The Psychology Major Sample Course of Study

As a Psychology major one acquires a broad knowledge of the principles of human behavior and mental processes. The study of psychology has wide applicability to the solving of human problems at both the personal and societal levels. The major is designed to provide students with both a solid and well-rounded academic foundation in psychology as well as opportunities to explore complementary academic interests.

Psychology majors complete either a cognate or a minor, unless seeking a second major or the Certificate in Gerontology. A 12-credit hour cognate consists of courses above the prerequisite level which may be drawn from one or more disciplines outside the major depending on individual interests and advisor consent. A minor or certificate allows the student to develop basic preparation in a second field of study through completion of a structured sequence of coursework. Credit hour requirements vary by minor; all require at least 18 credit hours. Our new certificate in Gerontology can also fulfill the cognate or minor requirement.

This sample course of study is intended to serve as an example. In practice, variations in the sequencing of courses are common and would depend on what courses were completed prior to joining the degree completion program.

Sample Course of Study for B.A. in Psychology	
Fall Freshman Year (15-16 credits)	Spring Freshman Year (16 credits)
Introduction to Psychology (PSYC 101)	1st Psychology elective (above 203)
English 101 or 105	English 102 or 106
Foreign Language such as Spanish I	Foreign Language such as Spanish II
1st Numerical/Analytical, Must Be Math (usually MATH 101)	History (from HIST 101, 102, 111, 112, 115, or 116)
Speech (COMM 140, 201, or 230)	1st Natural Science with Lab
Fall Sophomore Year (15 credits)	Spring Sophomore Year (15-16 credits)
1st Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)	Research Methods in Psychology (PSYC 200)
2nd Psychology elective (above 203)	2nd Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)
Elementary Statistics STAT 201 or PSYC 202 (counts as 2nd	2nd Liberal Arts Elective (e.g., ANTH, SOCY, POLI, COMM)
Numerical/Analytical)	2nd Natural Science, Lab Optional
Fine Arts (ARTH, ARTS, MUSC, THEA)	Global Citizenship & Multicultural Understanding Studies
1st Liberal Arts Elective (e.g., ANTH, SOCY, PUBH, COMM)	Requirement (e.g., ANTH 102, PSYC 380, GEOG 121)
Fall Junior Year (15 credits)	Spring Junior Year (15 credits)
3rd Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)	Advanced Research Methods in Psychology (PSYC 494)
4th Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)	5th Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)
1st Minor Course/Cognate	6th Core Psych. Course (PSYC 302, 311, 321, 331, 341, 361)
2nd Minor Course/Cognate	3rd Minor Course/Cognate
General Elective	General Elective
Fall Senior Year (15 credits)	Spring Senior Year (15 credits)
1st Psychology elective (400 level)	2nd Psychology elective (400 level)
4th Minor Course/Cognate	6th Minor Course/Elective
5th Minor Course/Elective	General Elective
General Elective	General Elective
General Elective	General Elective
Total Credits Required: 120	

For more information about Psychology at USCB, please contact the Psychology Program Coordinator or any of the faculty in Psychology. You can email psychology@uscb.edu for more information.