will be provided.

NOTE: If you have access to any foliage, berries, or branches, you may bring them to class. Just do not cut them too short! Sharp clippers and a shoe box for the ride home will also be helpful.

MARGARET KINCHELOE is relatively new to Beaufort having officially moved here in May 2023 from McLean, VA. While learning the love of gardening from her parents, her love for flower arranging came from her mother-in-law, who traveled to England several times to study the art of English floral arranging. It is there she had an “aha” moment of realizing materials for a creative design existed in one’s own backyard, a neighbor’s yard (ask first), or on the side of the road. A great number of flowers is not necessary. There are many styles of flower arranging, but you only need your style to enjoy and share forever.

ING106: MOONSHINE, MADNESS, AND IMMORTALITY: HOW STORYTELLING HELPS US CHEAT DEATH
1 Session | Thursday | Nov 09 | 10AM-12N
In-Person only | Beaufort campus

Under the live oaks outside on the Beaufort campus, come and join storyteller, author, award-winning journalist, and historian Michael DeWitt who explores the art and craft of storytelling and why it is vital to our lives and legacies. After learning the basics of storytelling, sit back and enjoy some down-home, front porch, Southern storytelling that will include tales of moonshine, madness, and mischief. Book signing following the program.

MICHAEL DEWITT is an award-winning author and longtime editor of “The Hampton County Guardian.” DeWitt was recently featured on “48 Hours” and “Dateline” for his professional reporting of the Murdaugh case and its impact on Hampton, South Carolina. He is an award-winning journalist and author. His books include “Wicked Hampton County,” “Fall of the House of Murdaugh” and “Images of America - Hampton County,” a history of his family home of nearly three centuries. His award-winning Southern humor column, “Southern Voices, Southern Stories,” is published in newspapers nationwide. DeWitt served as historian, storyteller, and playwright for the USC “Salkehatchie Stew” oral history and theater project.
**ING107: INTRODUCTION TO INTEGRATIVE HOLISTIC VETERINARY MEDICINE**
1 Session | Friday | Nov 17 | 10:30AM-12:30PM  
In-Person only | Hilton Head campus

Learn about alternative options to traditional Western medicine for your pets, and how these modalities can be easily integrated into your pet’s care plan. Food, herbal medicine, acupuncture, and homeopathy can all make a life-changing impact on your pet’s health. Learn about Dr. Duffner’s journey from traditional Western medicine into integrative holistic care and see case studies showing how powerful truly integrative medicine can be.

**DR. TRACY DUFFNER** is the co-owner of Island Holistic Veterinary Medicine on Hilton Head Island. Dr. Duffner received her B.S. in Molecular Biology from Otterbein College (now Otterbein University) and her doctorate from The Ohio State University College of Veterinary Medicine. She became certified in veterinary acupuncture through the Chi Institute (now Chi University) and became certified in animal chiropractic through Parker University and the American Veterinary Chiropractic Association.

**ING108: GUIDED TEA TASTING - CHARLESTON TEA PARTY’S 250TH ANNIVERSARY**
1 Session | Monday | Dec 04 | 1-3:30PM  
In-Person only | Beaufort campus  
**Supply Fee** $18  
**Limited Enrollment** - 35

The Boston Tea Party carries fame, though Charles Town’s colonial port first opposed Britain’s Tea Act of 1773. Charleston and its surrounding areas have a storied history of tea from the early 1700s. Come join us on a 2½ hour journey and get acquainted with Charleston’s legendary tea history. We will explore the history, growing, and crafting of three distinct loose-leaf teas representative of the colonial days. Learn the techniques of brewing tea in traditional Chinese teaware while sipping the world’s most prized teas.

**RICHARD KLIGLER** is the founder of For All the Tea in Charleston and specializes in guided tea tastings of the world’s most prized teas. Prior to moving to Isle of Palms in 2017, Richard lived in Hong Kong for 12 years where he studied fine teas. He has visited heritage tea farms throughout the historic tea regions in China.

**ING109: AN OWNER’S GUIDE TO CANINE HEALTH AND BEHAVIOR**
1 Session | Wednesday | Dec 06 | 10-11:30AM  
In-Person only | Bluffton campus

According to the American Veterinary Medical Association, up to 90% of pet owners consider their pet a member of their family. To some, there is no higher priority than the health and well-being of their four-legged family members. Whether you are a “newbie pet owner” or a seasoned “dog person,” this class will increase your understanding of routine veterinary care, interpret canine body language, identify common canine behavior problems and offer common-sense treatment plans. Through understanding and proper direction, a dog owner can ensure that our beloved dogs will be healthy, well-adjusted additions to our family.

**TERRY KAPLAN** is a recently retired New York State licensed Veterinary Technician and certified High School Veterinary Science Educator. She holds certifications as an animal science teacher and wildlife rehabilitator. Terry recently moved to Hilton Head Island.

**INTERNATIONAL STUDIES**

**IST100: RUSSIA INVADES UKRAINE IMPERIALIST WAR IN THE INFORMATION AGE**
3 Sessions | Friday, Monday, Wednesday | Oct 20, Oct 23, Oct 25  
10AM-12N | In-Person, OLLI Digital Library | Bluffton campus

Putin’s invasion of Ukraine is an aging despot’s desperate attempt to rebuild the Russian empire using brutal force to attack and erase Europe’s second-largest nation and its people. This course examines the war’s history and context, highlighting the fighting strategies, tactics, operations, technologies, weapons, and intelligence. We’ll look at how through the information war they describe successes, failures, and lessons learned. Also considered will be the impacts of the war upon geopolitics/globalization: US/NATO/EU, China, India, Taiwan, Japan, and the Global South. The course will present possible outcomes, the role of diplomacy, and the construction of a more durable global security environment for the 21st century.
GREG BLACKBURN had a 30-year Navy career in Cryptology and Intelligence. He subsequently spent almost 20 years in the U.S. Defense industry. He holds degrees in Physics (B.S.), Control Systems Engineering (M.S.), and Computer Information Systems (M.B.A). He completed all but his dissertation for a Ph.D. in Operations Research. In retirement, he has maintained current via open-source information concerning defense, intelligence, advanced technologies, and national security issues.

IST101: COERCED CRIMINALITY IN THE NORTHERN TRIANGLE: UNDERSTANDING MS13 AND M18 CRIMINAL GANGS
1 Session | Thursday | Oct 26 | 1:30-3:30PM
In-Person, OLLI Digital Library | Hilton Head campus

Livestream: Save the drive to HHI. Experience the class by viewing the instructor on a large TV screen and the presentation slides on the projector screen in the Bluffton classroom. Interactive Q & A between both locations.

This course explores a more robust understanding of the dynamics and contextual factors of gangs and human trafficking. It takes a hard look at the strategies and results of gang “recruitment” in the Northern Triangle countries as a particular and understudied form of human trafficking. It evaluates the actions of gangs, specifically MS 13 and M 18, as they use methods of coercion to force the compliance of youths as de facto gang slaves. It unravels the underlaying victimization, exploitation, and criminalization of youths in Honduras, Guatemala, and El Salvador.

ADAM GOLOB holds a Ph.D. in Political Science and is an Assistant Professor at Gulf Coast State College. He teaches a wide variety of classes, serves as a faculty advisor to several social justice clubs, gives talks and presentations, and is an avid collaborator and supporter of facility workshops and equity programs across his communities. He also serves as a country conditions expert for refugee and asylum cases. His research focuses on human trafficking, social justice, and exploitation.

IST102: COERCED CRIMINALITY IN THE NORTHERN TRIANGLE: UNDERSTANDING MS13 AND M18 CRIMINAL GANGS
1 Session | Thursday | Oct 26 | 1:30-3:30PM
In-Person, OLLI Digital Library | Bluffton campus

BRUCE MARX spent a career managing global operations for a chemical company, working with local managers and government officials. After retirement, he assisted the Northwestern University OLLI program in coordinating and presenting courses including "From Nurenberg to the Hague". There he consulted with Ambassador Scheffer and war crimes prosecutors.

IST103: THE INTERNATIONAL CRIMINAL COURT AND CURRENT WORLD AFFAIRS
2 Sessions | Monday, Oct 30, 10AM-12N | Wednesday, Nov 1, 1-3PM
In-Person, Zoom, OLLI Digital Library | Bluffton campus

The International Criminal Court (ICC) was established in 2002 to punish individuals who committed war crimes. Member nations and the UN Security Council can refer individuals for investigation and cannot conduct trials in absentia. This class discusses the important events leading to the formation of the ICC, its accomplishments to date, and ongoing investigations. Also discussed are Russia’s actions in Ukraine and the reaction of the Russian population and the Chinese government, as well as the impact on NATO and other nations.

NOTE: USCB OLLI is offering a cluster of courses presented by seasoned international relations-focused presenters on Ukraine and Russia from different lenses. If you are interested in this course, you may also enjoy IST100 and IST105/IST106.

IST104: THE ANATOMY OF A MAN-MADE FAMINE - CHINA'S "GREAT LEAP FORWARD"
1 Session | Monday | Nov 20 | 10AM-12N
In-Person, OLLI Digital Library | Bluffton campus

This course will explore the factors leading to one of the greatest man-made famines of the 20th century, China’s "Great Leap Forward." Learn what led Mao and the Chinese Communist Party to create these reforms, the devastating impact it had on the countryside, and how this policy led to the deaths of between 15-40 million people in China.
RICH SPENCER has been an educator for 34 years. He has taught U.S. and world history, Advanced Placement (AP) European history, Asian studies, and special education. Rich earned a bachelor's degree in Special Education, and a Master's in School Administration, and is currently finishing a degree at USCB in history.

IST105: RUSSIA VS UKRAINE: IMPLICATIONS FOR NATO
1 Session | Wednesday | Nov 29 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

IST106: RUSSIA VS UKRAINE: IMPLICATIONS FOR NATO
1 Session | Wednesday | Nov 29 | 10-11:30AM
In-Person, OLLI Digital Library | Hilton Head campus

Livestream: Save the drive to Bluffton. Experience the class by viewing the instructor on a large TV screen and the presentation slides on the projector screen in the HHI classroom. Interactive Q & A between both locations.

The end of World War II saw an uneasy standoff between Russia and Western Europe, led by the United States. Commonly referred to as the "Cold War," this tumultuous period lasted over 40 years. The fall of the Berlin Wall in 1989 changed everything. Russia flirted with an uneasy democratization, and the North Atlantic Treaty Organization (NATO) - Europe’s defense arm - grew from 14 to 30 countries. Learn how Russia’s invasion of Ukraine was an outgrowth of this evolution and what it might mean for the future of Russia and Ukraine.

NOTE: USCB OLLI is offering a cluster of courses presented from seasoned international relations focused presenters on Ukraine and Russia from different lenses. If you are interested in this course, you may also enjoy IST100 and IST103.

CRAIG WHELDEN, retired Major General, spent 30 years in the U.S. Army and another nine as a member of the Senior Executive Service (SES) with the U.S. Marine Corps. Along the way, he led thousands of soldiers, sailors, and marines at each level from Lieutenant to General Officer to Senior Executive – with 10 years in Europe and another 12 in the Pacific.

LEG100: UNITED STATES BILL OF RIGHTS: KNOW YOUR RIGHTS
1 Session | Monday | Oct 09 | 10-11:30AM
In-Person | Bluffton campus

Review of the first 10 Amendments to the U.S. Constitution and what these rights mean to our everyday life, including but not limited to the protections afforded to us by these rights.

DAVID MANZI, Juris Doctor, University San Diego School of Law, is a trial lawyer with almost 30 years of experience in prosecuting civil litigation cases. Licensed in SC/NC/CA, he handles personal injury, medical malpractice, employment, and business litigation.

LEG101: DOMESTIC VIOLENCE AND YOUR 2ND AMENDMENT
1 Session | Wednesday | Oct 11 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

This course will focus on types of domestic violence, legal remedies for domestic violence, procedures to enforce domestic violence orders, and recent court decisions that can potentially affect domestic violence law and the protection of domestic violence victims from further abuse.

HONORABLE MICHAEL HUDOCK is a recently retired judge of the Pennsylvania Court of Common Pleas. He presided over a NADCP national mentor drug court and is past president of the Pennsylvania Association of Treatment Court Professionals.

LEG102: DISSECTING THE FOURTEENTH AMENDMENT: EQUAL PROTECTION UNDER THE LAW
3 Sessions | Monday | Nov 06, Nov 13, Nov 20 | 3-5PM
In-Person only | Bluffton campus

The Fourteenth Amendment promises equal protection under the law, but what does "equal protection" truly mean? This course will examine the origins of the equal protection clause of the Fourteenth Amendment and will explore the promise of equal protection through the
reading and analysis of various SCOTUS decisions on this topic. Students will be provided with case excerpts ahead of class and the class will be group discussion based.

**STEPHEN MEYER** is a Bluffton attorney who earned his Juris Doctor, magna cum laude, from the University of South Carolina. He devotes his practice almost entirely to litigation and regularly handles cases involving constitutional law issues.

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**LITERATURE**

**LIT100: NORTH & SOUTH BY ELIZABETH GASKELL**  
3 Sessions | Friday, Sept 29 from 1-2:30PM  
Monday, Oct 02 & Wednesday, Oct 04 from 1-3:30PM  
In-Person only | Beaufort campus

"North and South," published in 1855, has been described as an industrialized "Pride and Prejudice." Set in a mill town in Victorian England (think Manchester), it is a powerful book of social commentary. Margaret Hale suddenly uprooted from her gentrified existence in southern England to a town in the noisy industrial north, is at first horrified by the poverty and suffering all around her. As she begins to befriend the millworkers and their families, she finds herself in a battle of wills with the wealthy mill owner John Thornton. Margaret develops a sense of social justice and new insights into the human condition. She is a sparkling heroine; he is no Mr. Darcy, only better!

Session 1: a presentation on Gaskell’s life and times followed by a discussion of the book.  
Sessions 2 and 3: a viewing and discussion of the 2004 film starring Richard Armitage and Daniela Denby-Ashe. Please read the book!

**DEBORAH BARNUM** is a previous snowbird (VT / SC), best friends with Jane Austen (blogger), compiles annual Austen and Burney bibliographies, a bookstore owner (collectible books), OLLI member and instructor, Jane Austen book group member, librarian, gardener, hiker, and traveler.

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**LIT101: BY THE RIVER BOOK CLUB**  
3 Sessions | Thursday | Oct 05, Nov 02, Dec 07  
6-7:30PM | In-Person only | Bluffton campus

This monthly book club accompanies the award-winning ETV broadcast, "By The River," featuring southern writers and their books. The lead Associate Producer of this show will lead the discussions. Authors featured include Denny S. Bryce, Susan Zurenda, Debbie Boehner & Lauren Houseman. Book discussions will be recorded and edited into a podcast for distribution along with the "By The River" TV show.

**NOTE:** Participants will be notified of the featured book shortly after registering and are expected to have read the book for the discussion.

**ABIGAIL VINING,** USCB junior English major, Associate Producer of "By The River."

**Dr. CAROLINE SAWYER,** Ph.D. USCB Associate Professor of Communication Studies, Program Director of Sand Shark Center for Innovative Media, and Producer SCETV’s "By The River."

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**LIT102: SHAKESPEARE: 1623 AND THE FIRST FOLIO - AND THE WOMEN WE MAY HAVE LOST**  
1 Session | Wednesday | Oct 11 | 3-4:30PM  
In-Person, OLLI Digital Library | Bluffton campus

In 1623, Shakespeare’s two partners, John Heminges and Henry Condell, took Shakespeare’s plays to a printer. The result was what has become known as the "First Folio." The "First Folio" contained virtually all the plays Shakespeare had written, but many of those plays had not previously appeared in print. What would have been lost if Shakespeare’s two buddies had not sought out the printer? And which of Shakespeare’s incredible women might never have been known in the absence of the "First Folio," celebrating its 400th anniversary in 2023? Mr. Jordan will illuminate all these issues in his engaging theatrical presentation.

**MARK JORDAN** has taught Shakespeare at several California universities. He has performed in over 20 of Shakespeare’s plays and has trained at the London Guild School of Music and Drama and the Royal Academy of Dramatic Art. He has traveled extensively and researched all of the many literary and historical topics that he presents to OLLI nationwide.
MUS100: THE SOUND OF MUSIC: THE REAL FAMILY BEHIND THE STORY
1 Session | Thursday | Sep 21 | 10:30AM-12:30PM
In-Person only | Hilton Head campus

Millions have seen the movie and have been drawn to the Trapp family and their endearing story depicted in the film. But there is so much more to the story, to the family history and their struggle to overcome adversity and remain together in the face of daunting personal and family challenges. Join Jack Rabbitt for a look at the real story of the Trapp family and how their faith and their love of family sustained them and inspired them to achieve happiness and success in their new country.

JACK RABBITT has been teaching at OLLI for over 14 years and has entertained hundreds of members with his enthusiastic, energetic, and informative presentations on a variety of business topics, the Civil War, European castles and religion.

MUS101: BOOGIE WOOGIE: THE SOURCE OF JAZZ, RHYTHM & BLUES, ROCK & ROLL, AND POP MUSIC
1 Session | Tuesday | Oct 10 | 3-4:30PM | Zoom, OLLI Digital Library

Boogie Woogie! Though the genre of boogie woogie was largely forgotten after the mid-1940s, its basic elements (as this story will show) evolved into jazz, rhythm and blues, and rock and roll in the late 1940s and early 1950s and subsequently evolved into much of today's popular music. This course will trace the fascinating development and melding of the elements and genres over time.

ROBERT BALDORI is an American musician, known for his harmonica and piano skills. He has played with several notable musicians, including Chuck Berry, Muddy Waters, and John Lee Hooker. Baldori has released several albums as a solo artist and with his band, The Woolies. In addition, he is a promoter of the blues, boogie, and rock and has been instrumental in bringing awareness and recognition to the genre.

MUS102: INSIDE THE MUSIC: USCB CHAMBER MUSIC NOVEMBER CONCERT
1 Session | Friday | Nov 10 | 10AM-12N
In-Person only | Beaufort campus

Program note writer Michael Johns presents a pre-concert conversation on the composers and music to be heard for each USCB Chamber Music concert. Multiple recorded excerpts and commentary will acclimate listeners as to what they can expect to hear at the upcoming concert on Sunday, November 12th.

NOTE: This class is free and open to the public. Registration is strongly suggested. Please visit the Chamber Music website for more concert information.
https://www.uscbchambermusic.com/

MICHAEL JOHNS, DMA, received music degrees from the New England Conservatory and Temple University. He has performed on French horn with symphony, ballet, and opera orchestras, in recital and chamber music. Music is his lifelong vocation and avocation.

MUS103: WORLD CLASS CHAMBER MUSIC CONCERTS AT USCB
1 Session | Sunday | Nov 12 | 5-7PM | Beaufort campus

For the opening concert of the 44th season, join Artistic Director and pianist Andrew Armstrong, violinist Tessa Lark, and cellist Alice Yoo for an evening of Sarasate, Gliere, Arensky, and American Bluegrass. Enjoy the concerts in person in the recently renovated USCB Center for the Arts on the Beaufort Campus or livestream the concert online. On-demand access is also available for three weeks. All concerts are professionally produced and recorded. For more information visit www.uscbchambermusic.com or call 843-208-8246 for tickets.

NOTE: OLLI members will receive a $10 discount on tickets. No PayGo fee is applied. Register with OLLI and Chamber Music will call you preceding the concert to have you choose your viewing platform and purchase tickets.
MUS104: CIVIL WAR UNION BANDS WITH SPECIAL EMPHASIS ON BEAUFORT DISTRICT
1 Session | Wednesday | Nov 15 | 10-11:30AM
In-Person, OLLI Digital Library | Bluffton campus

Band music was an important component of Civil War military life in combat and at rest. This presentation is an introduction to Union Army bands, with special attention to those stationed in Beaufort District; and provides insights into the duties of bandmen, the music they played, and the unique brass instruments on which they performed. Multiple examples of music from the period, recorded on period-specific instruments, will recreate the sounds heard in Beaufort District during the Civil War.

MICHAEL JOHNS, DMA, received music degrees from the New England Conservatory and Temple University. He has performed on French horn with symphony, ballet, and opera orchestras, in recital and chamber music. Music is his lifelong vocation and avocation.

MUS105: INSIDE THE MUSIC: USCB CHAMBER MUSIC DECEMBER CONCERT
1 Session | Friday | Dec 08 | 10AM-12N
In-Person only | Beaufort campus

Program note writer Michael Johns presents a pre-concert conversation on the composers and music to be heard for each USCB Chamber Music concert. Multiple recorded excerpts and commentary will acclimate listeners as to what they can expect to hear at the upcoming concert on Sunday, December 10th.

NOTE: This class is free and open to the public. Registration is strongly suggested. Please visit the Chamber Music website for more concert information. https://www.uscbchambermusic.com/

MUS106: WORLD CLASS CHAMBER MUSIC CONCERTS AT USCB
1 Session | Sunday | Dec 10 | 5-7PM | Beaufort campus

Join us in welcoming the prize-winning Barbican String Quartet on their Beaufort debut. Violinists Amarins Wierdsma and Kate Maloney, violist Christoph Slenczka, cellist Yoanna Prodanova, and pianist Andrew Armstrong will perform the music of Britten and Dvorák. Enjoy the concerts in person in the recently renovated USCB Center for the Arts on the Beaufort Campus or livestream the concert online. On-demand access is available for three weeks. All concerts are professionally produced and recorded. For information visit www.uscbchambermusic.com or call 843-208-8246 for tickets.

NOTE: OLLI members will receive a $10 discount on tickets. No PayGo fee is applied. Register with OLLI and Chamber Music will call you preceding the concert to have you choose your viewing platform and purchase tickets.

PHI100: MONTHLY PHILOSOPHY DISCUSSION GROUP
3 Sessions | Wednesday | Sep 27, Oct 25, Nov 29 | 1-2:30PM | In-Person only | Bluffton campus

This group discusses the intellectual and moral positions that underlie various current issues. By seeking to present the philosophical bases of different sides to relevant topics, we hope we may all be able to develop a deeper understanding of the questions confronting us. If you are interested in discussing various topics through a philosophical framework, please join this thought-provoking, interactive group. The specific topic will be shared with participants a week before.

PETER MCALLISTER holds a Ph.D. in Economics and Education from Columbia University. He spent 27 years as an executive with Citigroup where he managed an analytical group responsible for guiding the use of artificial intelligence and statistical analysis in the management of Citigroup’s global consumer banking operations. After retirement from Citigroup, Peter taught high school. He has had a lifelong interest in philosophical issues, having lived them in both professions and read extensively in philosophy.
This course describes the positions of major Western thinkers regarding the nature of the universe, how we can know what is true, and what constitutes a good life influenced the development of Western thought from the Renaissance to the 20th century. The goals of this course are to simplify the often-obscure presentation of modern philosophic ideas and to illustrate how these ideas have had a profound effect on Western culture. This course does not require any formal training in philosophy.

NOTE: If you find this class of interest, see also class PHI102 presented by Malcolm Brown.

PHI102: WESTERN PHILOSOPHY AN INTRODUCTION TO THE PHILOSOPHY OF FRIEDRICH NIETZSCHE 1844-1900
2 Sessions | Friday | Oct 27, Nov 03 | 1:30-3:30PM
In-Person only | Hilton Head campus

Frederich Nietzsche (1844-1900) is one of the most widely read philosophers in the Western tradition, in part because his writings are more literary, personal, accessible than most other philosophical works. Yet the interpretation of his work remains a tricky proposition, as Nietzsche’s life and his works abound with myth, controversy, and melodrama. This course will touch upon highlights of Nietzsche’s philosophy providing a sense of his philosophy and its relevance to Western society. No academic coursework in philosophy is needed for this OLLI class.

NOTE: If you find this class of interest, see also class PHI101 presented by Peter McAllister.

MALCOLM BROWN, Ph.D. Holds a pair of Bachelor’s degrees from UC Santa Cruz, studied in Freiburg, Germany on Fulbright scholarships, and has a Ph.D. in German studies from Stanford University with a dissertation in German on Nietzsche. While at Dartmouth, Malcolm taught courses on Nietzsche and antisemitism.

REL100: CONTINUITY OR CONFLICT - THEPAPACIES OF JOHN PAUL, BENEDICT, AND FRANCIS
2 Sessions | Friday | Oct 13, Oct 20 | 3-5PM
Zoom, OLLI Digital Library

The voice of the Roman Catholic Bishop of Rome commonly referred to as the Pope, is of interest to more than his fellow Catholics. A classic Latin formulation asserts that a pope speaks “urbi et orbi”…to the city and the world. This two-session course will explore how writings on matters of social justice of three 21st century popes represent a consistent message of harmony, dialogue, and a search for the common good, despite efforts in some quarters to find serious divisions between the three and cast their teachings into rival, and even hostile camps. Interestingly, this effort to divide has contemporary parallels in global and national political discourse. Perhaps the writings of John Paul II, Benedict XVI, and Francis deserve greater attention from the world’s prime ministers, presidents, and potentates.

BRIAN CUDAHY, born and bred in Brooklyn, holds a Ph.D. in philosophy and taught undergraduate courses at USCB. He has published widely on topics as diverse as the New York subways and religious history. His latest book, "From Blackmoor Lane to Capitol Hill," analyzes the philosophy of the first Roman Catholic Bishop of Charleston, John England.

REL101: THE JEWISH INFLUENCE ON COMEDY IN AMERICA
1 Session | Monday | Oct 23 | 1-3PM
In-Person only | Bluffton campus

From stand-up comedy to cinema, from vaudeville to radio, the Jewish influence on comedy in America has been quite remarkable. Let’s explore the origins of Jewish humor and its impact on the American comedy landscape, centering on comedy in the movies.
RABBI ROBERT HAAS, a native of McAllen, TX, became the 14th spiritual leader of Congregation Mickve Israel in Savannah, Georgia in 2012. He is a sought-after comedian, lecturer, preacher, and interfaith leader who regularly speaks and performs for organizations, radio shows, colleges, theaters, houses of worship, and institutions.

REL102: THE CRUSADES
1 Session | Tuesday | Nov 07 | 3-5PM  
Zoom, OLLI Digital Library

In November 1095, in the town of Clermont in central France, Pope Urban II issued a call that sent an army of armed Christian Europeans on a military journey to the Middle East to free the Holy City of Jerusalem from control by Muslim forces. This adventure would quickly be called a "crusade" and in subsequent years would be designated the First Crusade. Sadly, it would not be the last. This course explores the history of these Crusades over a period of three or more centuries. The Crusades also represent a bipolar attitude continuing to this day as the Western world continues to have difficulty developing a relationship with contemporary Islam.

BRIAN CUDAHY, born and bred in Brooklyn, holds a Ph.D. in philosophy and taught undergraduate courses at USCB. He has published widely on topics as diverse as the New York subways and religious history. His latest book, “From Blackmoor Lane to Capitol Hill,” analyzes the philosophy of the first Roman Catholic Bishop of Charleston, John England.

SCI101: ARTEMIS: BACK TO THE MOON
1 Session | Friday | Sep 22 | 1-3PM  
In-Person, OLLI Digital Library | Bluffton campus

Artemis: Back to the Moon is an overview of NASA’s Artemis series of missions. The discussion will include the Space Launch System (SLS), and the Orion capsule. It is intended to familiarize the audience with the Artemis-1 mission that launched November 16, 2022, as well as the follow-on Artemis missions. NASA’s Space Launch System is the super heavy-lift vehicle that provides the foundation for NASA’s human exploration beyond Earth’s orbit.

SHERYL (SHERI) KITTREDGE, retired from NASA Marshall Space Flight Center (MSFC) after 30 years with NASA and 6 years with NASA contractors. As a former Deputy Program Manager for Liquid Engines at MSFC, she brings insight into the Artemis elements, including those that are used on the Space Launch System.

SCI102: QUAKING, SHAKING EARTH…PLATE TECTONICS, EARTHQUAKES, AND VOLCANOES
1 Session | Thursday | Nov 02 | 10:30AM-12:30PM  
In-Person, Zoom, OLLI Digital Library | Hilton Head campus

Earthquakes, volcanoes, tsunamis - all can be explained by the theory of plate tectonics. Learn about the evidence to support this theory starting with the work of Alfred Wegener and how he got it right but was ridiculed in his day. See how others helped develop the idea of shifting plates into the widely held theory of today. Plate tectonic theory is a relatively new idea with plenty of data to support it. This presentation will give you an appreciation for the causes of geologic events on the earth.

MARIE MCCLUNE is a lifelong nature lover and lifelong learner. She has worked as a geologist, environmental educator, and high school science teacher, teaching earth science and AP environmental science. She is a docent at the Coastal Discovery Museum, a Lowcountry Master Naturalist, and a Lowcountry Master Gardener.
SCI103: ARTIFICIAL INTELLIGENCE: PROMISE, PERIL (OR BOTH)
1 Session | Friday | Nov 10 | 10-11:30AM
In-Person, Zoom, OLLI Digital Library | Bluffton campus

Interest in Artificial Intelligence (AI) has reached a fever pitch in recent months, spurred in part by emerging capabilities such as ChatGPT for composition and conversation applications. Governments, including the U.S. and the European Union, are moving to understand and regulate such emerging AI capabilities. In this session, OLLI members will (1) Review the approaches to AI dominating the first 50 years of this 75-year-old field: simulations of forms of human reasoning. (2) Examine the more recent development and applications of “artificial neural networks” or “deep learning.” Examples include ChatGPT for composition and autopilot systems for driving cars. (3) Explore the threats and promises of AI applications. Some have suggested Artificial Intelligence represents an existential threat to humanity. Others argue Artificial Intelligence offers extraordinary promise for good. We shall examine both perspectives, along with currently envisioned approaches to the regulation of AI and its applications.

JACK HANSEN, Ph.D., spent most of his career helping lead research organizations in the federal government (e.g., NASA) and universities (e.g., Penn State Applied Research Laboratory). Since retiring, he has written two books on the personal dimensions of retirement and worked with the OLLI National Resource Center on surveys of OLLI participants. He is also active in the OLLI at Furman University.

SP0100: NEW RIVER KAYAK TOUR
1 Session | Thursday | Sep 21 | 12:30-3PM
In-Person only | Offsite (Okatie)
Tour Fee $50
Limited Enrollment – 18 Registrations after September 13, 2023, will automatically be added to the Waitlist

The New River was born in a large depression called the Great Swamp and carries its fresh water closer to the ocean than many of our other local rivers. When we head upstream during a rising tide, we will immediately find ourselves in a botanically diverse swamp forest. We’ll learn about the Maureen Plantation and the affluent waters of the Lowcountry.

The trip is beginner friendly in protected waters.

SP0101: DOLPHIN ECOLOGY KAYAK TOUR
1 Session | Wednesday | Oct 18 | 9:45AM-12:15PM
Offsite (St. Helena)
Tour Fee $50
Limited Enrollment - 18

This tour embarks from Russ Point Boat Landing near Hunting Island State Park. This paddle will take you through the salt marsh and continue to the convergence of rivers and tide waters where we often see dolphins. Come and learn about these fabulous mammals.

SP0102: OYSTER PADDLE, OYSTER FARM TOUR AND TASTING
1 Session | Wednesday | Nov 01 | 11:30AM-3:30PM
Offsite (Seabrook)
Tour Fee $75
Limited Enrollment - 18

We launch from the oyster farm and kayak the tidal water of Whale Branch Creek. After the paddle, we will tour the oyster farm. The owner will explain his process of raising oysters. Of course, we will taste the oysters at the end of the tour. They are so yummy! Served raw and grilled. Participants will join the ECO110 participants for the farm tour and tasting.

NOTE: Beaufort Kayak Tours will supply instructors, kayaks, paddles, and PFDs. Single and tandem kayaks will be assigned by Beaufort Kayak Tours at the time of launch. Every effort will be made to accommodate your kayak request.

TERI POHORSKY has over 30 years of kayaking and teaching experience, holding a master’s degree as a reading specialist.

JIM POHORSKY has experienced the Lowcountry for over 25 years from a kayak. They are graduates of Iowa State University.
TRIP100: OLLI DAY AT THE AIKEN FALL STEEPLECHASE
1 Session | Saturday | Nov 18 | 7:30AM-7PM | Offsite (Aiken)
Tour Fee: $199

Join OLLI for an exciting day at Aiken’s Fall Steeplechase, which also happens to be the National Steeplechase Association season finale. OLLI has reserved seats rail-side where viewing the races, horse jumps, and the extraordinary venue is fun to observe. Travelers will have a chance to stroll the grounds and village shops in Aiken during the trip. Bring a bag chair and a sense of adventure as we explore this important equestrian world a short trip away. The coach leaves the USCB Bluffton campus at 7:30 a.m. and returns home by 7:00 p.m.

**Included:** Transportation via motor coach (bathrooms and wi-fi on board), entrance fees, reserved space, lunch, drivers tip, and snacks.

**To Register:** Contact Scottie Davis to sign up for the trip; get cancellation policy and payment info by visiting [https://weekendgetawaysonatankofgas.com](https://weekendgetawaysonatankofgas.com).

Reservation/Payment Deadline: October 15, 2023 (or until filled with 48 travelers).

SCOTTIE DAVIS, is an avid OLLI instructor, travel writer, and owner of Weekend Getaways On A Tank of Gas.
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*Registration for limited enrollment classes close at 8:00 a.m.*
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DECEMBER 2023

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**Refund and Cancellation Policy**

OLLI annual memberships are non-refundable. Class and additional supply fees, if applicable, are due at the time of registration. PAYGO members are eligible to receive a credit* for class fees on their OLLI account to be used for future class enrollments if the OLLI staff is notified before the start of class.

A $10 cancellation fee applies to all OLLI courses that have additional fees (supply/trip/tour fees). This fee is not applied against the pay as you go course fee of $15. Both unlimited and pay as you go members will be assessed a $10 cancellation fee for canceling a course that has an additional fee any time after enrollment into the class and registration payment. Any balance remaining from the additional fee will be credited* to a member's OLLI account for future course enrollments. No credit is provided if cancellation is less than 72 hours before the course. Full forfeiture also applies to those members who do not show up for an enrolled course.

* OLLI credits are valid for one year.
OLLI MEMBERSHIP & REGISTRATION FORM
FALL 2023

Name: __________________________  Cell Phone: __________________________

☐ Yes, please text me class reminders/cancellations/emergency alerts

Address: __________________________

City, ST., Zip: __________________________  Home Phone: __________________________

Development / Community: __________________________  Email: __________________________

Emergency Contact
Name/Relationship: __________________________  Emergency Contact #: __________________________

How did you hear about us?
☐ Friend / Neighbor  ☐ OLLI Event
☐ OLLI Mailing  ☐ Other: __________________________
☐ Social Media / Newspaper

OLLI Annual Membership Required ($40)
Valid for 365 days

☐ Renew my OLLI Membership  OR  ☐ New OLLI Membership

☐ I understand the Refund and Cancellation Policy

PAY-GO (Pay As You Go) - $15 per course
Pay for each class separately upon registration through the term.
◦ $15 per course (In-person or Live on Zoom)
◦ Pay-per-View available for recordings
◦ Receive an OLLI credit* if you notify staff that you cannot attend prior to the start of class
*Credits can be applied towards a future course
◦ One-on-one technical support from OLLI
◦ Upgrade to Unlimited at any time
(Course fees paid will be applied to the Unlimited term fee)

UNLIMITED - $125
*Pre-paying the Unlimited term fee is required before registering for OLLI courses.
◦ Take as many courses In-Person or Live on Zoom as you’d like during the term
◦ INCLUDES the OLLI Digital Library (ODL) access through January 1, 2024
◦ One-on-one technical support from OLLI

PAY-PER-VIEW - $15 per recording
◦ OLLI Digital Library recordings
◦ Pay-Per-View access allows you another opportunity to build on your Lifelong Learning with USCB OLLI

Continue to the next page to choose your OLLI courses and complete payment registration
### OLLI ~ 2023 Fall Schedule Enrollment Sheet

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**Experience The Power Of Lifelong Learning**

This is not a fillable form. Please go to our registration website to register for courses. www.OLLI.uscb.edu
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This is not a fillable form. Please go to our registration website to register for courses. www.olli.uscb.edu
### OLLI ~ 2023 Fall Schedule Enrollment Sheet

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### Consider making a tax-deductible gift to OLLI in a myriad of ways!

Every dollar of your donation and volunteer time goes towards serving membership and creating education programs. Your gift directly impacts the strength and sustainability of USCB OLLI.

For more information contact USCB OLLI Director Andrea Sisino: 843-208-8249 or Sisino@uscb.edu

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**OLLI MEMBERSHIP $40 (If applicable):______________**  **OLLI Donation: $______________**

Unlimited Term Fee: $125 _______ OR _______ # of Pay-Go classes x $15 = $ __________

Additional Fee(s), if applicable (Supply, Tour, Trip fees): $______________

Check #__________

NAME:__________________________________________ Type of Card: _____ VISA _____ MC _____ DISCOVER _____ AMEX

CARD NUMBER:______________________________ EXP. DATE: _____ / _____

SECURITY CODE:__________ TOTAL AMOUNT AUTHORIZED TO BE CHARGED: $______________
Thank You Volunteers

Thank you so very much for playing a critical role in OLLI’s success. You are an integral part of the OLLI team and fulfilling OLLI’s mission.

COMMITTEE AMBASSADORS

Deborah Andreoni  Carol Barone  Marianne Bruno  Beatrice Buxton  Michelle Byers  Lynda Chatzkel  Judith Culpepper  Susan Davies-Guy  Scottie Davis  Joan Davis  Cleo Diolitis  Steven Emery  Beth Giebel  Dewar Giebel  Joanie Harned  Chris Haro  Janet Harris  Paul Harris  Carol Hartman

COMMUNITY AMBASSADORS

Charlotte Hoffmann  Janet Hutcheson  Kathleen Jordan  Susan Kossak  Sandra Lindell  Laura Marth  Karen Meyer  Debbie Orbach  Craig Pelley  John Pickens  Ted Sommers  Dick Storm  Linda Taylor  Jan Trabb  Harvey Trabb  Janet Unger  Diane Valeri  Tammy Warner  Helene White

CURRICULUM TEAMS

Beaufort

Lydia Beason  Cindy Bledsoe  Kathleen Jordan  Barbara Krakehl  Margot Phillips  Debbie Reier  MJ Simmons

Bluffton

Marilyn Arseneau  David Baker  Greg Blackburn  Marianne Conti  Judy David  Judy Dyer  Paula Harris  Diana Heitman  Bruce Marx  Mike McCurdy  Isabel Menendez  Loretta Novince

Hilton Head

Rob Baumel  Annette Claus  Carolyn Foster  Frankie Korosi  Marie McClune  Linda Tobeson

INSTRUCTORS


SUPPORT VOLUNTEERS


Interested in volunteering for OLLI? Contact the OLLI staff to explore opportunities.
OLLI LOCATIONS

BEAUFORT
805 Carteret St., Beaufort, SC 29902
Office - Center for the Arts, Room 105
Classroom - Center For the Arts, Room 102

BLUFFTON
1 University Blvd., Bluffton, SC 29909
Office - Hargray Building, Room 161
Classroom - Hargray Building, Room 156

HILTON HEAD ISLAND
1 Sand Shark Drive (off Office Park Road)
Hilton Head Island, SC 29928
Office - Suite 134
Classroom - Room 103